Powder Burns!

OPEN ALL HOURS
VILLAGE SHOP UNDER NEW MANAGEMENT

FIELD RESEARCH
RESULTS OF THE SPORTS FIELD SURVEY

AD-DING UP
SCAN NEEDS A NEW AD MANAGER. CAN YOU HELP?

DANCING FEET
CHLOE HEBDEN’S NEW DANCE SCHOOL

LOADS TO DO
LOTS OF AUTUMN EVENTS AND ACTIVITIES

Come and enjoy our annual fireworks festival on the Sports Field. Fun, food & fairground rides - bring your friends!
**Index to Advertisers**

<table>
<thead>
<tr>
<th>Category</th>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retail</td>
<td>Photographic</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Food &amp; Drink</td>
<td>3, 38</td>
</tr>
<tr>
<td></td>
<td>Watch &amp; Clock</td>
<td>33</td>
</tr>
<tr>
<td>Health &amp; Fitness</td>
<td>Chiroprapist</td>
<td>51</td>
</tr>
<tr>
<td></td>
<td>Dental</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>Weight loss</td>
<td>OBC</td>
</tr>
<tr>
<td></td>
<td>Beauty Therapy</td>
<td>46</td>
</tr>
<tr>
<td>Financial</td>
<td>Insurance</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Accountancy</td>
<td>35, 41</td>
</tr>
<tr>
<td></td>
<td>Property</td>
<td>36</td>
</tr>
<tr>
<td>Pets</td>
<td>Vet, pet care</td>
<td>48</td>
</tr>
<tr>
<td>Personal</td>
<td>Hair stylist</td>
<td>42, 49</td>
</tr>
<tr>
<td></td>
<td>Care Services</td>
<td>IFC</td>
</tr>
<tr>
<td>Trades</td>
<td>Cleaning / valeting</td>
<td>38, 51</td>
</tr>
<tr>
<td></td>
<td>Domestic</td>
<td>33</td>
</tr>
<tr>
<td></td>
<td>Building services</td>
<td>37, 40, 42, 43, 45, 46, 47, 51</td>
</tr>
<tr>
<td></td>
<td>Conservatories</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td>Heating / Plumbing</td>
<td>32, 38, 39, 41, 44, 47</td>
</tr>
<tr>
<td></td>
<td>Electrical / TV</td>
<td>33, 38, 39, 43</td>
</tr>
<tr>
<td></td>
<td>Garden services</td>
<td>33, 46, 47, 51</td>
</tr>
<tr>
<td></td>
<td>Security</td>
<td>51</td>
</tr>
<tr>
<td></td>
<td>Vehicle</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Architect / Civils</td>
<td>36, 47</td>
</tr>
<tr>
<td></td>
<td>Funeral Services</td>
<td>39</td>
</tr>
<tr>
<td></td>
<td>Computer services</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td>Legal / Wills</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>Childcare</td>
<td>36, 35</td>
</tr>
</tbody>
</table>

**Now Recycling Bottles!**

**Grey Bin Days:**
Wed 3rd, 17th November, 1st December

**Garden Bin Days:**
Wed 10th, 24th November, 8th December

**Recycling Days:**
Tues 9th, 23rd November, 7th December

For up-to-date collections information, visit www.huntsdc.gov.uk

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**Details:**

- **Editor:** Olive Main 241206
- **Advertising:** Jan Woodward 243278
- **Production:** Kelvin Davis 244140
- **Distribution:** Carol Warren 242389

**Advertising Rates:**

- **Full Page:** £30 Monthly, £330 Annual, 19 x 12.7cm
- **Half Page:** £15 Monthly, £165 Annual, 9 x 12.7cm landscape - 19 x 6 cm portrait
- **1/3 Page:** £10 Monthly, £110 Annual, 6 x 12.7cm landscape - 12.5 x 6 cm portrait
- **1/6 Page:** £5 Monthly, £55 Annual, 6 x 6 cm

All advertising copy or instructions to the Advertising Manager by 10th of month prior to publication. Payment in advance to Stilton Community Association - NO PAY, NO DISPLAY!

Advertisement orders MUST be accompanied by the advertiser’s name, address and telephone number.

All other copy to the Editor, 8 Caldecote Road, Stilton by 14th of month prior to publication. Digital material in a neutral PC format please.

email: scan1@stilton.org
Planning your summer holiday?

Why not visit our twin village of St Christol les Ales? There is so much to see and do.

- Amazing scenery in the hills and gorges of the Cevennes, or the plains of the Camargue
- The historic cities of Nîmes, Avignon, Arles and Montpellier
- The world heritage site, the Roman aqueduct at the Pont du Gard
- The amazing Norman Foster viaduct at Millau (opened in Dec 2004)
- The spectacular Tarn and Ardèche gorges. Canoeing available!
- Donkey trek the Stevenson Way through the Cevennes
- The beaches and warm waters of the Mediterranean (about one hour's drive)
- Fantastic wines of the Rhone, Languedoc and Roussillon
- The wonderful hospitality of French families in St Christol

Flights to Nîmes are easy from Stansted / Luton / East Midlands airports or by Eurostar/TGV train all the way to Nîmes

St Christol is 30 mins drive from Nîmes airport. Or to drive - motorway from Calais via Reims and Dijon to within 60 miles of St Christol.

St Christol families are really keen to host, particularly our young people over the summer.

Contact Chris & Linda on 241376 or Chantal & Paul on 242004 for further details.

If you are interested in becoming an active member of the Stilton & District Twinning Association, please contact Chris on 241376.
Stilton Memorial Hall
Charges from Sept 1st 2010

- Hourly charge £6 / hour (minimum 2 hours)
- Child’s party £35
- Adult party £60
- Commercial £12 / hour

To book the Hall, please contact the Booking Secretary:
Jade Smith  15 Woodward Close  (01733) 243691

If leaving a message, please provide a LANDLINE PHONE NUMBER and you will be contacted promptly.
(It’s very expensive having to reply to lots of mobiles!)

