Charity Special Issue

PLODDING ALONG
LOCAL PC TO WALK 300 MILES FOR HELP FOR HEROES

SIGNED OFF
LOCAL GPS PRESCRIBE THEMSELVES A REST CURE

GONE BUT NOT FORGOTTEN
WHAT STILTON HAS LOST IN 25 YEARS

BOTTLE OUT
BLUE BINS WILL NOW TAKE YOUR EMPTIES!

TEAM TIME
GET YOUR CHEESE-ROLLING ENTRIES IN!

Unaccountably, this month we are overwhelmed with news about local people’s charity activities. More worthy causes than you can shake a stick at! Come on Stilton - we know what a generous bunch you are!
GREY BIN DAYS:
Thur 8th, Wed 21st April, Thur 6th May

GARDEN BIN DAYS:
Wed 1th & 28th April

RECYCLING DAYS:
Tue 13th & 27th April

For up-to-date collections information, visit www.huntsdc.gov.uk

NOW RECYCLING BOTTLES!

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Tell advertisers you found them in SCAN!
Last month a young mother appealed to dog walkers to use the bins, so it is doubly annoying that early on Friday evening, March 12, someone thought it funny to empty the bin outside the school and spread the contents across the pavement and into the road.

Once again, some people rose to the challenge and cleared away the mess very early before the Parish Council's contractor, Bryn got there. Thanks to Yvonne Warner and to those attending the Church Men's breakfast, particularly Peter Newman and Ken Ascott, and also to Bryn for turning out early on a Saturday morning.

If anyone saw the idiot turning over the bin please name and shame. It may be the same person who has fired the newspaper collection bin. The Police have been alerted.

Time Team

Time Team carried out a very successful excavation of the old PoW camp in summer 2009. The programme will be broadcast in the 2010 series. After this, Paul Chamberlain, one of the experts involved, and a member of the Friends of Norman Cross Committee, will give a talk at the Norman Cross Gallery on the making of the programme.

St Mary Magdalene, Stilton

Men’s Prayer Breakfast

Try to join us for this monthly breakfast get-together.

Apr 10th

We meet at 8am in the Church Meeting Room. After eating, we take time to share and to pray, usually finishing around 9am.

(If you are coming, it helps to let us know a couple of days before if possible.)

Ring Richard 240282 or Doug 242229

Tell advertisers you found them in SCAN!
PARKING PROBLEMS
Complaints are coming from all over the village about inconsiderate parking on pavements and footpaths. Please make sure you leave space for wheelchairs, disabled scooters, push-chairs and prams, as well as pedestrians. One particular parking problem is on the cycle path which runs from Norman Cross to the B1043. This is NOT a car parking area - farmers are being denied access to their fields. HGVs are to be prohibited and other vehicles must make sure they do not block access.

Parking at the Norman Cross Eagle monument is also causing problems for residents and visitors. At least one car owner has been fined for inconsiderate parking. The police are keeping their eyes open and have promised to take action against motorists who park illegally, impede or deny others access to their property.

PARISH MEETING ROOM
The outstanding work has now been completed and the final invoice will be paid.

BUS SHELTERS
These will be professionally cleaned twice a year by Bryn Gaffney.

ALLOTMENTS
15 landowners have now been approached, twice, but none can offer any land. The Parish Council is now to seek advice from Huntingdonshire District Council. A garden share scheme is a possible solution.

CCTV
At the request of the Memorial Hall Committee and residents in the centre of the village, the Parish Council is looking at the feasibility of linking in with the CCTV on the playing field.

PLANNING
Concerns over two recent planning applications were put to Huntingdonshire District Council's Development Management Panel which is chaired by Peter Mitchell.

1. The Panel agreed to 4 Church Street change of use of shop to hot food takeaway.

2. Consultation on the new township of Great Haddon. The Panel agreed to approach Peterborough City Council with the concerns of the residents of the adjoining Parishes (including Stilton). Subsequently a meeting attended by Peterborough City Councillors, County and District Councillors and our M.P. Shailesh Vara, began to co-ordinate the responses of the affected Parishes. SCAN will keep residents informed about any further developments.
Got a bright idea, question or issue about your local area?

Why not come along to your next Neighbourhood Forum meeting? Find out more about what’s going on in your neighbourhood, services you can access, and talk to us about your ideas and issues.

Interested?

North West Huntingdonshire
Fourfields School, Yaxley
Monday 19th April 2010, 7pm

Hot Topic for April Meeting: Great Haddon Development

For more information, contact Kirsty Squires on (01480) 388767 or visit www.huntingdonshire.gov.uk and have a look at our Neighbourhood Forums pages.

Instead of their normal lessons, children at Stilton Primary had a week of activities based all around 'French' writes Deputy Head Teacher Helen Smallman.

With the help of an array of visitors, both from the local community and from St Christol, they learnt about France (and in particular St Christol) and how to speak French. They cooked French recipes, learnt French songs, listened to French stories and played games in French.

Some classes made the Eiffel Tower from art straws and painted in the style of French artists such as Monet and Cezanne. A continental breakfast was served for the 'early birds' and a French menu provided at lunchtime. The children were very enthusiastic about their learning and had great fun doing so.

Our thanks go to the Twinning Association (in particular Chris and Linda Walford, Pat Maltman, Olive Main, Danielle Robail and, from St Christol, Dominique Soumlingeas.) Also to other members of the community who have given their time willingly.

Once again the children of Stilton School are collecting Tesco and Sainsbury's vouchers, so even if you don’t have school-age children, please collect them and bring them into the school. Many residents supported our collections last year, which helped to obtain some much-needed equipment.

The school is still collecting used stamps and foreign coins for the Spinal Injuries Association, which is helping servicemen injured in Afghanistan. A one kilo bag of stamps has already gone to the appeal.

