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Mon 1st February

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This time a year ago we could never have predicted what the new 2020 would throw at us, but when we look past the professional Jeremiahs in the media we see how ordinary people have shown optimism, good humour and community spirit to cope with stressful circumstances. More examples than we’d ever find room for, but we’ll shine a spotlight close to home:

THANKS TO OUR DELIVERERS

During the initial panic of Lockdown 1, we were afraid that it might prevent SCAN being delivered. But, happily, not only did almost every one of our loyal distributors willingly agree to continue, one or two new ones came forward to take over from individuals self-isolating and Tony Edwards stepped up to the plate to take over the management of SCAN distribution. So a BIG thankyou to you all for helping us keep going through these uncertain times.

Astonishingly, a few of our distributors have been doing the job since the very first issue. We salute you!

COMMUNITY CHRISTMAS TREE

Stilton and Folksworth have been noticeably brighter this Christmas with almost every house sporting colourful light decorations. See page 9! Thank you in particular to all who put a decoration on Stilton’s Community Tree.

It was nice to see everybody come together to bring some extra sparkle to the village. Thanks also to Richard for allowing us to use the tree in the churchyard and Chris for putting the lights on.

Please remember to remove your decoration by January 6th as anything left on the 7th will be removed and recycled.

THE BIG CHEESE

You could be forgiven for thinking that High Street shopping is going extinct, but our inherent hunting instincts will always be with us. How many of us, for example, can’t resist truffling through a craft shop for an unexpected treasure? So it’s very encouraging to read overleaf of Tianda Woolner’s imaginative plans for the Stilton Cheese. Watch this space - and Facebook!

KEEPING ACTIVE

We’ll survive lockdown better by keeping both our bodies and brains active. So take advantage of nice days to at least walk around the village or do some gardening.

As you will see on page 11, readers are looking to pass on their old jigsaw puzzles. A great idea! We bet our readers have got loads of puzzles and brain games that they could pass on. So contact SCAN; we’ll advertise your offers for free during 2021.
Many readers will know Tianda Woolner, a Stilton native enthusiastic about our village life. Like many of us, she has been saddened to see the steady decline in our commercial businesses over the years, so is now determined to try to reverse the decline.

I remember during the 1960’s, writes Tianda, the village had a doctor, butcher, two bakers, three pubs, boarding houses, a cafe, four working farms, two shops, a fresh seasonal fruit and veg outlet, the Memorial Hall, lots of play areas for the children and a night club! When I moved back to Stilton over 30 years ago we only had two shops, a guest house and four pubs, the barest of children’s amenities and just the small Memorial Hall for clubs and social events.

The latter needs are now well catered for with our excellent sports pavilion, church meeting room and the rebuilt parish office in the cemetery. But recent years have seen the pub trade decline, the guest house fold, one of the shops and the golf course close.

With a minimum five-mile drive to the nearest shopping centre, there is a need here for amenities such as a dentist, doctor, vet, a parent’s coffee catchup, a toddler group, fresh fruit and veg or florist, dry cleaning etc. But there has been little scope for such businesses to trade in the village; most of the old trades were carried out from the front rooms of houses along the main road. This year’s lockdown has only highlighted the problems faced if you live in a village and do not have a car, or the time, money or inclination to catch the bus. Now, more than ever, isolation, poverty and loneliness are taking their toll on rural communities. A new housing development at the north end of the village has been approved and there are more in the pipeline. These new families will be looking for a small village lifestyle, but will be disappointed to find that almost everything they need is elsewhere.

But I believe that the tide has turned in retail and hospitality and it is time for Stilton to start shopping locally from a central store with a difference and for the whole community to benefit from the increase in trade and opportunity. I have been searching for an outlet for my own small business for three years, relying on craft fairs and online sales for an income and I know several like-minded artists and crafters have been doing the same. I have visited several successful retail sites, antique and craft outlets and vintage shops but there is always a waiting list for a sales area and there are none large enough within 20 miles. This type of multi-faceted business has been growing fast and is appealing to shoppers and crafters alike, attracting visitors from far and wide and bringing even more energy to an area.
**LET’S REVIVE THE STILTON CHEESE**

This is my vision for The Stilton Cheese Inn. I want to keep the building alive and serving the village as a multi-use space built around a large, welcoming community cafe run for the benefit of Stilton and to ensure we do not lose this iconic building with a world famous name. I have interest from some villagers for the spaces to be sublet to a florist, cake maker, furniture restorer and beauty therapist with others interested in renting shared retail spaces. There are also those looking for local office space, quiet work areas, group meeting areas and a therapy room. I’d like us to host a community fridge and freezer to tap into the wealth of goodwill coming through as a result of the pandemic and to set up a repair shop to help us recycle more of our household items. I have enquired about a community Ebike scheme to aid delivery of our products locally and for more general hire to the public.

