Plans are well in hand for Cheese-Rolling 2013. Time to get your team organised and start thinking about the fancy dress. This year’s theme is the movies, so we expect to see some film stars competing! Details on page 6.
Tell advertisers you found them in SCAN!

**Index to Advertisers**

<table>
<thead>
<tr>
<th>Category</th>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retail</td>
<td>Food &amp; Drink</td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>Jewellery</td>
<td>11</td>
</tr>
<tr>
<td></td>
<td>Watch &amp; Clock</td>
<td>37</td>
</tr>
<tr>
<td></td>
<td>Pharmacy</td>
<td>5</td>
</tr>
<tr>
<td>Health &amp; Fitness</td>
<td>Beauty Therapy</td>
<td>35, 36, 37, 44</td>
</tr>
<tr>
<td></td>
<td>Yoga</td>
<td>33</td>
</tr>
<tr>
<td></td>
<td>Fitness Training</td>
<td>35</td>
</tr>
<tr>
<td></td>
<td>Chiropodist</td>
<td>49</td>
</tr>
<tr>
<td></td>
<td>Dental</td>
<td>48</td>
</tr>
<tr>
<td>Financial</td>
<td>Insurance</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>Accountancy / Payroll</td>
<td>41, 43, 47</td>
</tr>
<tr>
<td>Animals</td>
<td>Vet, pet care</td>
<td>48, 51</td>
</tr>
<tr>
<td>Personal</td>
<td>Hair stylist</td>
<td>36, 40, 42</td>
</tr>
<tr>
<td></td>
<td>Care services</td>
<td>2, 34</td>
</tr>
<tr>
<td>Trades</td>
<td>Building services</td>
<td>31, 43, 44, 45, 49, 50, 51</td>
</tr>
<tr>
<td></td>
<td>Conservatories</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td>Heating / Plumbing</td>
<td>42, 47, 49, 52</td>
</tr>
<tr>
<td></td>
<td>Electrical / TV</td>
<td>32, 33, 46, 51</td>
</tr>
<tr>
<td></td>
<td>Cleaning Services</td>
<td>46</td>
</tr>
<tr>
<td></td>
<td>Garden services</td>
<td>37, 38, 49, 51</td>
</tr>
<tr>
<td></td>
<td>Recycling</td>
<td>38</td>
</tr>
<tr>
<td></td>
<td>Removals</td>
<td>41</td>
</tr>
<tr>
<td></td>
<td>Taxi services</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Floristry</td>
<td>38</td>
</tr>
<tr>
<td></td>
<td>Vehicle Services</td>
<td>39</td>
</tr>
<tr>
<td>Professional</td>
<td>Architect / Civils</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Funeral services</td>
<td>46</td>
</tr>
<tr>
<td>Childcare</td>
<td>Childminding</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>Pre-school</td>
<td>37, 44</td>
</tr>
</tbody>
</table>

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Advertising Rates:

<table>
<thead>
<tr>
<th>Advertising Rates:</th>
<th>Monthly</th>
<th>Annual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full page:</td>
<td>£30</td>
<td>£330</td>
</tr>
<tr>
<td></td>
<td>19 x 12.7cm</td>
<td></td>
</tr>
<tr>
<td>Half page:</td>
<td>£15</td>
<td>£165</td>
</tr>
<tr>
<td></td>
<td>9 x 12.7cm landscape - 19 x 6 cm portrait</td>
<td></td>
</tr>
<tr>
<td>1/3 page:</td>
<td>£10</td>
<td>£110</td>
</tr>
<tr>
<td></td>
<td>6 x 12.7cm landscape - 12.5 x 6 cm portrait</td>
<td></td>
</tr>
<tr>
<td>1/6 page:</td>
<td>£5</td>
<td>£55</td>
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<tr>
<td></td>
<td>6 x 6 cm</td>
<td></td>
</tr>
</tbody>
</table>

All advertising copy or instructions to the Advertising Manager by 10th of month prior to publication. Payment in advance to Stilton Community Association - NO PAY, NO DISPLAY! Advertisement orders MUST be accompanied by the advertiser’s name, address and telephone number.