The children are also hoping to set up a Lego Club, but so far they have lots of enthusiasm but not a lot of Lego! If anyone has any Lego that they no longer need please send it along to the school.
Parish Meeting Room

The Parish Room will be open from 10am to 11am on Wednesdays immediately following Parish Council meetings. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130. Upcoming open days will be: 14 April, 11 May and 9 June.

HIRING THE ROOM

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building or in the surrounding cemetery.

FEES:

<table>
<thead>
<tr>
<th>Service</th>
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<tbody>
<tr>
<td>All Day (9am - 6pm)</td>
<td>£50</td>
</tr>
<tr>
<td>Half Day (9am - 1pm or 2 - 6pm)</td>
<td>£25</td>
</tr>
<tr>
<td>Evening (6:30 - 10:30pm)</td>
<td>£25</td>
</tr>
</tbody>
</table>

A deposit of £50 is required when booking.
By George!
CELEBRATE OUR NATIONAL SAINT - 23rd APRIL

While Easter is the main event this April, don’t forget to celebrate St George’s Day. Wear a red rose and fly the St George's Cross.

Of course, he isn’t only England’s patron saint. St George’s Day is celebrated in many other countries and is a holiday in Newfoundland. He is also the patron saint of the Scout Movement. In Catalonia, Spain it is traditional to give a rose and a book to a lover, which led to the United Nations making 23 April the International Day of the Book and also commemorates the deaths on this date of William Shakespeare and Cervantes (author of Don Quixote).

In England St George's Day was a holiday almost as important as Christmas but gradually fell out of favour. So we don’t have any traditional foods associated with the day. We can adopt some from other celebrants. In Bulgaria, roast lamb recognizes St George as the patron saint of shepherds while in Barcelona ‘Saint Jordi’s’ cake will be eaten. But we’re English, so let’s celebrate good English food: roast beef with Yorkshire pudding and roast parsnips; scones with strawberry jam and cream; bangers and mash; shepherd's pie; bread and butter pudding, or for a local flavour, a Stilton ploughman's served with a mug of Bombardier from the Talbot!

English Stew (for 4)
(Make it with English ingredients!)
- 1lb diced braising steak
- 1 large onion sliced
- 1 carrot sliced
- 1 stick of celery sliced
- Small tin of chopped tomatoes
- Pinches of salt, pepper, sage, thyme
- ¼ pint of beer
- ¼ pint stock

Dust the meat with flour, then brown in oil or dripping. Add the vegetables briefly then pour on the liquids. Add the tomatoes and seasonings. Cover and simmer gently for two hours. Serve with dumplings and mashed potatoes. Or bubble & squeak!

Church Events this Easter

Maundy Thursday, April 1
8pm  Holy Communion at Haddon

Good Friday April 2
8am  Breakfast at Folksworth Village Hall, followed by a walk to Stilton.
9:30am  Hot drinks and Hot Cross Buns at the Junction followed by an outdoor service
2 - 3pm  Quiet Hour in Stilton Church

Easter Day April 4
8am  Holy Communion
11am  Holy Communion
Parental Consent Form

I hereby give permission for .................................................................

to take part in the Junior Cheese-Rolling Championship on May 3rd 2010
Name: ........................................................................
Address: ........................................................................

........................................................................
Signed: ........................................................................
Date: ........................................................................

This form must be returned with the Junior Team Entry Form to Olive Main, 8 Caldecote Rd, Stilton. **Teams will NOT be allowed to compete unless a consent form has been received for EVERY member.**

---

**Coming soon to Sawtry Children’s Centre!**

- Dads’ group
- Bumps & babies
- First Steps
- Safety sessions (First Aid etc)
- Messy play
- Toddler Yoga
- Baby massage

- Toddler drama
- Make-up sessions for Mums
- Melody Makers
- Toddlers do lunch
- Grandparents’ group
- Stay and Play - Stilton, Sawtry, Elton & Great Gidding

**SureStart**

Children’s Centre

Cambridgeshire

Cambridgeshire

County Council

Look out for the new timetable!

If you have any questions or would like further information please contact Sue on tel: 07767 770518 or email: sue.day@cambridgeshire.gov.uk

Tell advertisers you found them in SCAN!
STILTON CHEESE ROLLING 2010
JUNIOR CHAMPIONSHIPS

Sponsored by Stilton & District Twinning Assn

RULES:

1. Competitors must be between 10 and 14 years of age
2. Teams will be made up of 4 young people and may be all boys, all girls or mixed.
3. All competitors must cover arms and legs
4. The rules of Cheese Rolling apply
5. The referee's decision is always final
6. The competition will be limited to 8 teams, on a “first come, first served” basis.
7. There will be a prize for the best-dressed team and a prize for the winning team.
8. Parental permission for EACH team member must accompany this entry form. (Use form overleaf)

ENTRY FORM

Team Name: ..............................................................
Team Members: 1 ..................................................
               2 ..................................................
               3 ..................................................
               4 ..................................................
Contact Name: ..........................................................
Address: ..........................................................
Tel No: ..........................................................

Parental permission

All participants in Cheese Rolling do so at their own risk and Stilton Community Association accepts no liability for any accidental injury arising
STILTON CHEESE ROLLING 2010
SENIOR CHAMPIONSHIPS

RULES:

1. Teams will consist of 4 members including the captain.
2. Teams will be all male or all female.
3. No one under the age of 15 yrs may be included in a team.
4. Cheeses must be rolled by hand; no kicking, throwing or picking up of the cheese is allowed and teams MUST keep to their allotted lanes.
5. Each team member MUST roll the cheese at least once during the race.
6. The first cheese to strike the end boards of the course wins.
7. The referee’s decision is always final.
8. Teams must report to the control tent by 11:00am.