There is a large car park and field which could host a monthly farmers’ market or a regular food festival based around our world famous Stilton cheese. At the furthest end of the property I’d like to see a wildlife haven alongside a community allotment scheme which I have a good deal of experience in setting up and this fits in neatly with a parish-wide plan to use more of our open spaces for growing. We do not have a childrens’ play area in the village, and although we may not be able to develop this into an area with equipment, we can provide a green space to visit for a picnic while your children are free to race about and play games.

Stilton has a vast amount of history and heritage; the man famous for creating Stilton Cheese, Cooper Thornhill, is buried in the churchyard. The Bell Inn is famous for the great fight between world champion Daniel Mendoza and Richard Humphries in 1789 and for hiding Dick Turpin on his many rides along the Ermine Street. There is also a great deal of history associated with the Napoleonic PoW depot at Norman Cross. All these bring interest in our little village from all over the world. We have needed a heritage centre here for years and it can be housed within the Stilton Cheese Inn, bringing in locals and tourists alike to sample our world renowned Stilton Cheese, to take a walk around our village and leave with a gift or two from our resident artists.

All in all I think we have the start of something amazing. I am sure we can set it up as a Social Enterprise group in order to tap into the funding available to provide the community aid and support for local social and economic needs. If you have access to the internet check out one of the Foundations supporting this need called The Plunkett Foundation - www.Plunkett.co.uk

I believe this is the right time to re-open the Stilton Cheese Inn, using the premises, its outside space and its iconic name to bring the heart back into the village. I hope you will be able to support me.

If you’re interested in supporting Tianda’s imaginative proposal, contact her on (01733) 240801 or 07758 368255. Let’s make it happen!

Be sure to tell our advertisers you found them in **SCAN!**
What a difficult year 2020 has been! There have been challenges for us all and it has certainly tested our community spirit.

Whilst the Parish Council has remained concerned during the COVID-19 crisis, it has been encouraged by the dedication and acts of kindness from so many villagers. Our health workers and carers have been on the front line throughout the pandemic and we continue to owe them our immense gratitude. But we shouldn't forget our teachers, police, council workers, shop workers and others who continue their efforts to keep some sort of reality to our lives whilst putting themselves at greater risk. There are also many volunteers who have helped those in need at this difficult time. The Parish Council has tried to do its bit but we'd like to give special thanks to Tianda Woolner and her team for their efforts coordinating help for the vulnerable in the village.

The PC itself has faced many challenges this year. Our play area and skate park have faced repeated openings and closures - partly due to COVID-19 but also to complete much-needed repairs and renovations. The Pavilion has been a particular headache with the changing COVID restrictions and the frequent need to change booking arrangements. This has tested the patience of all users but the Pavilion Administrator, Julie Gilles, has done a brilliant job keeping up with the latest guidelines and trying to ensure the safety of all. Even so, many classes and events, such as the Christmas Fair, have had to be cancelled. This has been a great loss to the village as well as a major loss of revenue to the Parish Council. All councils are facing great financial pressures and Stilton is no exception.

Despite the unusual pressures, the Parish Council has maintained its efforts to serve the village, holding its meetings via Zoom so that work can continue. Mark Angus, Chair of the Parish Council, provides the necessary leadership and diplomacy to keep Councillors working together to achieve their goals - no easy task at times! Mark is also frequently found, along with other Councillors, rolling up his sleeves to carry out some of the village maintenance works; this has been important to save Parish Council funds in these difficult times.

Our Clerk, Julianne Lawrence, has also been working very hard to catch up on some issues that were much needed. Our new website (www.stiltonparishcouncil.org) is now providing much of the information that villagers might need and Julianne is continuing to add pages and documents that could be useful. In the past year there has been a tree survey for the whole village; we aim to put this on the website soon so we can all identify tree ownership (Parish, District or County Council) and see who needs to be contacted for emergency and maintenance work. A survey of graves in the cemetery also identified some gravestones in need of serious attention and work on these has now been completed.
Following RoSPA's inspection of the Skate Park, maintenance and improvement works were carried out to bring it up to standard, and, at the time of writing, it is open, though with COVID-19 restrictions! The Barn Close play area is still undergoing repairs but it is planned to reopen it soon.

We continue to oversee the regular maintenance of grassed areas, hanging baskets and trees, and the Village Caretaker, Ian Croll, has continued his work throughout the pandemic. Also we shouldn't forget the volunteer litter pickers, especially Paul Biggins, whose efforts to keep our village tidy are much appreciated by us all. We have, this year, renovated our Parish notice boards and that at the Parish Room was relocated to ensure that passers-by can read notices more easily. The Parish Council is also in the process of becoming the proud owner of the telephone box in the centre of the village. The removal of the phone and box had been planned as it was little used, but now, although the phone is being removed, the Parish Council is purchasing the box to use it as a village amenity. The Parish Council is open to ideas for its future.