SCAN invites you to volunteer to be our new Advertising Manager

Jan Woodward, our Advertising Manager, is planning on retiring to Devon soon - lucky lady - so SCAN is looking for a willing volunteer to take over the reins.

This is perhaps the most important aspect of the SCAN team’s work; without advertising there would be no SCAN, local businesses rely on it and the revenues generated support many aspects of village life that we all share and enjoy.

What you will need

- Some free time
  A few hours a week. Would suit somebody retired, or semi-retired.
- To be accessible
  You should be easily contactable by phone, email and post
- To be organised
  Able to keep track of all our advertising accounts.
- Basic IT skills
  Email, spreadsheet, Word etc

What you will do

- Handle orders
  From first enquiry through to Production.
- Handle payments
  Ensure that pre-payments and renewals are received and banked.
- Resolve problems
  In the event of any fumbles.
- Drive Production
  Inform Production of the advertising requirements for each issue.

In practice, the work is pretty straightforward. Jan will help you through the handover period and you will have the support of the Editor and Production Manager at all times.

This is an exciting opportunity to make a real contribution to village life.
To find out more, call Jan on (01733) 243278.
STILTON’S VILLAGE SHOP HAS A SECURE FUTURE

After a long period of uncertainty as to the future of Stilton Stores, SCAN is delighted to report that the business has now been acquired by Martin McColl’s, the well-known neighbourhood retailing group.

Their Development Director, David Archibald, told SCAN: ‘It is our privilege to take over from the Fernie family who served Stilton for over 30 years.

‘Here at McColl's we really believe in community and village stores. In fact, we have saved many from closure all over the country. Although we are one of the largest grocery shop chains we think and believe in local values.

‘We are looking at how we might extend and improve the store, so we would ask that you please bear with us while we work out the best way to do this.

‘In the meantime we will be introducing all the everyday essentials so you don’t have to drive miles to get the basics. Our range will include groceries, fresh, chilled & frozen food, wines, beers & spirits, news & magazines, tobacco and lottery, plus lots more.

‘We're going to be open from 7am to 10pm every day and there will be lots of great offers which we will let you know about soon.

‘We will keep you updated on our plans to make the store a little bigger, and we hope you enjoy what we bring to the village.’

We’ve already persuaded Mr Archibald of the merits of promoting the new business through the pages of SCAN, so you can expect to see more news and adverts over the coming months. He is also anxious to ensure that the shop develops to meet the needs of the community, so don’t be shy about suggesting what you’d like to see provided.

You can find out about the Martin McColl company at their website: www.martinmccoll.co.uk where you can also contact them with any suggestions or requests.

We’re sure all our readers will welcome this exciting new development and wish the new Stilton Stores every success. Be sure to support our village shop!

Christmas Comes...

You might still be recovering from the depredations of the summer holidays, but here at SCAN we’re already working on our Christmas edition. So we need:

- News about your events, business opening/closing times etc over the Christmas & New Year period
- Any contributions to our Christmas Cracker supplement that will interest our readers: puzzles, jokes (preferably funny AND clean!) quirky stories, or whatever.

All material by 16th November please, to the Editor or by email to scan1@stilton.org.
Remembrance 2010

Remembrance Day
November 11 at 10:55am
Short commemoration at Stilton Cemetery

Remembrance Sunday
November 14 at 10.55am
Church Parade Service

Field of Remembrance
Family, friends and comrades of those who have died in conflicts since 1914 are able to make their personal contribution by placing a cross in the churchyard under the olive tree.

Poppy Appeal
Poppies will be on sale in the local pubs, shops etc. All proceeds go to the Royal British Legion. This charity spends £1m per week on services for servicemen in need and hopes to raise around £36m from its Poppy Appeal. Stilton has a proud history of setting new records for its poppy donations every year.

Some years ago there were suggestions that the time had come to stop these remembrance ceremonies but events in Kosovo, Iraq and Afghanistan have changed attitudes. The British Legion has veterans of the 2nd World War now needing more care as well as the casualties of recent conflicts. So please give generously, and join in one the services.

Falling like flowers
Written for Remembrance Sunday by Alice Osborne, as part of a WW1 poetry project at King’s School.

The petal falls, the penny drops; The lifelong cycle suddenly stops. Memories from years ago, Fluttering flags with bright, colourful with proud glow. Little faces peeping out, Too young to know what it's really about. You took a breath, you made a plan, Pride is what you look for as your family's eyes you scan, But all you see is worry and hurt As reproaches and fear forward spurt, All you hear is 'if' and 'but', Because they know every crop has to be cut. Now you're left with worry and fright, A creature of an everlasting night. No escape; you've seen it all, The dying eyes as they fall. You want to unsee it but you can never go back, You're stuck in the shook and depression, black as black. Thoughts run around your head, Little creatures, not leaving until you're dead.
A Musical Ride

The history and story of a famous military band, written by Stilton man, Steve Ambler.

The band of the Royal Corps of Signals was one of the best in the British army and Steve has devoted two years of his life researching its history and collecting photos and other illustrations. His story runs from 1799 (the Napoleonic Wars) to 1993 (the First Gulf War).

Bandsmen have always had to be versatile. They serve as soldiers first but have also managed to produce music to the highest standard. Steve tells of many bandsmen who have become composers, teachers or performers in a variety of musical styles.

The book is strong on facts, well-seasoned with interesting anecdotes and is well illustrated. To get a copy, price £15, ring Steve on 242156. The first edition will come dated and signed by the author and will include a free CD.