ENTRY FORM

Team Name  .............................................................................................
Team Members:  1 ..................................................
                2 ..................................................
                3 ..................................................
                4 ..................................................
Contact Name: ............................................................
Address:  ..............................................................................
Tel No:  ..............................................................

Entry form and fee of £5 per team (payable to STILTON COMMUNITY ASSOCIATION) to Race Controller: Mrs O Main, 8 Caldecote Rd, Stilton, Peterborough PE7 3RH Fees will be refunded to teams in fancy dress.

All participants in Cheese Rolling do so at their own risk and Stilton Community Association accepts no liability for any accidental injury arising.

Tell advertisers you found them in SCAN!
Twinning Association Events 2010

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<th>Date</th>
<th>Event Description</th>
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</thead>
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<td>8 - 13 April</td>
<td>Mixed junior football exchange visit to St Christol</td>
</tr>
<tr>
<td>24 April</td>
<td>Quiz Night, 7:00 for 7:30 pm, Village Hall</td>
</tr>
<tr>
<td>18 - 20 June</td>
<td>Weekend visit to Lille (See advert in this issue)</td>
</tr>
<tr>
<td>8 - 13 July</td>
<td>Mixed junior football exchange return visit to Stilton</td>
</tr>
</tbody>
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All the funds raised by the Association provide for travel grants for young people on exchange visits to St Christol, and to fund the activities here when groups visit from St Christol.

If you are interested in becoming involved in the Association please contact Chris Walford on 241376 or clstilton@btinternet.com

Stilton Stumblers

Spring Itinerary

<table>
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<th>Date</th>
<th>Location</th>
<th>Date</th>
<th>Location</th>
</tr>
</thead>
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<td>11th April</td>
<td>Southey Woods</td>
<td>17th April</td>
<td>Weekend in Wensleydale</td>
</tr>
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<td>25th April</td>
<td>Water Newton</td>
<td>9th May</td>
<td>Ampthill</td>
</tr>
<tr>
<td>23rd May</td>
<td>Benefield</td>
<td>29th May - 4th June</td>
<td>Weekend in Yorkshire</td>
</tr>
<tr>
<td>6th June</td>
<td>TBA</td>
<td>20th June</td>
<td>Volunteer required!</td>
</tr>
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All our regular walks are between 6 - 8 miles and meet at 10:00am at The Pump

For more information about Stumbling, visit http://stumblers.stilton.org or call Jan on 07740 167377 (mobile) - or just turn up on the day with your boots on!

Contacting our Local Police

MAY THE FORCE BE WITH YOU...

Yaxley Office: 1 Queen Street Yaxley PE7 3JE

Call 0345 456 4564 and ask for the Yaxley office:

Ext: 4162: Yaxley Neighbourhood Policing Team Sgt. Karen Ingham
Ext: 4171: Yaxley NPT Community Officers (Voice mail facility)

Stilton and Villages:

PC Sue Walker: 07889 499 066
PCSO Barry Chamberlain: 07921 094 828

email:- any of the community team using this example format: karen.ingham@cambs.pnn.police.uk

Tell advertisers you found them in SCAN!
Striking Oil
ARE LOCAL THIEVES SIPHONING YOUR TANK?

Following our alert last month about thefts of heating oil, nearby rural areas have been hit, with a spate of thefts in Leighton Bromswold and Barham so please be vigilant. The police have been conducting extra patrols in rural areas, particularly in the evenings and overnight.

Have you seen anything suspicious recently, any vehicles or people looking out of place? If so, please contact PCSO Anna Holder on 0345 4564564, or contact your Neighbourhood Watch coordinator.

On Watch

Neighbourhood Watch is a big and successful local crime prevention initiative and the police are always looking to increase the number of such schemes. By getting together with your neighbours to take action, residents can help the police cut local crime.

Neighbourhood Watch schemes are active partnerships with the police and can:
- Cut crime and the opportunities for crime
- Help and reassure those who live in the area
- Encourage neighbourliness and closer communities
- Create better places in which to live, work and play

It's about creating communities who care. It brings local people together and can make a real contribution to improving their life and environment.

Gotcha!

Friday March 12 was a national ANPR (Automatic Number Plate Recognition) day of action across the eastern counties. Traffic officers were supported by colleagues from specialist search teams, sniffer dogs and detectives. More than 34,000 vehicles went through the ANPR cameras, of which 3% were ‘hits’ for criminality or motoring offences.

Results from the day included ten arrests and 76 fixed penalty notices for various motoring offences. 34 vehicles were seized (18 for no insurance and 16 for other reasons such as no tax or not being roadworthy.)

ANPR scans number plates, which are immediately cross-checked with the Police National Computer. It checks to see if the vehicle is taxed, insured, or wanted in connection with a crime. Officers will stop a suspect vehicle to investigate if an offence has been committed.
Yaxley Group Practice
(01733) 240478
Dr. Tom Davies and Dr. Phil Hartropp

The ‘bush telegraph’ has already been alerted that Dr. Tom Davies and Dr. Phil Hartropp are both due to retire this year.

We feel it is important that all patients are made aware that Tom will cease clinical work in May, and Phil at Christmas. Both will have been here at Yaxley Group Practice for a total in excess of 62 years!

Arrangements are well in place for able successors to sit at their desks in future. Dr. Peresh Gela will commence work from 1st April. He is a local doctor, having been educated at Jack Hunt School before going on to Nottingham University for his medical training, finally joining the Peterborough Vocational Training scheme for General Practice, exactly as Tom & Phil did a few years ago before training became compulsory. We are also about to advertise for a further partner to join later in the year.

We have already received some enquiries from patients who wish to make a donation in grateful thanks for their care from Tom & Phil over the years. It is our intention that all donations received will go to YGP’s Patients’ Association, which they are proud to support, as one of the earliest in the country (1983) - and in many ways still the best.