The village continues to receive important support from our District and County Councillors (and their respective Councils). This has not just been to provide some much needed relief from the financial pressures of COVID-19, but also to improve our facilities. A Cambridgeshire initiative has installed a new Internet hub at the Pavilion and the Cambridgeshire Community fund awarded us £37,500 towards the cost of a new playground. We've even had road markings repainted in many parts of the village to help improve road safety. In the coming weeks a vehicle-activated speed sign will be installed on some streets in an attempt to slow vehicles down in parts of the village where safety is an issue. Road safety, speeding and parking remain a headache and we shall be thinking more about what can be done in the coming year.

New housing developments will also present challenges in the coming year. We know that many residents were opposed to the major developments in North Street and High Street and the Parish Council worked hard to oppose these. Huntingdonshire Council also opposed the scale of the plans for North Street, however, on appeal, the development is to go ahead to build 90 houses. This will have a major impact on the village and the Parish Council has met (on Zoom) with the developers and are now in dialogue with Bellway Homes (North Street) and Cross Keys (Stilton Lodge). Working with District Councillor Tim Alban, our aim is to try to ensure the sites are well managed to avoid problems during construction as well as arrive at developments that have some positive benefits for the village.

We are looking forward to 2021 and its challenges. A new councillor, Michelle Lockyer, has just been co-opted to the Parish Council. The second vacancy is still unfilled so we're looking for another enthusiastic person to join us! We need all the support we can gather to work effectively for our village. There is still much to do and it will always be a struggle given our limited resources and the limited powers of the Parish Council. But please be assured that your Council has the interests of the village at heart, and every Councillor will be doing their best to make Stilton a better place to live in the future.
Keeping Cheerful

COVID DIDN’T DAMPEN OUR CHRISTMAS SPIRIT!

At the time of writing, festivities are in full swing. The Christmas window advent calendar trail is fantastic. Father Christmas and his helper have been seen out and about in their blue VW van delivering Christmas trees. Lots of letters are finding their way to Santa care of the Preschool post box. A big THANK YOU to everyone who has helped put a smile on many people's faces.

PRESCHOOL - WORKING FOR THE NEXT GENERATION

In 2021, we here at Folksworth Preschool are turning our attention to how we can make a positive impact on the environment, writes Nikki Wilson, Folksworth Preschool Manager. Not just in the short term but an impact that could resonate for years to come.

As a preschool community we looked at how we can help and decided to sign up to become a recycling drop-off point for crisp packets as these cannot be recycled here in Cambridgeshire. Working with our local schools we hope to stop these everyday items ending in landfill.

With this in mind, we have started to teach our smallest residents the simple message of being 'kind to our planet'. We have created our ‘eco superheroes’ whose job is to help to check the taps are turned off and to put the compost in the right bin.

We have valued wooden toys over plastic ones for a number of years now at Folksworth Preschool. We have switched to biodegradable glitter and stopped using single-use plastic when we can. Children learn from our actions and take pride in helping with these simple jobs, setting them up for a lifetime of respecting our planet.

FOLKSWORTH ART CLUB

Thank you to everyone who supported us during 2020. Best wishes for a happier, healthier New Year.

If you have found your creative spirit during the lockdown, why not come along and join us when we are allowed to re-open - we'd love to see you. Call Cherry on 244258.
FOLKSWORTH, WASHINGLEY AND MORBORNE VILLAGE HALL

The frequently changing Covid 19 restrictions made 2020 a very challenging year for the village. But thanks to a huge team effort we were able to remain open for Folksworth Preschool who were able to operate throughout the December lockdown.

With Spring around the corner, we hope we will soon be able to operate a more normal service. The design of the hall means that the Hall and the new Community Room can be booked independently. We hope to recommence coffee mornings and that our regular users will soon be able to return.


A MASSIVE THANK YOU TO EVERYONE WHO PUT A SMILE ON OUR FACES DURING THE FESTIVE SEASON!
As I write this, our region is currently in Tier 2 and the government has lifted its restrictions for the 5-day holiday period from the 23rd - 27th December so that three households will be able to mix indoors and celebrate Christmas together. Unless the guidance changes again! But it's unlikely that many of us will have a 'normal' Christmas; hopefully that will happen next year once the vaccine roll-out has been completed. Please remember to follow the current guidance and take extra care to avoid a third wave in January.

Having carried out a risk assessment Councillors decided to re-open the playpark. The basic guidance on social distancing and hand hygiene remains; please note that the equipment is not being cleaned. We do not have the capability to do that on a regular basis although are looking into the cost of an external contractor. For now, it remains the responsibility of the user to sanitize their hands before and after each use.