Stilton Memorial Hall

At the committee meeting in September, revised rental charges were set (see ad in this issue) and the following were appointed for the coming year:

Chairman: Sue Warren
Secretary: Linda Walford
Treasurer: Janet Greenfield

After protracted legal enquiries and an unsuccessful search for deeds of the Memorial Hall, possessory ownership is now vested in Stilton Parish Council. The title will become absolute in 12 years.

Twinning Association Events 2011

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 February</td>
<td>Race Night</td>
</tr>
</tbody>
</table>
| 28 April - 3 May      | St Christol Group visit to Stilton & Folksworth.  
If you would like to host a visitor please get in touch! |
| 30 April              | Hog Roast & Barn Dance                                              |
| 24-26 June            | Weekend visit to Rouen and a gourmet Sunday lunch.                   |
| 15 October            | Quiz Night                                                           |

All the funds raised by the Association provide for travel grants for young people on exchange visits to St Christol, and to fund the activities here when groups visit from St Christol.

If you are interested in becoming involved in the Association please contact Chris Walford on 241376 or cilstilton@btinternet.com
STILTON’S KIWI CONTINGENT HEAD FOR HOME

One of the particularly nice things about Stilton is the particularly nice people you find here. Sadly, we’re about to lose two of the nicest as they head home to New Zealand.

Karen and Clyde Walton are paid-up members of the ‘Life Is Not a Rehearsal’ movement. Having raised a family back home in the land of the long white cloud, they decided to pack their bags and see the world. A sort of deferred Gap Year - or five!

By working hard and living frugally, they’ve been able to see more of the British Isles in five years than most of us do in a lifetime. Any weekend not spent going somewhere interesting was a weekend wasted; they’ve visited every National Trust property in the UK, all of our important towns and cities, and almost all of our most scenic countryside. And as if that wasn’t enough, they’ve also visited Holland, Austria, France, Germany, Italy, Spain, Turkey, Tenerife and Madeira!

So it was inevitable that Karen & Clyde became founder members of the Stilton Stumblers and enjoyed the group’s variety of outdoor adventures. Clyde explains: ‘Back home, a walk in the country is a week’s backpacking or nothing. Here, you can spend the day exploring some fascinating countryside off the beaten track, find places you’d never find otherwise, and finish it off in a pub afterwards! You guys have got so much here that you take for granted.’

The couple quickly endeared themselves to the Stumblers with their enthusiasm for joining in the group’s social events. You knew that whatever the fancy dress theme was, Clyde’s wicked sense of humour and Karen’s needlecraft would produce something hilarious.

Sadly, the downturn in the local jobs market, combined with a natural urge to return to home and family, have brought this adventure to an end - or at least, nearly. Once they’ve packed their bags again, the Walton’s will be doing a final whistle-stop tour of Europe before saying farewell to relatives in the UK and heading for home.

Karen says: ‘We’ve had a fantastic time here. We knew we’d find lots to do and see, but we never expected to make so many good friends and neighbours in such a short time. Saying goodbye to Stilton is going to be really tough. We love you all.’
St Mary Magdalene, Stilton

**Wednesday Worship at Lunchtime**

Holy Communion followed by a soup & bread lunch

*Every 3rd Wednesday in the month*

12:30 - 1:30pm

Nov 13th

**Men’s Prayer Breakfast**

Try to join us for this monthly breakfast get-together.

**Nov 13th**

We meet at 8am in the Church Meeting Room. After eating, we take time to share and to pray, usually finishing around 9am.

(If you are coming, it helps to let us know a couple of days before if possible.)

Ring Richard 240282 or Doug 242229

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Stilton Over-60s Club

The coach outing to Melton Mowbray on 14th September started with the same sort of weather we had for the Club's first outing of the year to Market Harborough in June - rain. However, a good time was spent; the market was a good opportunity for some early Christmas shopping and the Pie Shop did good business for its famous pork pies and, of course, some Stilton Cheese.

The last outing for the year will be a members-only visit to Walsoken for a carvery lunch.

The Club continues to meet on Friday afternoons at 2 o'clock in the Church Meeting Room. New members are always welcome - you don't have to be over 60 to join.

Our outings are advertised in SCAN and details of all our activities can be obtained from Sylvia Ward (242457) or Doreen Clarke. (242643)

Tell advertisers you found them in SCAN!
Guy Fawkes was a mercenary soldier who fought for Catholic Kings against Dutch Protestants. When he returned to England he became part of a plot to murder James I. On November 5 1605, he was in charge of the gunpowder, stored under the House of Lords. As the result of a tip-off, the Palace of Westminster was searched and Guy Fawkes arrested. He and his fellow conspirators were tried and executed.

405 years later we still take the opportunity to enjoy an evening's entertainment in a traditional way so come along to Stilton Playing Field on Sunday November 7 to enjoy the magnificent firework display, ride the fairground rides and enjoy traditional firework-night food.

**PRIVATE FIREWORK DISPLAYS**

If you decide to have your own garden fireworks party, be aware of the regulations:

- **Fireworks can only be let off between 7am and 11pm, except on November 5 - midnight, Diwali, New Year and Chinese New Year - 1am.**
- **Only buy fireworks marked BS 7114**
- **You should NOT buy mortars or firecrackers.**
- **Under 18's must not be in possession of fireworks.**
- **Always follow the instructions and keep the fireworks in a closed box.**
- **If a firework fails to explode, leave it alone.**
- **Never set off fireworks in the street.**
- **Remember to keep pets indoors.**

**Bonfire Night Rhymes**

*Rumour, rumour, pump and derry,*  
*Prick his heart and burn his body,*  
*And send his soul to Purgatory.*

(A traditional children’s chant around the bonfire)

*Guy Fawkes, Guy,*  
*Stick him up on high,*  
*Hang him on a lamp post*  
*And there let him die.*

*Guy, Guy, Guy,*  
*Poke him in the eye,*  
*Put him on the fire*  
*And there let him die*  
*Burn his body from his head*

*Then you’ll say*  
*Guy Fawkes is dead*  
*Hip, Hip, Hooray!*

**Bonfire Night Spuds**

After the village fireworks why not come home to a real *oven-baked* potato? So much nicer than the microwave!