Chlamydia
TESTING FOR THE UNDER 25s

Chlamydia is the most commonly diagnosed sexually transmitted infection in people under 25. Often there are no symptoms. If Chlamydia goes undetected, it can cause pelvic infections and infertility.

Fortunately, testing and treatment are simple. At YGP we offer free and confidential testing for Chlamydia for those under 25. This involves a self-taken swab for females and a urine sample for men. If you have had any sexual contact, you are at risk from Chlamydia and could be passing it on to subsequent partners. Treatment is with antibiotics and is simple and effective. If you would like to be tested, please make an appointment with one of the Nurses.

Cradle Club
Health Education Room
Thursdays 10:30 - 11:30am

April 22nd Library & Bookstart
April 29th Real nappies
May 6th What to expect at the 1 year review
May 13th Weaning Part 1
May 20th Weaning Part 2
May 27th Benefits of using the children's centre
June 3rd Half term - no Cradle Club
June 10th Sun safety

Please note the change of times. Tea, coffee and biscuits provided

Michelle McKenzie, Nursery Nurse
Salt

WHAT IS ALL THE FUSS ABOUT?

Eating too much salt is bad for your health. This is because it can raise your blood pressure, which can increase your chances of heart disease and stroke. Adults should aim to have no more than 6g of salt daily (about one teaspoon); children should have even less.

75% of the salt we eat is already hidden in the food we buy, particularly ones which have been processed or are 'Ready Made'. Salt can be found in surprising places such as bread and breakfast cereals. Some ready-to-eat soups contain as much salt as five bags of crisps!

So the next time you are out shopping, check the food labels and choose foods which are lower in salt, or do not have added salt. Try not to add salt automatically when you are cooking or at the table. Go easy on the ketchup, soy sauce, mustard, pickles and mayonnaise too. Try adding herbs and spices to meat and vegetables to enhance the flavour.

When you reduce your salt intake it takes a few weeks for your taste buds to adjust and become more sensitive again. Don't be too concerned about the exact amount of salt you eat; instead try to always eat foods with the lowest salt level. The less you eat the better.

Dr Richard Withers

The GP Patient Survey

The Department of Health (DH) is running the GP Patient Survey again this year to assess patients' experiences of their local NHS services. The questionnaire covers a wide range of issues that are important to patients when attending the practice.

To improve the reliability of the results, it is important that as many patients as possible who are invited to complete the survey return their questionnaire.

Patients' Association AGM

The Patients' Association AGM will be on Monday 26th April at 8pm, refreshments will be served from 7.30pm, in the Health Education Room.

If you would like to know more about the Patients' Association, what it stands for and achieves on behalf of you, our patients, how we raise our funds, and how the money is spent to benefit different groups of patients, doctors and nurses, then come along to the AGM.

Our guest speaker will be Katie Baldwin, Commissioning Services Improvement Manager for NHS Cambridgeshire. She will give a presentation on the Carers' Prescription, which provides short-term respite care to carers.

Diary Dates

Half-Day Closing

The Practice will be closed on Wednesday 21st April 2010 from 1pm till 4pm

Easter Holidays

The surgery will be closed on Good Friday, 2nd April and Easter Monday 5th April. We will be open on Saturday morning 3rd April.

Carer Group Meeting

The next meeting of the Carer Support Group will be on Wednesday 7th April from 2-4pm in the Health Education Room.
Young readers enjoying Spot’s 30th birthday party at Yaxley Library.

Friends of Norman Cross
www.friendsofnormancross

Founded in 2009, this group exists ‘to promote interest in all things connected with the history of Norman Cross and its setting.’ Subscriptions are only £8 and are now due. If you would like to join please contact the Treasurer Mr D Maltman 3 Willow Close Stilton (242229)

VISITS
Saturday 5 June to Kings Lynn
Cost £20 + entry fees. Coach leaving Norman Cross at 8:30am returning at approx. 6pm. A guided visit to the museum and a walk with a Blue Badge Guide round the town in the afternoon. We will explore Kings Lynn’s links with the prisoners at Norman Cross.

Saturday Sept 18 to Greenwich
Cost £20. Coach leaving Norman Cross at 8am returning at approx. 7pm. As there are so many attractions all of them free of charge no organized tours will be arranged but suggestions will be made. The new Greenwich Experience will be open.

If you would like to book a place on either visit please send your name, address and telephone number and a deposit of £20 per person per trip to Doug Maltman 3 Willow Close Stilton. Cheques payable to ‘Friends of Norman Cross’ please.
On the 16th of February we had a fabulous Storytime to celebrate Spot’s 30th Birthday. The children listened to stories, sang songs, made birthday hats and enjoyed a delicious birthday cake.

Revolting Rhymes and Dirty Beasts
We are proud to announce that the highly-acclaimed storyteller Andy Hawkins will be here in Yaxley Library on Saturday 17th April between 2 - 3pm, bringing to life the hilarious poems and rhymes of Roald Dahl. (The session is suitable for children aged 6 upwards.) Tickets are available from the library, priced at £2 each. Early booking is recommended as numbers are limited.

New Adult Social Group
We are to launch a monthly social group "Engage in the afternoon".
Come along and meet other people for a chat, listen to a speaker and enjoy a tea or coffee.
Our meetings will be on the 3rd Wednesday of every month, commencing 21st April at 2:00pm with "Rob's Fantastic Fishing", a fascinating look at the sport with an award-winning fisherman.

New Adult Reading Group
Would you like to take part in a reading group but are unable to find the time during the day?
We are considering starting a new Reading Group for adults, meeting monthly within the Library on either a Monday evening or a Saturday morning.
If you would like to take part in the group please register your interest in the Library.