The community Facebook page is an important tool for sharing information and we will post any changes on the website, together with any information we feel might be useful. Please check these daily as things can change quickly.

Parish Council meetings continue to be held remotely via the Zoom platform. I think we are all getting quite good at this now with very few instances of Councillors aiming the camera at their socks!

The Agendas go onto the noticeboards and website in the usual way and there is a link on the Agenda to allow you to sit in or take part in the Open Forum section of the meeting. If you have any issues to raise but are unable to sit in on a meeting please let me know in advance and I will ensure they are discussed.

The budget and Precept for next year have now been set and we hope a balance has been struck between allowing for new projects and general running costs without having to increase the amount of Precept we request. It remains at £35,076. We have been warned that services could be withdrawn from higher tier authorities and it could be that we must take on these services, but without knowing any detail it is difficult to predict how widespread they will be or what effect that could have on the local community. Copies of the budget are available on request and can also be found on the website. Council again received a clear audit this year both internally and externally.

All the news from the Village Hall is now on the new website and the Walks and Maps page is being worked on. There are three maps on the site, each offering a different walk around the parish. We are aware that some of the public footpaths need re-marking and are working with the County Council and the landowners to improve signage for everyone's benefit.
Councillors continue to do their quarterly maintenance walks and areas needing attention are reported to the various higher tier authorities if they are not things we can deal with ourselves. If there is anything you see that needs to be looked at, such as potholes, raised drain covers, overgrown hedges etc please let me know. In addition, there is a very good reporting tool on the www.cambridgeshire.gov.uk website which enables you to report a fault and track the outcome of the investigation. Experience tells us that the more reports there are for the same issue the quicker it is dealt with!

Council is not permitted to organise an official litter pick but would encourage all residents to keep an eye on their own areas. Many are already doing this, so thank you!

At this time of year, work at the pocket park by the pond in Elm Road is mostly maintenance. The snowdrops should be out around the end of January and will have naturalised and there are plans to plant some wild daffodils along with the narcissi and primroses already planted.

You may have heard about the current campaign to plant more trees. Council encourages everyone to plant a tree in their garden if they have room and free native trees are available from The Woodland Trust. Councillors are looking into the possibility of planting a small area of woodland on the playing field. Obviously, ongoing maintenance is a factor.

We continue to encourage everyone to offer help to those who are self-isolating, especially the over-70s. A friendly call, help with shopping or collecting prescriptions and more may be welcomed, observing current advice such as keeping a 1 metre plus distance and hand washing as you go. Christmas is often a lonely time for some, no doubt made worse by the pandemic, so please look out for your neighbours.

**COMMUNICATION CHANNELS**

**Facebook:**
www.facebook.com/Groups/Folksworth19/
www.facebook.com/Groups/Folksworth
www.facebook.com/FolksworthandWashingleyPC

**Parish Council website:**
www.folksworthwashingley-pc.org.uk

If you are someone who would prefer to receive regular updates via a notice through your door, please can you, or a friend, let us know your name and address by either:

Calling your Parish Council helpline, 07724 171158, or emailing to: clerk@folksworthwashingley-pc.org.uk

Very best wishes from everyone at the Parish Council for a happy Christmas and a safe and healthy 2021.

*Jackie Stanbridge*
*Clerk to the Council/RFO*
*07724 171158*

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A Wartime Childhood

BY YASMIN BRADLEY (ROGERS)

This article is the second of a four-part series based on the childhood memories of Folksworth resident Myrtle Clarke. It focuses on life in the village school and her progress to grammar school.

In 1939 Myrtle's mother, Mrs Gertrude Clarke, was an assistant elementary teacher at both Folksworth and Stilton Schools. Elementary schooling had been set up to provide basic education to children of working-class families. Primary education was compulsory between 5 and 14 with 80% of pupils leaving school at 14.

Mrs Clarke taught under the esteemed but strict Miss Braybrooke at Folksworth School, housed in the old school building on the corner of Elm Road and Manor Road (now a private house). It wasn't the most child-friendly of buildings as the windows were so high up that the children couldn't see out. It was also so cold in winter that the Head's first task of the day was unfreezing the toilets with a red-hot poker! Mrs Clarke eventually moved with her 15 infants into the Village Hall. Her approach was very different to Miss Braybrooke's: she advocated that young children should learn through play and there was no homework for the infants.

RUNNING WATER!

Miss Braybrooke lived across the road from the school in Corn Cottage at the bottom of the 'jitty' (now a public footpath connecting Manor and Washingtonley Road). Nearby stood the council houses where the Bullivants and Jacksons lived. The Jinks family had a neighbouring cottage to Miss Clarke in the jitty. The cottages were built over the brook, so in stormy weather water flooded in the front door - and then straight out the back! Perhaps unsurprisingly, Myrtle remembers Miss Braybrooke as an ‘ill-tempered head’.