All other copy to the Editor, 8 Caldecote Road, Stilton by 14th of month prior to publication. Digital material in a neutral PC format please.

email: scan1@stilton.org

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**GREY BIN DAYS:**
Monday 4 & 18 March, Tuesday 2 April

**GARDEN BIN AND RECYCLING DAYS:**
Monday 11 & 25 March, 8 April

For latest information on refuse collections, go to www.huntingdonshire.gov.uk

NOW RECYCLING BOTTLES
**Norman Cross Action Group**

The Group received notification from Peterborough City Council that the planning application for Greater Haddon will be heard in March.

The Group and individual Parish Councils are still not satisfied with the completed plans and will lodge their objections. The main areas at issue are still:

- Building a greenfield site on the edge of the city before using the brownfield areas that are still available
- The size of the proposed development
- The narrow 'green wedge' that will separate Yaxley from the new township
- Plans for access from the site and the A15 and the Old Great North Road, particularly at Norman Cross (Junction 16 A1(M))

We are grateful to our County Councillors Mac McGuire and Nick Guyatt (who is also a District Councillor) and to Shailesh Vara MP for a great deal of hard work on our behalf, but the biggest thanks must go to Olive Leonard, at present in hospital after a terrible road accident, and to Chris Walford.

**Special Collections**

The Parish Council met with Amey-Cespa to review the first special rubbish collection they had carried out last November. The amount of waste removed surprised everyone:

- Electrical Waste 5.76 tonnes
- General Waste 24.04 tonnes
- Green Waste 4.8 tonnes

Evidently, these collections meet a real need, so there will be another in September.

**PROPOSED CHANGES**

**Electrical waste Thursday 12 September**

Everything in this category put out will be taken. Residents will be asked not to put out such goods until the day before.

**General waste Saturday 28 September**

No electrical items will be taken on this date. Residents are reminded to use the green bins for as much green waste as possible, but if green waste is put out for this collection it must be bagged. Loose green waste (eg tree cuttings) will not be collected.

Building waste/rubble must be bagged in small, strong bags. Remember, if you can't lift a bag into a vehicle neither can the collectors!

Tyres and batteries will not be taken.

Paint cans will be taken only if empty or the paint inside is dried.

Engines must be drained.

We will, of course, remind readers of this nearer the time.

**Rubbish Collections**

Readers should have all received information from HDC about the changes to the fortnightly bin collection. See the panel opposite.
Falling victim to falls? Falls are not inevitable with age.

It is estimated that a third to a half of people aged over 65 fall each year. Even when a fall does not cause a serious injury like broken hips, the fear of falling again can lead to reduced confidence, self-imposed limitations to mobility, depression and loss of independence. Nevertheless a fall in the elderly can be prevented and the risk reduced by following the Four E’s:

Evaluate - assess your risk of falls. This is best done by a health professional specializing in falls. Have your eyes tested. Eat a healthy, balanced diet and reduce alcohol intake. Have your medication reviewed by your GP and wear appropriate footwear.

Exercise - get active and engage in regular physical exercise. Do exercises that improve your balance, strength, coordination and endurance.

Environment - identify fall hazards inside and outside your home. Remove clutter and trip hazards and improve lighting.

Use assistive aids such as walking aids and fit grab rails where needed.

Educate - Understand your risk of falls and continuously take action to reduce them. Make falls prevention a way of life.

Specially designed rehabilitation programmes can prevent or reduce the risk of falls.

If you have unfortunately fallen and broken a hip a rehabilitation programme can help you regain your independence.

Falls Assist UK
Supports Active Ageing

We can help you:

- Improve your mobility, strength, balance & confidence
- Reduce your fear of falling
- Improve your quality of life
- Keep your independence for longer
- Provide walking aids
- Offer a local service and support in your own home
- CRB-checked and registered health professionals

Call Falls Assist UK today on 01733 789 769

www.fallsassist.com
Did you know there is a Lunch Club in Sawtry?