New to Computers?
We have a free IT taster course available in the Library on a Thursday from 10:00am to midday, or a Friday from 2 - 4pm.
This is a three-week course, aimed at those who wish to take their first steps into the world of computers, email and the Internet.
To reserve a place please telephone 0345 045 5225.

Mobile Library
Mar 10th & 24th
3:15-3:45pm
Outside The Talbot
Keeping Well
News from the Wellside Clinic
(01487) 830340

Swine ‘Flu Vaccinations

As requested by the Department of Health, we will be continuing to offer the swine flu vaccination throughout the forthcoming Spring and Summer months to patients who fall within one of the following risk groups:

- **All patients aged 6 months and above with a long-term health condition including:**
  - Chronic lung disease
  - Chronic heart disease
  - Chronic kidney disease
  - Chronic liver disease
  - Chronic neurological disease
  - Diabetes
- Any patient who is pregnant
- Any patient who is immuno-compromised due to either disease or a treatment they are receiving
- Household contacts of an immuno-compromised individual

If you, or your child, fall into one of the above categories and you would like to attend for a vaccination, please contact our reception team on (01487) 830340 to book an appointment.

Out of Hours Service

The provision of the Huntingdon area out of hours service which provides emergency access to a GP when the surgery is closed (evenings 6pm to 8am, weekends and bank holidays) will be taken over by Urgent Care Cambridgeshire (UCC) as of Thursday 8th April 2010. If you need emergency GP care during the out of hours period you should continue to call the surgery on 01487 830340 - you will then hear an answerphone message giving you the number to contact. Please be aware that you can also call UCC directly during the out of hours period and you may wish to note their number for ease of reference - 0330 123 9131.

2010 Practice Closure Afternoons

We have a number of afternoons throughout the year when we are permitted to close to facilitate staff training. Please be aware that we may be closed from 1pm on the dates listed below. During afternoon closures emergency cover will be provided by the Out of Hours service.

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Mrs Claire Wright, Practice Manager
Cold Starting

YAXLEY RUNNERS THRIVE IN THE COLD WEATHER

While it may still be cold out there, the nights are finally getting a little bit shorter, which makes it far more enjoyable to put on the trainers and head out for a run, writes Duncan Jackson. Of course, we masochists who are training for a spring marathon have had to be out in all weathers to prepare for what will be, for most, their biggest challenge of the year.

A Stamford Mercury

Apart from our own Folksworth 15 race, the biggest warm-up event in the area is the gruelling Stamford 30k. This year, the club had a fantastic 16 member turn-out. Gavin Farrow put in a superb performance to lead the team home and shatter his personal best in 2:20:17, followed home shortly after by Ian Vallance and Hugh Burton. First lady home was Claire Piercy, who continued her great run of form by finishing in 2:27:37.

Glorious mud

The club also sent a small team up to Leeds for a rather muddy National Cross-Country Championships. Brian Johnson was the pick of the men's team, which also included Lenny Peacock, Mat Bone and Ezequiel Ravettini. Natasha Johnson was first lady home, ahead of Claire Piercy, Sally Valentine and Karen Freeman.

Peacock’s feathers

Finally, the club concluded its Frostbite Friendly League campaign with a five-mile race at the BRJ club in Huntingdon. Once again there was a fantastic Yaxley turnout, which ensured that we finished the season in 13th place after one of our best campaigns in years. Young Adam Peacock managed to finish in the top 60 as the first runner home, while Tasha Johnson was the pick of the lady runners.

If you fancy taking up running, or already run and would like to join a club, why not pop along to a club night? We meet every Monday at the Hampton Hargate Sports Centre, in Beaumont Way, at 6:30pm. All abilities are catered for, and we promise that no one will get left behind!
In support of PC Chris Payne and his colleagues, who are attempting to complete the Pennine Way in 5 1/2 days to raise funds for Help for Heroes, the Angel Spice restaurant invites you to enjoy a charity buffet between 6-8 April.

For only £19.95 your first drink will be free and you can choose from a buffet of over 40 mouth-watering dishes. And if you can’t find a dish to your liking from even that extensive choice, you can select from the main menu at no extra charge. (English dishes available on request.)

The 8th April will be the final evening, featuring a raffle and a charity auction. Guest speakers will include Sgt Mark Sutcliffe, who lost a leg to a rocket-propelled grenade in Afghanistan.

To book your place for either the 6th, 7th or 8th April, please ring the Angel Spice direct on (01733) 244373.
Stilton resident PC Chris Payne and a band of equally hardy Officers of The Law from Thorpe Wood station are embarking on a series of fund-raising activities for the eminently worthy Help for Heroes charity.

Readers will be pleased to learn that one of these events will be a three-day charity curry marathon at the Angel Spice, starting on 6th April - so something that we can all manage to do then!

But the real killer event is their sponsored trek - or should that be plod? - along the Pennine Way. Nothing unusual, you might think; even kids do it, but here’s the twist: Chris and his pals intend to do it in 5½ days!

To put that into perspective, the Pennine Way is not far short of 300 miles long. And while it isn’t technically difficult it certainly isn’t a country ramble either. Most people take three weeks to do it. You can do it in two, but you’ll be fit for nothing afterwards, so 5½ days begins to look a tad ambitious - that’s around 50 miles a day. The record is around 2½ days, running (obviously!)

You can find out more about Chris’ Pennine Way Challenge by visiting: www.bmycharity.com/pennineway2010 or calling him on 07921 938076.

Stilton has a proud reputation for its generous support for worthy causes. You gave unstintingly to the last Poppy Appeal, so we expect to be able to report on an outstanding result for Chris Paynes’ team’s effort. Dig deep - and enjoy the curry!