SCHOLARSHIP TO FLETTON GRAMMAR SCHOOL

After taking an exam in Arithmetic and Composition (in which she had to complete a book review), Myra won a scholarship to Fletton Grammar School, where Folksworth lad Ray Frost also attended. Mrs Clarke was determined her daughter would get to school on the green bus driven by a Mr Chapman. School Governor Mr Elborn had even facilitated a bus pass for her. The family appear to be now living at Caldecote. Myrtle's older cousin, Alma Farrington, was paid to accompany her on foot to Denton to pick up the bus and back home again in the afternoon. At the time, however, little Myrtle could see no reason for any money to change hands, as she independently refused to walk with her cousin! The farmers paid for their children to attend, usually until 14. Clearly a bright spark, Myrtle was allowed to stay until she was 16 years old.

Next month, we learn of Myrtle's memories of Newbury Hall and Stud Farm
Celeriac, Bacon and Barley Soup

YOU NEED

1 tbsp butter
6 rashers British free-range smoked streaky bacon, finely sliced
6 fresh rosemary sprigs
2 onions, finely chopped
600g celeriac, peeled and diced into 0.5-1cm chunks
125g pearl barley
1.75 litres vegetable stock
4 heaped tbsp crème fraîche
Whole nutmeg for grating

SIMPLES

Melt the butter in a large pan over a medium heat, then fry the bacon and the leaves from one rosemary sprig for 8-10 minutes until crisp.

Set aside some of the bacon and rosemary for garnish, then add the chopped celeriac and reduce the heat. Cook gently for 15 minutes until softened.

Meanwhile, finely chop the rest of the rosemary leaves and add to the pan for the last two minutes.

Stir in the pearl barley and stock, then bring to the boil. Season, then simmer for 40 minutes or until the barley is soft and the soup is thick. Taste and season as necessary.

Ladle into serving bowls, add crème fraîche, grate nutmeg over and garnish with the reserved bacon and rosemary.

Enjoy!
Keeping the Flame Alight
KEYBOARD SHOWTIME SURVIVING THROUGH DIFFICULT TIMES

It has been a while since I put pen to paper regarding Stilton in Tune Keyboard Showtime, writes Tony Oliver, but Covid-19 circumstances meant that, like all live entertainment, our music scene has been another victim. So I had nothing to report!

Many of our musicians have been struggling financially, with little or no income. Some have found other work where they could find it. However, we have been treated to some wonderful online mini-concerts via Facebook and YouTube which has kept the music going by just a few players. Some play every day, others every other week or so, whilst Chris and Joanne Powell have a regular three-hour easygoing show every Thursday evening (8:00-11:00pm) with duets and solos - and plenty of banter online from the people watching and enjoying. Well worth a listen.

In the meantime, I regret that I am not sure when our monthly live shows will return but I am tentatively hoping for April/May, although so much will depend on how effective the vaccine will be. This remains to be seen but I will, of course, advertise as soon as something positive can happen.

I missed the deadline for the December issue but hope you all had a good Christmas despite all the restrictions. May I take this opportunity to wish you all, whether a patron or not, all the very best for 2021. Surely it can only get better!

Tony Oliver
A perennial Christmas TV favourite is Wallace & Gromit’s 'The Wrong Trousers' - I hope you watched it with as much pleasure as I always do. This film has a classic scene (which is on YouTube) that must sum up the feelings of anyone who has tried to make plans in 2020. It's the chase scene where Wallace is whizzing around a surprisingly large sitting room trying to catch a nefarious penguin. In the meantime, Gromit is sitting at the front of a toy train, frantically laying new track as fast as his arms will allow, from a box that never seems to run out, so he can chase the penguin. All ends well - except for the penguin.

Some of the track we were laying over Christmas was our festive services. By the time you read this, we’ll know whether our efforts have been in vain or not! With the latest severe lockdown restrictions some of you may be planning a delayed Christmas, so you may still be celebrating Christmas throughout January.

It may encourage you to learn that we will be celebrating the season of Epiphany, which commemorates the visit of the wise men. This begins on 6th January and runs through to the end of the month. Their journey was like ours - continuing until the star stopped, which could have been any time. They needed to persevere, as we do now. We certainly hope and pray for a New Year that will turn from ‘plodding on’ in hope to the joy of reaching journey's end. Not long to go!

With the new restrictions, please remember that we will be online if we are not physically able to meet in church. Please remember to keep in touch with friends and neighbours, especially those who are on their own or stuck inside. And please continue to support the foodbank - for which you have been doing a great job already.

Happy New Year
Richard

2020 felt a lot like this!