Preheat the oven to 200C/Mark 6  
Scrub, dry the potatoes. Prick several times with a fork. Rub with olive oil and sprinkle sea salt over. Place directly on the oven shelf and cook for 1¼ - 1½ hours.

You can serve these *au naturel*, with just lashings of butter, or fill them with grated cheese. Even better for hungry people is to prepare a filling of chilli con carne and ladle it generously over the quartered potato.
Funky Feet Dance Company first began in the village of Stilton. It is run by dancer Chloe Hebden and offers a variety of dance classes for all ages and abilities.

Chloe has trained in many styles of dance since the age of five. Most of her training took place at the Welland School of Dancing. She has performed in many shows and festivals, including the prestigious *Billy Elliot the Musical* at Victoria Palace in London's West End, and the *Danse Internationale Royal Gala* in Sardinia.

Since the age of nine she had always aspired to have her own dancing school and has now realised that dream. So she is delighted to be able to share her skills and passion with others by running lessons in Stilton Memorial Hall.

All classes are professionally run, with all members of staff fully CRB checked and each class covered by public liability insurance. A full agreement is presented to the parent/guardian when enrolling a child in their first class.

**Sunday Classes at Stilton Memorial Hall**

<table>
<thead>
<tr>
<th>Class</th>
<th>Time</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Preparatory Ballet</td>
<td>10:30 – 11am</td>
<td>£3.50 for 30 minutes</td>
</tr>
<tr>
<td>Pre Pri / Primary Ballet</td>
<td>11:15 – 12am</td>
<td>£4.00 for 45 minutes</td>
</tr>
<tr>
<td>Modern Theatre Dance</td>
<td>12:15 – 1pm</td>
<td>£4.00 for 45 minutes</td>
</tr>
<tr>
<td>Street Dance</td>
<td>1:15 – 2pm</td>
<td>£4.00 for 45 minutes</td>
</tr>
</tbody>
</table>

All enquiries: chloe_hebden@hotmail.com
07791 784793 www.funkyfeetdance.com
Stilton Playgroup is run by a committee of dedicated volunteers. Without this committee the playgroup would not be able to continue. We are holding our AGM on the 6th October 2010 and are always looking for volunteers to become involved.

What is the committee and what does it do?
- Team of parents that manage the playgroup alongside the staff
- Are employers of the staff but not responsible for the day to day running of the setting
- Ensure that the business is legally run
- Have a duty to safeguard children
- Are the charity trustees
- Organise fund-raising
- Manage the finances
- Are the registered persons with Ofsted

What can committee members gain from the role?
- Confidence in their abilities that they haven’t used in a while
- Gaining new skills in a safe, supported environment
- Friendships
- A new outlet for their creativity
- Something to add to their CV
- Satisfaction of knowing that they are doing something to support children’s education and the community
- Facing challenges and finding the solutions to issues.

What we have achieved this year?
It has been a busy year! But as a team we have managed all this together!
- Relocated Playgroup and demolished the previous buildings and removed services
- Negotiated contracts for our new setting
- Managed the business finances, ensuring that Playgroup could move with lots of new toys and equipment, whilst still being in a good financial position
- Interviewed and employed new staff
- Had a number of successful fund-raising events
- Organised social events: a Wine & Cheese Evening in celebration of the move, and a Leavers’ Disco
- Ensured that all licences and pensions were in place to ensure we are a legally run business
- Updated the Charity Commission to ensure we could keep our charity status.

How can you help?
- Come to the AGM on October 6th
- Join the committee to help us manage our village playgroup. Maybe even take on a key role: Chairperson, Treasurer, Secretary
- Support our fund-raising events.

Stilton Playgroup continues to have very close links to the primary school, ensuring a smooth transition when your child moves on to the school. We are able to make use of the superb facilities the school has available. We currently have spaces available. Please contact us for further information on 247682.
We would like to say a huge thank you Stilton Guides who collecting a massive amount of £116.02 for the Bulgaria Orphanage - This was a complete surprise to us and we were overwhelmed at all the effort and hard work the Guides and the Leaders put in - Here are the Guides, Leaders and Dougie & I when we went to collect the donation from them.

Berni & Dougie

VILLAGE GUIDES RAISE FUNDS FOR ORPHANS

We:
- go camping, go on trips
- do arts & crafts and cooking
- play LOADS of games
- do badges (e.g. chocolate badge, animal action badge, party's badge, fire safety badge.)

...and have loads of fun doing it!

If you’re over 10 and want to find out more, just come along to the Memorial Hall on Tuesdays 6 - 7:30pm, or phone/text Carol Warren 07508 502534.
Stilton Gardening and Natural History Club

Tuesday, November 16th

Visit to Fineshades RSPB reserve for a Roost Walk

Watch the Red Kites returning to their roosts!

Details from Olive Main 241206

The Club meets on the 3rd Tuesday of the month at 7:30pm in the Church Meeting Room.

Cost £1 to include light refreshments. All are welcome.

Members of the Gardening Club enjoy talks and events beyond gardening so a new name has been chosen to reflect the Club’s broad interests.

Come along to this friendly group. We are not all skilled, green-fingered gardeners, but learn from each other and from our expert speakers. We also have trips out to gardens, gardening shows and nature reserves.

Mums & Toddlers

Tuesdays at the Village Hall, Folksworth

10:30am - 12 noon

Why not come to Folksworth Village Hall on Tuesday mornings to meet other mums and tots?

Have a coffee and a chat and let the children play.