Stilton Memorial Hall
Charges from July 1 2009

- Hourly charge £5/hour (minimum 2 hours)
- Child’s party £30
- Adult party £50
- Commercial £10/hour

To book the Hall, please contact the Booking Secretary:
Jade Smith 15 Woodward Close (01733) 243691

If leaving a message, please provide a LANDLINE PHONE NUMBER
and you will be contacted promptly.
(It’s very expensive having to reply to lots of mobiles!)
Stilton’s international fashion designer Lorna Tallowin is facing the challenge of a lifetime as she gears up to cycle from London to Paris to raise money for the Environmental Justice Foundation's 'Pick your cotton carefully' campaign.

Lorna, 24, told SCAN “I can't even remember the last time I rode a bike! I haven’t done any serious exercise since PE lessons at school, and that was years ago! Now I'm training every weekend. I must be mad!”

The hard work will all be worthwhile for Lorna if she succeeds in raising £1300 for the Environmental Justice Foundation charity, an international humanitarian organization that is working to address human rights and environmental abuses in the fashion industry.

“Over 20,000 people die every year from pesticide poisoning from the cotton industry. I was horrified.” explained Lorna. “I learnt that hundreds of thousands of children - some as young as 7 - face horrific exploitation in the cotton industry.” From that moment on Lorna decided that she would work to raise awareness and support brands who work ethically.

“As a designer, I am trying to have a positive effect on the fashion industry. I work for ethical brands and lecture university students on ethical fashion. I thought this cycle challenge would be a great way to raise money and highlight the issues further”

Since graduating, Lorna has spent the last two years designing an Organic Cotton Collection for Daniel Hanson that has been sold in Harrods, Barney New York and widely in America. She has lectured on Ethical Fashion at Nottingham Trent University and, together with journalist friend Naomi Davis, has started a blog (www.ecogoddessfashion.blogspot.com) to showcase ethical and sustainable fashion.

“I’ve already received strong support for my appeal.” says Lorna. “Even a few pounds will make a difference and help the EJF to continue their invaluable work to clean up the cotton industry and protect the people who are most vulnerable.”

You can sponsor Lorna online at: www.justgiving.com/lornatallowin
All donations go directly to The Environmental Justice Foundation.

Below: An example of Lorna’s work for international label Daniel Hanson.
25 Years On

WHAT’S GONE FROM STILTON SINCE SCAN STARTED

Last month we looked at what Stilton had gained over the last 25 years. This month we look at those things that we’ve lost:

- Caresco Monday Club and New Age Club
- Summer Playscheme
- Stilton school swimming pool
- Cricket Club
- Reginald Darke Memorial Field
- Head Teachers Mr Wiggins, Mr Glue and Mrs Randle
- Teachers including Mrs Noble, Mrs Benson, Mrs Davies, Mr Roberts, Mrs Ortilbour
- Stilton Players
- Access to the A1 at Fen Street, Oak Road and High Street (*thank goodness!*)
- Several Youth Clubs, including SKIDS
- Charlie and Clara’s greengroceries
- Miss Smith and Browns
- Stilton Depot
- Friends of the Children’s Hospice
- Oak House
- Mother’s Union and Women’s Institute
- Stubble burning
- Ladies netball
- Stilton House
- Baby Clinic
- Craft shop
- Whist drives and Bingo
- MP’s John Major and Brian Mawhinney
- Norman Cross roundabout
- Post ladies Ann Foot and Gladys Wayland
- Ivor Williams
- Doctors, including Drs Hart, Readhead and Dennis
- Philippa Snoxall’s dance classes
- Art Club

Yaxley Library

OPENING TIMES

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Renewals & enquiries:
(0345) 045 5225
www.cambridgeshire.gov.uk/library

Tell advertisers you found them in SCAN!
As from now, you can put glass bottles in your recycling bins. On average, every household uses 331 bottles and jars a year. In spite of the widespread availability of bottle banks, glass still accounts for 7% of the waste in grey bins. Collecting it in the recycling bins means that we can recover this glass and you won't need to drive to the bottle bank.

The collected glass will be taken to the materials recycling centre at Peterborough, where it will be separated and sent for processing. It is likely to be used in the construction of roads and car parks.

The following guidance explains what can be included and how to make recycling as easy as possible:

**Glass**

**YES**

- You can recycle all types and colours of bottles and jars. Remove the lids - these can also be recycled - and rinse the glass to reduce smelly residue in your bin.

**NO**

- Window panes
- Pyrex dishes
- Light bulbs
- Fluorescent tubes

These items can be taken to local household waste recycling centres for disposal.

**Plastic**

**YES**

- Fizzy drink and squash bottles
- Oven-ready meal trays
- Milk, washing-up and shampoo bottles

Crush plastic bottles to make space. Remove plastic lids as these cannot be recycled.

**NO**

- Flower pots
- Yogurt pots
- Margarine tubs
- Carrier bags

**Cans & tins**

**YES**

- Clean aluminium foil
- Empty aerosol cans
- Drinks cans and food tins
- Biscuit and sweet tins
- Jam jar lids

Rinse your cans before placing in your bin.

The collectors will take any extra recycling you may have if it is in clear bags. **Black bags will not be collected.** Textiles should be taken to charity shops or clothing banks.