With an affectionate salute to Nick Park
## The SCAN Diary

What to do, where to do it and who to do it with

### Youngsters

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- Toddlers' Dance: 9:15am
- Playgroup (Stilton): 8:45 - 11:45 | 11:45 - 12:30 | 12:30 - 3:30pm
- Stay & Play: 9 - 10:15am
- Pre-School (Folksworth): 9:00am - 3:00pm

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- Parish Council (Stilton): 7:30pm 2nd Tuesday in month
- Parish Council (Folksworth): 7:30 - 9:30pm 3rd Tuesday in month
- Sewing Group: 2:30 - 5pm
- Friday Social Group: 2 - 4pm

### Church

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- Holy Communion: 1st & 3rd Sun 11:15am
- Holy Communion (BCP): 2nd & 4th Sun 8:00am
- LinCup (Café style worship): 2nd & 4th Sun 11:15am
- Stilton Group Service: 5th Sunday in month
- Linking Hands (mums): 9am
- Crossover (Y6): 6 - 7pm in term time
- Men's Prayer Breakfast: 8am 2nd Saturday in month
- Holy Communion (soup lunch): 1st Wednesday 12:30-1:30
- Prayer Focus: 8am
- Christian Congregation in UK: 6 - 8pm

### Sport & Leisure

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- Zumba: 7:15 - 8:15 Friday. All fitness levels; children welcome
- Pilates (Stilton) - over-50s: 11:30am-12:30
- Pilates (Stilton): 10:00 - 11:00am
- Pilates (Folksworth): 7:30 - 8:30pm
- Clubbercise: 7:15 - 8:15pm
- Stilton Table Tennis Club: Mon (adults) 2-4pm; Tue 7:00-9:30pm
- Stilton Carpet Bowls Club: 2pm Mon, 7:30pm Thu
- Folksworth Carpet Bowls Club: 7 - 9pm
- Peterborough Opera Group: 7:30 - 9:30pm Monday
- Band: 8 - 9:35pm
- Yoga: 5:30 - 7pm
- Mat Pilates: M 6:45-7:45pm, 8-9pm; T 6-7pm; W 9:15-10:15am
- Chairobics: Tue 11am-12:30pm; Thu 10:30am-12noon
- Chairobics: Tue 2-3pm
- Stilton United FC: 3:00pm kick-off
- Taoist Tai Chi: 7:30pm
- Folksworth Art Club: 12:30-4:30pm
- Folksworth Ladies' Circle: 7:30-9:30pm 4th Tuesday in month
- Yaxley Flower Club: 3rd Thursday, 7:30pm
- Stilton Stumblers (walking group): Alternate Sundays 10:00am See info in this issue

### Other

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- Mobile Library (Stilton and Folksworth): 5th Thursday in month
- Age Well Club: 4th Wednesday in month
- 'Chatterbox' Carers' Support Group: 9:30 - 11:45am
- Music & Spoken Word Social Group: 2nd & 4th Mondays, 2-4pm
- Sawtry Vintage Club: 2nd & 4th Fridays, 1:30-3pm
- Sawtry Friendship Club: 10am - 2:30pm

Are we up to date? Tell

To book: Stilton Pavilion - 07 484 746894  | Folksworth Village Hall - (01733)

Be sure to tell our advertisers you found them in **SCAN**!
<table>
<thead>
<tr>
<th>WHERE</th>
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<tbody>
<tr>
<td>Stilton Church Meeting Room</td>
<td>Michelle Pratt</td>
<td>07906 114942</td>
</tr>
<tr>
<td>Playgroup</td>
<td>Leslie Kirk</td>
<td>247682</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Rebecca Mills</td>
<td>07498 528393</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Nikki</td>
<td>07542 172075</td>
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*To book: Stilton Pavilion - 07484 746894  | Folksworth Village Hall - (01733) 241938  | Stilton Church Meeting Room - (01733) 241709  | Leave a LANDLINE number!*

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<tbody>
<tr>
<td>Stilton Pavilion or Parish Meeting Room</td>
<td>Julianne Lawrence (Clerk)</td>
<td><a href="mailto:clerk@stiltonparishcouncil.org">clerk@stiltonparishcouncil.org</a></td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Jackie Stanbridge</td>
<td>07724 171158</td>
</tr>
<tr>
<td>Stilton Church Meeting Room</td>
<td>Pat Maltman</td>
<td>242229</td>
</tr>
<tr>
<td>Stilton Church Meeting Room</td>
<td>Diane Glenn</td>
<td>07400 693351</td>
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*See notice boards or Stilton Group of Churches’ Facebook for details*

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<td>St Mary Magdalene</td>
<td>Revd Richard Gibbs</td>
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<td>Pat Maltman</td>
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<td>Stilton Church Meeting Room</td>
<td>Nigel Rosbrook</td>
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<td>St Mary Magdalene</td>
<td>Revd Richard Gibbs</td>
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<tr>
<td>St Mary Magdalene</td>
<td>Stuart Reed</td>
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*See advert in this issue*