£2 - includes a drink

Concession for second child

Improve Your Piano Skills and Enjoy Your Playing!

Beginners welcome!

Margaret Parsons  Tel: (01733) 243352  pianable@aol.com

Tell advertisers you found them in SCAN!
Chuffed to Bits!

This Christmas, the Nene Valley Railway is celebrating over 30 years of running its highly popular Santa Specials. Thomas himself will be pulling Santa's Special.

Santa will be in his grotto at Wansford Station to present each child with a good quality present appropriate to their age and gender. Passengers then board the train which Thomas hauls on a 50-minute round trip to Peterborough while Santa comes round to chat to children and parents alike. Meanwhile, his little helpers are busy serving mince pies and drinks to the parents and a drink and sweets to the children.

Services operate on Sunday 28 November then Saturdays, Sundays and Wednesdays up to and including Wednesday 22nd December. There are also services on Thursday 23rd and Friday 24th December.

Prices start from £10 per person. For further details and to check availability, please call Santa's secretary at the Nene Valley Railway on (01780) 784444 or visit his website www.nvr.org.uk. This is always a very popular event; many trains are already filling up, so early booking is recommended!

Tell advertisers you found them in Scan!
Cold Comfort

HOW TO DEAL WITH COLD-CALLING ROGUES

Recently, the local police have become aware of rogue traders cold-calling on houses in the area offering to do roofing work. The work has been scheduled to start one or two days after the contract was signed.

If you enter into a contract at home for work to be done on your property and the cost is over £35 you must be given a seven-day cancellation notice. This notice must be provided in writing on paperwork from the trader and it is not legally acceptable just to put it on their flyer. It does not matter whether the trader was uninvited or you rang and asked him to call; as long as the agreement to do the work was made at your home then you are entitled to the cancellation notice. The trader is then not permitted to start the work during this period unless you send him a letter agreeing for him to do so.

If the trader does not provide a written seven-day cancellation notice he is committing a criminal offence and the contract may not be binding. If you enter into an agreement you can cancel within the seven day period; if you are not given a cancellation notice you may have longer to cancel the contract.

If you receive flyers though your door, or are visited by salesmen, it is advisable to seek quotes from other traders before you agree to have any work done. Please remember that most legitimate traders will not cold call.

If you have any suspicions that rogue traders have visited you or been operating in your area, please call Cambridgeshire Police on 0345 456 456 4 or Consumer Direct on 0345 04 05 06.

SCAN says: Why run the risk? We carry adverts from reputable local businesses who rely on the custom and goodwill of local customers. If your roof - or anything else - needs fixing, pick up SCAN and then pick up the ‘phone!

Charity Collectors

It has been brought to the attention of the Parish Council that people are making door-to-door charity collections in Stilton. While this is not in itself illegal, it is necessary to obtain a licence from the District Council to do so. Collectors MUST at all times carry identification showing on whose behalf the collection is being made. It is not sufficient merely to have a collecting pot with a logo - anybody can fake one of these.

If you are unsure about any door-to-door collectors, ask for proof of identity or contact the Licensing Officer at HDC on 01480 388388 who will verify - or otherwise - the authenticity of the caller.

And if you suspect that a caller is not genuine, contact the police and provide as much information as you can about the individual - especially if he/she is using a vehicle. Remember: genuine collectors will be only too happy for you to confirm their identity.
Parish Meeting Room

The Parish Room will be open from 10am to 11am immediately following Parish Council meetings, which are on the **Wednesday following the second Tuesday in the month**. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130.

**HIRING THE ROOM**

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building or in the surrounding cemetery.

**FEES:**

- All Day (9am - 6pm) £50
- Half Day (9am - 1pm or 2 - 6pm) £25
- Evening (6:30 - 10:30pm) £25

A deposit of £50 is required when booking.

Contacting our Local Police

**MAY THE FORCE BE WITH YOU...**

Yaxley Office: 1 Queen Street Yaxley PE7 3JE

Call 0345 456 456 4 and ask for the Yaxley office:

Yaxley Neighbourhood Policing Team Sgt. Keren Pope

**Stilton and Villages:**

PC Paul Sykes: 07889 499 066
PCSO Barry Chamberlain: 07921 094 828

e-mail:- any of the community team using this example format: paul.sykes@cambs.pnn.police.uk

Tell advertisers you found them in **SCAN!**
Staff News

Jan Guppy, our trusted phlebotomist, retired last month after completing over 15 years of service. She joined YGP on the 1st June 1995 and can recall when a busy morning was six patients needing blood taking! She now deals with up to 30 patients in a morning! Jan will be missed for her calm and reliable approach and always knowing which blood bottle to use for each test. Thank you Jan for your dedication to the patients at YGP, we wish you a long and happy retirement.

Sara Bailey - Nurse Practitioner

Breast Cancer Awareness

Breast cancer is the most common cancer in the UK; 1 in 9 women will develop it at some point in their lives. However, the number of women dying from breast cancer is falling due to increased detection and improved treatments.

Being 'Breast Aware' means getting to know how your breasts look and feel so you know what is normal for you and you can therefore detect any changes.

CHANGES TO LOOK FOR:

- Any lump or thickening;
- Change in size or shape;
- Change in skin (puckering or redness);
- Nipple changes (inverted nipple, nipple discharge);
- Swelling in the armpit or around the collar bone (enlarged glands).

TO EXAMINE YOUR BREASTS

- Begin by looking in the mirror with hands on hips, then raise your arms;
- Feel each breast in turn, remembering to check up to the armpit and to the collar bone;
- Then lie down and feel each breast again.

A good website with diagrams of how to self examine is: www.breastcancer.org

NHS screening by mammography (x-rays) starts at age 50 and continues every three years until age 70.

Dr Sharon Brackenbury
Who is Who? AND WHAT DO THEY DO?