Ladies, gentlemen or couples
We are a self-help group that meets every Monday & Tuesday 10:30am - 1:30pm
at the CARESCO Centre, Green End Road, Sawtry
We prepare freshly cooked two-course meals each day
(including tea & coffee) for only £3.70
Come in for a drink and a chat, you will get a warm welcome! You can make new friends and you may know some of the people who already attend the club.
For more information about Lunch Club and its activities
Call Lyn at CARESCO on 01487 832105

Sawtry Day Care Centre
The CARESCO Centre, Green End Road
Wednesdays and Thursdays 10:00am - 3:00pm
The Centre provides:

- A day out for the housebound or socially isolated, and a break for those who care for them.
- Transport door to door
- Tea, coffee and biscuits on arrival
- A local shopping trip
- A short session of gentle chair exercises, for those wishing to take part
- A two-course mid-day lunch prepared in the Centre’s own kitchen using fresh ingredients
- A small raffle on both days, with members providing the prizes. Monies raised go into the member's social fund which subsidises occasional trips out.
- Wednesday afternoon Bingo session. For those who do not wish to take part, there is a selection of board games, or you can just chat or relax.
- On some Thursday afternoons a local man (Terry) plays old-style music. On other occasions visiting speakers give talks/slideshows on a wide range of subjects.

The Centre currently has some spaces and is looking for new members.
For more information, please contact the CARESCO Centre on 01487 832105 or email office@caresco.org.uk
MAYDAY MONDAY MAY 6
Plans are well advanced for this year’s celebration; starting at 10:30am with the crowning of the May King and Queen in the arena on High Street, followed by maypole dancing and lots of street entertainment.

At noon the teams will parade for the judging of the best-dressed team. This year's theme is ‘Lights, Camera, Action’ which offers endless scope for fancy dress ideas from TV and films.

The Cheese Rolling will start at about 12:15pm with the Junior championships, sponsored by the Twinning Association, followed by the ladies’ and then the men’s. The winners will go head to head to determine the Champion of Champions.

The usual prizes of whole Stilton Cheeses will be donated by the Stilton Cheesemakers' Association and beer by local firms.

All through the day the pubs will be open; there will be a variety of food stalls and the Church will be opening the popular Cafe Royale in the Memorial Hall. Fairground rides, craft stalls, charity stalls and competitions will line the street.

Book your stall now by contacting Carol on 0750 850 2534.

To enter a team, complete and return the form in this issue to Olive at 8, Caldecote Road, Stilton, PE7 3RH.

In Memoriam
As we go to press, we learn with sadness of the passing of Peter Newman and Donald Plumb

We hope to be able to bring tributes to these worthy contributors to village life in the next issue. Our sympathies go to all their families and friends.
Children in Foundation Stage and Key Stage One have recently enjoyed a trip to Burghley House. The visit involved a tour of the sculpture gardens, which tied in nicely with their topic of the British Sculptor, Andy Goldsworthy. The children had the opportunity to design and sculpt their own medals out of clay, which they then painted.

Children from across the school really enjoyed our week of snow! The children wrapped up warm and played in the snow on the school field for an afternoon. We had a competition to see which class could make the best snowman!

Just before the half-term break, children from all classes took part in our Maths Investigation Day, which involved the children applying their mathematical knowledge to solve real-life problems. We focused on measurements, with the children discovering the most appropriate methods of measuring equipment in their classroom and around the school.
Playgroup News

WELCOME TO OUR NEW MUMS!

The Playgroup would like to say a big thank you to John and Jess at The Talbot for hosting our monthly committee meetings. The lovely surroundings make for a great and productive meeting.

We were delighted to welcome Michele, Zoe and Jude, proactive Playgroup mums, to the February meeting and hope to see you at future meetings too.

If any parents who are interested in coming along to a committee meeting to understand more about Playgroup or to lend your support, please speak to Jane or one of the committee members; we would love to see you.

This month the children have paid great attention and earned certificates for learning road safety, and have enjoyed learning Children's First Aid.

February was full of celebration... we have had fun welcoming the Chinese Year of the Snake by making a tree of wiggly snakes and have made some delicious Valentines biscuits!

In March we are looking forward to Book Week (4-8th March) when we will be having Pirate and Princess themed days with lots of fun activities and will be reading and talking about our favourite stories.

We will soon be spending some of our fundraising on lovely bright new colour-coded tables and chairs that will be a fantastic addition to our Playgroup.

But our fundraising hasn't stopped! There is so much more we would like to do this year and we have lots of FUNdraisers planned for the coming months; some for parents and some for children. Please continue to show your support and have some fun with us!