**What to do, where to do it and who to do it with**

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<td>07805 350389</td>
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<td>07756 778154</td>
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<tr>
<td>As per fixtures</td>
<td>Varies</td>
<td>07597 613392</td>
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<tr>
<td>Austin Hall, Main Street, Yaxley</td>
<td>Cherry Hadley</td>
<td>244258</td>
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<tr>
<td>Folkswoth Village Hall</td>
<td>Karen Mason</td>
<td>07980 262253</td>
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<td>Folkswoth Village Hall</td>
<td>Yvonne Wagstaff</td>
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<tr>
<td>Yaxley British Legion</td>
<td>Shirley Gregory</td>
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**Stay & Play**

**What to do, where to do it and who to do it with**

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**Tell SCAN about your activities!**

Be sure to tell our advertisers you found them in SCAN!
Open to all business owners, especially those in the first few years of trading, Reset Restart is a free online programme of business support aimed at giving practical, jargon-free training and advice to help your business through this challenging time.

Alongside the national Reset Restart programme run by the British Library Business & IP Centre, BIPC Cambridgeshire & Peterborough are offering a series of local support workshops delivered in partnership with Anglia Ruskin University. During the series of online workshops you will get the chance to review your overall business model with Anglia Ruskin University's Lynn Martin and Grahame MacDonald.

Our popular Business & IP 1:1's returned online in November; we will be posting more sessions for January 2021. Check our social media - Twitter @BIPC and Facebook @CambridgeshireLibraries for updates.

ONLINE CULTURE!

Whilst COVID-19 restrictions continue we bring you EngAge Online! These digital and interactive sessions temporarily replace EngAge events in libraries.

We have a variety of speakers and topics to offer as part of this programme. Topics for January include Tony Kirby speaking about the Railway Architecture of East Anglia and Gill Southgate speaking about Guide dogs for the blind.

For further information on upcoming sessions please visit: www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries/library-online
If you are interested in being in the audience for any of these events and would like more information please email: Engage.online@cambridgeshire.gov.uk

Don't forget to follow us on Facebook, Twitter and Instagram as well as our monthly eNewsletter: www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries/library-news

To keep up to date with what's on or to join the mailing list for The Library Presents visit www.cambridgeshire.gov.uk/arts or like and follow @TheLibraryPresents on Facebook or Instagram.

LIBRARY.LIVE

Library.Live is a digital home for Cambridgeshire Libraries - powered by our local librarians, bringing together events, information, recommendations and more! To ask a question please use this link: www.library.live/ask-a-question
Whilst it's great to have our libraries open again, we appreciate that it is still short of the full offer customers are used to. We are keeping things under continual review and will resume the full service as soon as it is possible to do so safely.

Currently you can access the following library services:

- **Browse our shelves and choose your own items**
- **Select and Collect service;** visit [www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries](http://www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries) or call the Customer Service Centre on 0345 045 5225. This service is completely free to use at present. Customers will be notified when their books are ready to collect.
- **Chargeable Items - Overdue Fines are currently suspended.**
- **Reservations charges are currently at the reduced rate of 50p per item.** This will be kept under review.
- **DVDs are available for a two-week loan period at a charge of £1. Spoken Word charges have been re-instated.**
- **Items can be returned at any open library**
- **Our IT facilities are available for 45 minute customer appointments, which can be made over the phone via the Customer Service Centre or online.**
- **Printing facilities are available when using the computers.**
- **Meeting rooms, library events and activities will be reintroduced when it is safe to do so.**
- **We cannot accept book donations at this time.**

**JOINING THE LIBRARY**

You can join the library online at: [www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries](http://www.cambridgeshire.gov.uk/residents/libraries-leisure-culture/libraries)

To join by phone call 0345 045 5225

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**Mobile Library**

**Route M24 - 4th Wednesday**

**Wed 27th Jan**

**Folksworth**

10:30 - 10:50am Elm Road

**Stilton**

3:10 - 4pm

Outside The Talbot

[MobileLibraries@cambridgeshire.gov.uk](mailto:MobileLibraries@cambridgeshire.gov.uk)
Know Your Body

In these uncertain times, currently dominated by the Coronavirus Pandemic, it is important to be aware of any unexplained changes to your body which signal the onset of other potentially serious illnesses.

Examples include blood in your urine; a change to your usual bowel habits such as:
- Blood in your poo or diarrhoea
- Constipation for no apparent reason
- Pain in your stomach or back passage
- Persistent bloating

or

- Unexplained or unintentional weight loss
- Post-menopausal bleeding or bleeding between periods
- A lump in a breast, or a lump that is rapidly increasing in size elsewhere on your body

This is not an exhaustive list and further information can be found online at www.nhs.uk/conditions/cancer/symptoms/

Please get in touch with the practice via Engage Consult https://wsp.psf-live.co.uk/1082/#/portal if you are at all worried about your health.