57% of waste collected is sent for re-use, recycling or composting - Huntingdonshire is in the top 10 recycling authorities in the country. Let’s help them get to No 1!
In aid of Stilton’s historic church building
Come and enjoy a

SAFARI SUPPER
17th APRIL 2010 STARTING AT 7:30 PM

A NOVEL WAY TO DINE, ENTERTAIN AND BE ENTERTAINED

FOR FULL DETAILS CONTACT:
PETER & MARY NEWMAN
TEL 01733 241815

An Introduction to the Archaeology of Roman Britain

A 10-week Adult Education course
Thursdays 1-3pm starting 22nd April
Peterborough College of Adult Education
Tutor: Dr Stephen Upex
Cost: £150 (£75 for concessions)

To book or make enquiries, either call into Peterborough College of Adult Education, Brook Street, Peterborough PE1 1TU or phone (01733) 761361.
(Course ref: 10AD1002)
Middle Nene Archaeological Group
Discover Laxton and Southwell

Laxton in Nottinghamshire is the last working open field strip farming village in England that escaped Enclosure. It still functions using the rules established in the Middle Ages. It now belongs to the Crown Estates and the tenants meet in the Manorial Court, or Court Leet, to maintain the system.

Friday 30th April 2010
8pm in Oundle Methodist Church (After the AGM at 7:30pm)

Stuart Rose: "A History of Laxton and its Farming"

Stuart is a tenant farmer in Laxton and Clerk to the Court. He has studied the area for most of his life and is active in keeping alive the traditional ways.

Saturday 22nd May 2010
Visit to Laxton and Southwell

Leaving Oundle long-stay car park (near the recycling centre off East Road) at 8:30am and returning to Oundle by 6:30pm

The cost of the coach depends on numbers but will not exceed £20. Entrance fees will be around £5 per person (payable on the day). A deposit of £20 per person will secure your place.

In the morning we will meet Stuart Rose at the Visitors' Centre and later will walk round the village and open fields. Please take account of the weather; if wet there will be muddy areas.

You can bring a picnic lunch, or visit a local pub which serves sandwiches, soup, jacket potatoes etc at reasonable prices. If you might want to eat there please indicate on the booking form to give an idea of numbers. (This does not commit you to either option; it is to give the pub some prior warning.)

After lunch we will drive to Southwell, which is an attractive little town with a magnificent cathedral having the only pyramidal spires in the UK. It is a great example of Norman and Early English architecture. It is hoped to organise a tour. There are places to get tea and light refreshments.

To Olive Main 8 Caldecote Road, Stilton PE7 3RH

Please reserve me _____ places on the visit to Laxton & Southwell. I enclose a deposit of £_____ (£20 per person). Cheques payable to Middle Nene Archaeological Group.

Name: ........................................................ Tel: ..........................................
Address: .............................................................................................................
I/we would like lunch at Laxton pub. (Please delete if you do not want this.)

Tell advertisers you found them in SCAN!
Stilton Cheese-Rolling
May Day Bank Holiday 3rd May 2010

Come along and help us celebrate.
Fun and games for all the family:

- May King & Queen
- International & Maypole Dancing
- Sideshows & Stalls
- Fairground rides, Flight Simulator
- Plenty of food & drink!

The fun starts at 10:30!
(Cheese-Rolling starts around 12 noon)

To book a stall, download an application form from www.stilton.org

Warwick Davis & Adam Vickers as comperes
- Concert at The Talbot! (5-9pm)
- Cafe Royale in the Village Hall
Divah Unlimited
is American Soul
Singer Phinesta
Taylor.
Making her first
visit to Sawtry!

www.divahunlimited.com

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**Where:** Sawtry Working Men's Club  
**Times:** 8pm - 11pm  
**Also:** CHARITY AUCTION, RAFFLE & NEAREST THE BOTTLE LUCKY NUMBER TICKET WINS!

**Tickets:** £7.50
(All profits from the sale go to local charity CARESCO)

Tickets Available from the
Sawtry Working Men's Club & Caresco Offices
OR Contact Ralph Maloney
Tel: 01487 832683 | Mob: 07889 014200
email: enquiries@ssbpartnership.org

© scanmerton.co.uk
The Great British Fish and Chip Supper
Friday 21st May 2010

Want to do something different? Why not hold a Fish and Chip Supper to help spinal cord injured people live full and independent lives?

Hold a Fish and Chip Supper on Friday 21st May 2010 to help raise funds for the Spinal Injuries Association. Raise awareness among your friends and colleagues of spinal cord injury and support the SIA's information and support services.

You can hold a fish and chip supper in your own home, at work, or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting seven friends and asking them each to donate an additional £5 means you will raise at least £35 from your supper, but we will also give you additional fundraising ideas to raise even more money for SIA.

Last year we had over 80 suppers taking place in England and Wales. In 2010 we want to double that figure so that we can provide more support to spinal cord injured people.

The money raised will help the Spinal Injuries Association offer support to individuals who become paralysed, and their families, from the moment a spinal injury occurs and for the rest of their lives, by providing services and publications which enable and encourage paralysed people to lead independent lives.

The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. Be a part of something special and make a real difference to help spinal cord injured people gain access to the information and support they need to enable them to live full and independent lives.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

For more information, or to request a fundraising pack, call Elizabeth Wright on 0845 678 6633 xtn 229 or email fishandchips@spinal.co.uk or visit www.spinal.co.uk
Winter is nearly over and it is time to plan for the coming year. The park is finished but we need to schedule a maintenance visit.

The CCTV is fully working and the lighting will go in as soon as they can get a vehicle on the Playing Field.

- Do you want another Jam? Or any other events?
- What are we going to do to raise money to pay the Insurance etc.?
- How best can we record usage and membership?
- What are we going to do at Cheese Rolling?
- How much money have we got and what should the SC&YP FA do next?

The next Meeting is on the Thursday the 1st April and it will be in the new Parish Council Meeting Room starting at 6.30 til 7.30. Come and have your say!

Rob Weir  
Chairman, Stilton Sk8z

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Parents & those willing to help
WE NEED YOUR HELP TOO!

In order to raise the money we need to maintain and insure the Skate Park, we are going to have a Prize Draw this year. It could become an annual event but we need some sponsorship and some parents willing to help sell Prize Draw tickets before and at Cheese Rolling.