This month we introduce our Dispensary Clerks, Ruth Watkins and Tammy Colbrook.

OUR ROLE AT YGP

As Dispensary Clerks our main duties are to process prescriptions, requested either via e-mail or fax, or from repeat slips placed into the black box in Reception.

We also deal with Care Homes and have many patients who have weekly prescriptions for medication which go into trays which are dispensed by Rowlands Pharmacy and are also delivered if required.

We also deal with many ‘phone queries from patients and hospitals. Orders are not taken over the ‘phone for security and time reasons; we are a very busy department processing many prescriptions each day. We also raise queries to your GP when medications are not updated and reviews are needed.

When the prescriptions have been issued and printed they are given to the On-Call Doctor for signature. They are then given back to the Dispensary Clerks to be sorted and sent to the relevant Pharmacy, or left in Reception for collection. This is why 48 hours are needed to complete this process.

1. Issue & Print required medications.
2. On-Call Doctor to sign at relevant times of day.
3. Prescriptions given back to Dispensary Clerks to be sent to relevant Pharmacies or left in Reception for collection by patient.
4. Pharmacy then has to dispense medications which are checked by a Pharmacist before being given to patient.

How’s Your Breathing?

Asthma and COPD (Chronic Obstructive Pulmonary Disease) are two respiratory conditions which are diagnosed, treated and monitored within the Practice.

ASTHMA

Over five million people are affected by asthma in the UK. Asthma is an inflammatory condition which can affect both children and adults. Symptoms are often triggered by pollen, dust, viral illnesses, pets, smoke or pollutants. Its main treatment includes inhalers to treat the inflammation and relieve symptoms, such as a cough or wheeze. Inhalers need to be taken correctly to be of benefit. An annual review within the nurse-led Asthma Clinic provides an opportunity to review medication, discuss treatment, assess any need for treatment change and offer advice regarding self-monitoring and management.

COPD

COPD causes airflow obstruction and affects over 3.7 million people in the UK. It is currently very under-diagnosed and its main cause is due to smoking. Diagnosis involves a simple breathing test (spirometry) which is performed at the Practice. Inhalers may help symptoms, which include a cough and breathlessness. Follow-up in the nurse-led COPD Clinic provides the opportunity to monitor breathlessness, assess and alter treatment as needed, and offer advice on managing breathless episodes or "exacerbations".

Anybody over the age of 35 who smokes can contact the surgery for a spirometry test, as early diagnosis and treatment can help slow its progression. The main advice is to stop smoking. Stop smoking support can be accessed by the Smoking Cessation Counsellor or members of the nursing team.

Ruth Watkins and Tammy Colbrook
Dispensary Clerks
**Diary Dates**

**CARER GROUP MEETING**
The next meeting of the Carer Support Group will be on Wednesday 3rd November 2010 from 2-4pm in the Health Education Room. All carers are welcome to attend.

**FOOD FOR THOUGHT QUIZ**
The Food for Thought Quiz will be held at William de Yaxley School on Saturday 13th November at 7:30pm. Tickets £7.00 each, which will include Fish & Chip Supper - please bring along your own drinks.

**NO MORE THAN 6 TO A TEAM**
Tickets from Linda in the Patients’ Library.

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**Muriel Ethel Woolner**
1949 - 2010

We record with sadness the passing of Muriel Woolner, a loss made all the more poignant by its suddenness.

With her elegant demeanour and striking blonde hair, Muriel would have been at the least a familiar figure to almost everybody in Stilton. She lived in one of the cottages at the lower end of North Street and had probably served most of us at some time or other while she worked in our village shops.

A service of thanksgiving for her life was held in St Mary’s on 14th October and attended by a great many of her friends and acquaintances.

We extend our condolences to all Muriel’s family and close friends.

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**AGE WELL CLUB**

**NOVEMBER 2010**

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker/Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Nov</td>
<td>Kevin Harrison</td>
</tr>
<tr>
<td></td>
<td>Oxford and Cambridge; City and University</td>
</tr>
<tr>
<td>9th Nov</td>
<td>Sue Stephenson</td>
</tr>
<tr>
<td></td>
<td>Daisies, Dick and the Family Pig</td>
</tr>
<tr>
<td>16th Nov</td>
<td>Coffee Morning</td>
</tr>
<tr>
<td>23rd Nov</td>
<td>Sheila Wood</td>
</tr>
<tr>
<td></td>
<td>You are never too old to write a book</td>
</tr>
<tr>
<td>30th Nov</td>
<td>TBA</td>
</tr>
</tbody>
</table>

For more details and information please see Linda in the Patients’ Library.

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**Mobile Library**

Every 4th Wednesday in the month

**Nov 24th, Dec 22nd**

3:10 - 4:00pm

Outside The Talbot

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**Yaxley Library**

**OPENING TIMES**

<table>
<thead>
<tr>
<th>Day</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2:30 - 7:00</td>
<td>9:30 - 1:00</td>
<td>Closed</td>
<td>9:30 - 1:00</td>
<td>2:00 - 5:00</td>
<td>9:30 - 12:30</td>
</tr>
<tr>
<td></td>
<td>2:00 - 5:00</td>
<td>9:30 - 1:00</td>
<td></td>
<td>2:00 - 5:00</td>
<td>2:00 - 5:00</td>
<td></td>
</tr>
</tbody>
</table>

**Renewals & enquiries:**
(0345) 045 5225
www.cambridgeshire.gov.uk/library
**Something for Everyone**

**ACTIVITIES FOR ADULTS AND TINIES THIS MONTH**

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**Adult Social Group**

We enjoyed a very relaxing and informative afternoon with the Introduction to Relaxation & Meditation in September.

Our next meeting is Wednesday 17th November at 2pm. Mark Garrett, author of "Angels Cry too", will be talking about his books.