Your Care

Due to the ever-increasing demand within the NHS, there has been a national drive to ensure patients are seen and assessed by the most suitable allied healthcare professional, thus allowing Doctors to see the most clinically vulnerable and complex.

Nurse Practitioners, Emergency Nurse Practitioners and Clinical Pharmacists all hold extensive qualifications to allow them to triage, diagnose and treat and prescribe for patients accessing the service.

An important point to remember is that they are always supervised by a GP and they can ask for help, advice and even transfer the patient for a further call if the issue could not be resolved.

Building Extension

Good news: we are pleased to announce that our building extension and refurbishment begins on Monday 4th January.

Whilst our team will experience some interim building work disruption, our service to our patients will not change. This will be a fantastic project for our patients and staff once completed.

Please visit our website for regular updates: www.yaxleygp.nhs.uk/health-centre-extension-buildings-update
How We Doing?
YOUR FEEDBACK HELPS NHS AND CARE TEAMS SUPPORT US ALL

Have you seen your GP lately? Had a hospital or dental appointment? Perhaps you have care services at home or visit a loved one in a care home.

If you, a family member or friend have used a local health or care service, Healthwatch Cambridgeshire wants to hear about your experience - good or bad.

We're the local health and care champions. And by sharing your feedback with us, local NHS and care services can find out what's working well or needs improving.

Please support our new campaign 'Because We All Care' by giving your feedback about the services you are using.

It's being run with the Care Quality Commission and follows on from our big Covid-19 survey across Cambridgeshire and Peterborough earlier this year.

It only takes a few minutes to share your views with us. And your feedback helps services to continue providing the right support to local people.

SHARE YOUR VIEWS

You can do this online at: www.healthwatchcambridgeshire.co.uk/share-your-views, or you can call Healthwatch on 0330 355 1285, text your views on 0752 0635 176, or email to: enquiries@healthwatchcambspboro.co.uk

Monthly Closure

The Practice will be closed on Wednesday 20th January 2021 between 12:30pm and 4:00pm for staff training.

Emergency Telephone (01733) 240478.
From The Cabbage Patch

Plan-uary

A GOOD TIME TO BE PLANNING YOUR SUMMER GARDEN

Will it be mild enough to go out and do a few odd tidying jobs or far too cold and wet to venture outdoors at all? Some Januaries are so mild that the grass doesn't stop growing and you need to mow. If the weather is sunny there is nothing better than going out into the garden and 'pithering' - just wandering around pulling the odd weed out here and trimming there.

SEEDS OR PLUGS?

Many suppliers of summer bedding plants offer a pre-ordering service. Last year many ranges sold out quite early so pre-ordering might be a good idea.

I tried a little experiment last year. I had seen a particularly showy Gazania variety called 'Tiger Stripes'; its large daisy flowers have a red/brown stripe along the centre of each petal. I bought two packets of seed; they were not cheap and there were only about 20 seeds in each packet. I planted them in March in the greenhouse, duly potted them on and finally planted them out in tubs, enjoying a wonderful display right up to autumn. At the same time I bought some plug plants and potted them on. But they all dwindled and eventually rotted off. In this instance my home grown Gazanias won hands down and were considerably cheaper. With any luck and a not too severe winter, the plants may survive to do it all again this year.

There is no point in trying to start your seeds this early in heat as you will end up with leggy, floppy plants far too early to plant outside. March is fine for most annuals and perennials. But there are quite a few seeds you can sow now and leave outdoors. Just sow the seeds in pots, cover with a layer of grit to keep the blackbirds out and forget about them. Alpines such as Primula, Pulsatillas, Hellebores, Saxifrages and most shrubs and trees need a period of cold before they will germinate. It's a good ruse by the plant - it produces its seeds in autumn but doesn't want them to germinate in the cold dark days of winter; far better to delay until the better weather and light of spring.

2020 was a 'mast year' when many trees and shrubs produced masses of fruit. Hawthorn, blackthorn (sloes) and acorns were particularly abundant. Apparently, producing bumper crops once every few years avoids the seedling trees being crowded out by the next year's crop.

Whatever you decide to do in January, may I recommend sitting in a comfy chair indoors in the warm with a cup of tea or something stronger (sloe gin is good at this time of year!) surrounded by seed catalogues and a notebook and pen, planning what wonders you will grow and how fabulous your garden will look in the summer of 2021. Happy New Year!
Have This Space On Us!

Have you got any puzzles or brain games surplus to requirements?

Keeping our brains active is a great way to keep cheerful during lockdowns when we can’t socialise as much as we’d like.

If you have any jigsaws, kits, brain games etc that you no longer use, we’ll advertise them here for FREE during 2021.

Just contact scan1@stilton.org with your details.