We (the SC&YP FA) are going on to put other outdoor facilities on the Playing Field; if you would like to have a say, now is the time to contact us.

If you want to get involved or just to sell a few Draw tickets please contact either Ian Parmenter, Carol Warren on 07508 502534, or myself on (01733) 244666

Peter Mitchell  
Treasurer, Stilton Sk8z

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Improve Your Piano Skills and Enjoy Your Playing!  
Beginners welcome!

Margaret Parsons  Tel: (01733) 243352  pianable@aol.com
In support of CARESCO
Come and enjoy an evening out while raising funds for a local charity

Charity Curry Night
at the Angel Spice

High Street, Stilton PE7 3RA
Wednesday 19th May 7:30pm

Tickets £15

Available from the CARESCO Centre,
Green End Road, Sawtry
or direct from the Angel Spice

Raffle!

For more details please contact CARESCO on 01487 832105
or email caresco@sawtry.net

Sponsored Skydive!

Stilton resident Sam Whiston and six colleagues from Waitrose, Huntingdon will be frightening themselves silly at the North London Parachute Centre, March, to raise money for Help for Heroes. Why not show your support with some sponsorship?

Jumping out of an aircraft from 13,000 feet into a tandem free fall at 120mph is for many the thrill of a lifetime. Having your leg blown off in Afghanistan will wreck your life. That’s why Help for Heroes is so important a charity.

Every team member is paying for the jump themselves, so all donations will go straight to Help for Heroes.

The event will take place at the North London Parachute Centre, Block Fen Drove, Wimblington, March on 9th May (weather permitting), so go along and give Sam and his intrepid friends some support and encouragement.

You can pay Sam in cash, or donate on www.justgiving.com/sam-whiston. If you do, don't forget to click the Gift Aid box.
STILTON CHEESE ANNUAL CLASSIC VEHICLE RUN

Sunday April 25th 2010

In conjunction with
The Federation of British Historic Vehicle Club’s ‘Drive it Day’,
The Kettering Area Motor Club and the Citroen Specials Club

The run retraces the original route (which is mainly along quiet country lanes) taken to deliver cheeses from Quenby Hall at Hungarton in Leicestershire, where it is still produced, to the Bell Inn at Stilton.

The original 39 mile run was by horse-drawn carriage, stopping to deliver cheese at the various villages and towns along the route. This was one of the longest commercial carriage rides until the new-fangled internal combustion engine vans and lorries took over as the main mode of commercial road transport.

The Run:

- Arrive at Quenby Hall between 10:00am and 12:30pm
- Leave and follow the recommended route in your own time and pace
- Stop at the Falcon Inn Uppingham to taste and buy Stilton Cheese and other products
- Visit places of interest and lunch en route
- Admire the magnificent Harringworth Railway Viaduct
- Enjoy a Hog Roast, Refreshments and Fresh Farm Produce at New Lodge Farm Shop, Bulwick
- Enjoy the route through towns, villages, places of historic interest and the English countryside
- Arrive at The Bell in Stilton by 5:30pm

Open to all classic cars, commercial vehicles, motorcycles and kit cars, on a “first come first served” basis

£1.00 per car and £2.50 per adult

Proceeds to the Air Ambulance Services covering Leicestershire, Rutland, Northamptonshire, Warwickshire and Cambridgeshire. (Reg. charities 1098874 and 1085876)

For more details and a booking form:
email Jim or Joy Barry on: jim.barry@ntlworld.com Tel: 01536 724512 or Mob: 07952 398 638
or visit our web site (http://stiltoncheeserun.webs.com/)
Stilton Cheese-Rolling Committee

ROAD CLOSURE

May Day Bank Holiday 3rd May 2010

- North Street will be closed officially from the junction with Norman Drive from 9am to 3pm.
- High Street will be closed up to the junction with Maple Drive.
- The diversion will be via Norman Drive, Manor Road, Church Street and Church Close.
- Access for emergency vehicles will be maintained.

Residents are requested to ensure that, wherever possible, cars are parked off the road to maintain clear access. Cars left parked in the closed areas will be removed.
If you have friends joining you for Cheese-Rolling, please ask them to arrive early!

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All advertising copy or instructions by **10th of month prior to publication**.
Payment **in advance** to Stilton Community Association - **NO PAY, NO DISPLAY**!
Advertisement orders **MUST** be accompanied by the advertiser’s name, address and telephone number.

All copy to the Editor, 8 Caldecote Road, Stilton by 14th of month prior to publication.
Digital material in a neutral PC format please.
email: scan1@stilton.org
Planning your summer holiday?

Why not visit our twin village of St Christol les Ales? There is so much to see and do.

- Amazing scenery in the hills and gorges of the Cevennes, or the plains of the Camargue
- The historic cities of Nîmes, Avignon, Arles and Montpellier
- The world heritage site, the Roman aqueduct at the Pont du Gard
- The amazing Norman Foster viaduct at Millau (opened in Dec 2004)
- The spectacular Tarn and Ardèche gorges. Canoeing available!
- Donkey trek the Stevenson Way through the Cevennes
- The beaches and warm waters of the Mediterranean (about one hour's drive)
- Fantastic wines of the Rhone, Languedoc and Roussillon
- The wonderful hospitality of French families in St Christol

Flights to Nîmes are easy from Stansted / Luton / East Midlands airports

St Christol is 30 mins drive from Nîmes airport. Or to drive - motorway from Calais via Reims and Dijon to within 60 miles of St Christol.

St Christol families are really keen to host, particularly our young people over the summer.

Contact Chris & Linda on 241376 or Chantal & Paul on 242004 for further details.

If you are interested in becoming an active member of the Stilton & District Twinning Association, please contact Chris on 241376.