Tickets are available FREE from Yaxley Library but spaces are limited. Please book early.

---

**Rhymetime**

Rhymetime sessions, aimed at babies aged up to 18 months, continue on the following Fridays at 10:30am:

- 5th and 19th November
- 3rd and 17th December

---

**Storytime**

Storytime sessions, aimed at children aged 18 months to 5 years, continue on the following Tuesdays at 10:30am:

- 9th and 23rd November
- 7th December

---

**Class visits**

We are looking forward to welcoming the Reception classes from both Fourfields and Yaxley Infants School during November.

---

**Having Difficulty Getting to the Library?**

If you love reading but struggle to get to your local library because of health or mobility problems, help is available: you can be matched with a friendly volunteer from Cambridgeshire Libraries Doorstep Service who will visit you once a month with a supply of the kind of books you enjoy.

To find out more about getting this amazing free service or becoming a volunteer for it, contact Anne Evans, the coordinator, by phoning (01480) 375023 or by e-mailing anne.evans@cambridgeshire.gov.uk.
Field Trial
SPORTS FIELD QUESTIONNAIRE RESULTS

The Parish Council would like to thank everybody who took the time and trouble to complete and return the questionnaire we published earlier this year. We now have some high-quality information on which to base a strategy for the long-term development of the playing field. Pleasingly, responses were evenly split between the age groups; 61 adults and 66 young people responded. While there were some points common to both, the differences in interests were revealing. (Note: not all questions were answered by all respondents.)

<table>
<thead>
<tr>
<th>DEMOGRAPHY - PEOPLE IN HOUSEHOLD</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Based on information from the Adult returns)</td>
</tr>
<tr>
<td>&lt;17</td>
</tr>
<tr>
<td>32</td>
</tr>
<tr>
<td>25%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>USE OF THE FIELD</th>
</tr>
</thead>
<tbody>
<tr>
<td>CURRENTLY</td>
</tr>
<tr>
<td>Adults</td>
</tr>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>13</td>
</tr>
<tr>
<td>29%</td>
</tr>
</tbody>
</table>

So no particular surprises there; ‘Yes please, we’d all like better facilities!’

Of the current uses, the most popular were the skate park, playing with one’s children/grandchildren, and football training, as well as ‘hangin’ out’ by the younger generation.

DEAR SANTA...

As to what people would like to see on the field, the age groups differed. Adults ranked a football pitch first, while the youngsters preferred more challenging play equipment. They ranked a football pitch only 6th.

Both groups were equally keen on a kick-about area with a goal, a Multi-Use Games Area (MUGA), play equipment for the under-8s and a cricket pitch. (Nice to see young people interested in cricket!)

Among the small number of other suggestions were a rugby pitch, a zip wire, bungee jump (!), climbing wall, tennis courts and a bowls green.
Among the various comments made, it was pointed out that the village already has a community hall, the school hall, Church Meeting Room and Parish Council room, which can variously accommodate groups up to around 200 people; what we need are changing/toilets facilities for sports use.

It was also observed that no one sport or activity should dominate and that the field should be a community facility for all users. It was even suggested that the Football Club should buy and manage its own field.

Floodlighting was mentioned by a couple of respondents, but we take this to mean ‘when there’s something to floodlight!’

<table>
<thead>
<tr>
<th>What you want:</th>
<th>Adults</th>
<th></th>
<th>Youths</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rank</td>
<td>Votes</td>
<td>Rank</td>
<td>Votes</td>
</tr>
<tr>
<td>Picnic/Seating area</td>
<td>1</td>
<td>40</td>
<td>1=</td>
<td>43</td>
</tr>
<tr>
<td>Toilet Block</td>
<td>2</td>
<td>37</td>
<td>1=</td>
<td>43</td>
</tr>
<tr>
<td>Benches</td>
<td>3</td>
<td>35</td>
<td>2</td>
<td>36</td>
</tr>
<tr>
<td>Steel building with changing rooms</td>
<td>4</td>
<td>34</td>
<td>4</td>
<td>23</td>
</tr>
<tr>
<td>Sports pavilion ditto</td>
<td>5</td>
<td>33</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>Community hall, with large activity area, kitchen, changing rooms etc</td>
<td>6</td>
<td>32</td>
<td>5</td>
<td>19</td>
</tr>
<tr>
<td>Youth Shelter</td>
<td>7</td>
<td>5</td>
<td>3</td>
<td>26</td>
</tr>
</tbody>
</table>

So there seems to be a surprising level of agreement between all generations and opportunities for a few quick wins.

The village took a very brave decision to buy a freehold field as a long-term asset for the community, but for ‘brave’ read ‘expensive’! The Parish Council has very limited funds for any local development; it has already cost more to make the improvements to the field so far than it did to buy it in the first place.

Encouragingly, the answer to the question about willingness to pay extra Council Tax was a guarded ‘OK’, with about 55% of the adults saying ‘yes.’ Nobody wants to pay more tax, least of all in today’s economic climate, but this does suggest that many residents would be willing to contribute to a tangible village asset.

So thanks to all who contributed to this survey, and congratulations to the lucky draw winners, Donna Guest and Elena Newell.

Grant support for any such community development projects is likely to be scarce now for obvious reasons, but this information, and the experience at the Parish’s disposal for knowing how best to go about waving the begging bowl, at least gives us some sort of chance.

And you’ll read about it in SCAN, of course!

**Village Consultation - Phase 2**

**Stilton Memorial Hall**

7:30pm

Following the questionnaire, Stilton Parish Council will hold a meeting for all Stilton organisations to discuss the development of village facilities. All organisations will be invited to be represented and any resident is welcome to come.
St Mary Magdalene Church Stilton

STILTON CHRISTMAS FAYRE & CRAFT SALE

Saturday Nov 20th

1.30 pm
In the SCHOOL

Bric a Brac, Cakes,
Handicrafts, Plants
Fresh Vegetables
& Cards
Ladies Accessories
Books

Children's Toys
Splat the Rat
Tombola
Tools

Craft Sale

Refreshments

The Bran Tub is back

Contributions or helpers, please contact
Beryl on: 01733 240538 or Linda on: 01733 244666
Stilton Community Association
(by permission of Stilton Parish Council)

PRESENTS STILTON’S ANNUAL

Firework Festival!

Sunday Nov 7th
Stilton Playing Field

Gates open 6:00pm  Beacon lit 6:30pm  Fireworks start 6:45pm

Display produced and operated by
Kimbolton Fireworks

Bonfire Night Food!
Fairground rides!
Candy floss!
Necklaces!
Sparklers!

Bring your family and friends for a great evening’s entertainment!

Tickets from Stilton Garden Centre or on the gate
£5 adults - £2 children 5 and under
£10 family ticket - in advance only

Tell advertisers you found them in SCAN!
**FOSS FUNDRAISING BRINGS YOU A**

**CAR BOOT SALE**

Saturday 27th November 9 - 11am
at Stilton School
£5 per car

All proceeds to FOSS Fundraising for Stilton School
Please arrive from 8:00am

---

**FOSS Diary Dates**

PUT THEM ON YOUR CALENDAR NOW!

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th November 2010</td>
<td>Stilton's Got Talent - 6pm</td>
</tr>
<tr>
<td>27th November 2010</td>
<td>Car Boot Sale</td>
</tr>
<tr>
<td>10th December 2010</td>
<td>Christmas Bazaar - after school</td>
</tr>
<tr>
<td>4th February 2011</td>
<td>Quiz Night</td>
</tr>
<tr>
<td>4th March 2011</td>
<td>Bedtime Story - 6pm</td>
</tr>
<tr>
<td>25th March 2011</td>
<td>Bingo - 6pm</td>
</tr>
<tr>
<td>2nd May 2011</td>
<td>Cheese-Rolling Stall</td>
</tr>
<tr>
<td>8th July 2011</td>
<td>Summer Fete</td>
</tr>
</tbody>
</table>
Christmas Fete and Funtime

Saturday 4th December 2pm – 4pm
in Stilton Village Hall
Come and meet Santa in his Grotto!

Lots of other activities to enjoy
- Tombola
- Lucky dip
- Raffle

Refreshments and cakes available
So come along and join in the Christmas fun!

Santa Claus is coming to town!

on
11th & 12th December
4:00 - 6:00 pm

Come and give him a wave!
You are invited to a

**Ladies’ Breakfast**

November 20th 8:30am at The Bell Inn, Stilton

*Speaker: Sheila Bucknell*

Hear about the work of Peterborough Street Pastors

Tickets £7 from Sheena - call (01733) 240282

---

**FOLKSWORTH VILLAGE HALL**

**PRIZE BINGO**

**DECEMBER 3RD**

EYES DOWN 7:30pm

Ticket cost includes refreshments and raffle

Bring your own drinks (Alcoholic or non alcoholic)

Open to children

---

**Stilton Stumblers**

**Winter Itinerary**

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>31 Oct</td>
<td>Foxton Locks</td>
<td>14 Nov</td>
<td>TBA</td>
</tr>
<tr>
<td>28 Nov</td>
<td>Old Warden</td>
<td>12 Dec</td>
<td>Greetham / Fort Henry</td>
</tr>
</tbody>
</table>

All our regular walks are between 6 - 8 miles and meet at 10:00am at The Pump

For more information about Stumbling, visit http://stumblers.stilton.org

or call Jan on 07740 167377 (mobile) - or just turn up on the day with your boots on!

---

**Yaxley Flower Club**

<table>
<thead>
<tr>
<th>Date</th>
<th>Speaker</th>
<th>Date</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>18th Nov</td>
<td>Sharon Badger</td>
<td>20th Jan</td>
<td>Phillippa Phillips</td>
</tr>
<tr>
<td></td>
<td>‘Christmas Time’</td>
<td></td>
<td>‘My Life in Flowers’</td>
</tr>
<tr>
<td>17th Feb</td>
<td>Barbara Collins</td>
<td>17th Mar</td>
<td>Club AGM</td>
</tr>
<tr>
<td></td>
<td>‘Brighter Days are coming’</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Contact: Helen Burton - (01733) 242198**

Meetings are held at 7:30pm on the 3rd Thursday of each month (excl. Aug & Dec)

at the Yaxley British Legion, Broadway, Yaxley,
1ST STILTON BROWNIES PRESENT

CAPTAIN HOOK

A PANTOMIME IN TWO ACTS
ALSO VARIETY ACTS BY BROWNIES AND RAINBOWS
WEDNESDAY 1ST DECEMBER
6:00 - 7:30 PM
STILTON MEMORIAL HALL

REFRESHMENTS INCLUDED

ADULTS £2
CHILDREN £1
TICKETS FROM:
SUE (01733) 243410
JEN (01733) 244288
Celebration Concert

St Mary Magdalene Church, Stilton
Saturday 4th December 7:30pm

Featuring

Flute soloists Kate Osborne and Patrick ‘the man with the golden flute’ Williams

The Festival of Flutes Choir

and other guest artists.

Kate has arranged a selection of music ranging from the hauntingly beautiful to the dazzlingly brilliant for our pleasure in this Celebration Concert.

Light refreshments will be available in the interval.

Proceeds in aid of Saint Mary Magdalene Church, Stilton

Adults £10.00
Under-16s £5.00

Tickets from
Kate,
Hi-Lite Stilton
or The Rectory

Supporting Stilton Church

Dinner Dance at The Bell Inn

November 26th 7:30pm

£23.50 per head

For more info and tickets for this popular event call (01733) 241023 or 240282