If your child/ren would like to join in the fun at Playgroup, please contact Jane Wilkinson on 01733 247682.

Garage Wanted

TO RENT / LEASE

In Stilton area if possible, but will travel

Please contact Playgroup on (01733) 247682

Notice to Advertisers

The Production Manager’s private email address has changed, so if you are used to sending material to him direct and have not already been contacted with the new email, please send material to scan1@stilton.org or to the editor.

The old virgin.net address will be closed.
The Truth Is Out There…

SCAN READERS SEEKING THEIR ANCESTORS

Isabelle Devereux writes to enlist the aid of our readers in researching the family of Joseph Devereux (died 1746) of Glatton and Stilton, who ran a boarding school from about 1710. Among his pupils were two sons of Sir Joseph Banks of Revesby Lines, grandfather of the famous Joseph Banks who went with Capt James Cook on his voyage around the world in 1768-69.

Joseph Devereux, his wife Margery, and their children, were buried at St Mary, Stilton. There was apparently a family gravestone in the chancel which was probably built over in the early 1800s. Their only surviving son Price Devereux, and his wife Ann née Monk of Glatton, may have continued to run the school - or perhaps turned it into an inn. Price died in 1656, and the inventory listing his moveable assets shows their house in Stilton had at least 15 bedrooms.

The name of Talbot may also be significant - the Devereux coat of arms includes a talbot's head and the Talbot pub was once a school, according to the description at www.britishlistedbuildings.co.uk/en-401433-the-talbot-public-house-stilton-cambridge.

As always, if any readers can shed any light on this bit of Stilton history, SCAN will be happy to pass it on to Ms Devereux.

One Small Step Forward

Following last month’s appeal for information about a Walter Wallis, who was baptised in 1893 at the Wesleyan methodist church, SCAN received some information from a number of long-standing Stilton residents.

It seems the chapel in question stood on the site now occupied by the flats opposite the Pump. It became part of the old D&K Autos garage premises, which in turn were demolished for the new development. It replaced one described as a United Methodist Free Church, where MacColls now stands. This chapel closed in the 1930s and reader Mr Sturman recollected that a Mr Marshall used to run a fish & chip business from this disused building.

Interestingly, it seems that the Memorial Hall was once used as a classroom. This may be connected with Ms Devereux’ ancestors, but more probably was a temporary arrangement to cater for a growing village population.

This probably doesn’t help to trace any record of Walter Wallis, but it’s a fascinating insight into village history. If anybody else can add to this, we’d be very pleased to hear from you!
Following a spate of burglaries in the local area, PCSO Kevin Paul of the Huntingdon Safer Neighbourhood Team reminds us not to relax our vigilance. Simple measures make a big difference in deterring crime, but only if you remember to take them.

**LOCK UP**

- Always lock your door and close the windows when you go out, even if you'll only be out for a short time.
- All external doors should have three locking points. Mortice locks will add considerable strength to your door.
- Use deadlocks if you have them.
- Patio doors should have special locks fitted to the top and bottom.
- Keep garden sheds and garages locked at all times. Think about using battery-operated alarms.

**COMMONSENSE MEASURES**

- Don't leave spare keys outside or in a garage or shed.
- Always draw your curtains at night and make sure valuable items cannot be easily seen from outside.
- Mark your belongings with a property-marking product, such as a special UV ink pen.
- Visible burglar alarms, good lighting and security lighting can be very good deterrents.

Local police have stepped up patrols in the area, but you can help both them and yourself by taking simple security measures like these and by contacting the police about any suspicious individuals, vehicles or incidents. You can call the police on 101, e-mail to HuntsCops@cambs.pnn.police.uk, or call Crimestoppers anonymously on 0800 555 111. As always, in a genuine emergency you should call 999.

**NEIGHBOURHOOD WATCH**

Inspector Mark Greenhalgh is the Safer Neighbourhood Manager for Huntingdonshire. Following the recent restructuring, he has been reviewing how Neighbourhood Watch schemes operate within Huntingdonshire. In the past the Police have not used Neighbourhood Watch as much as they could have done, and he aims to put this right.

Neighbourhood Watch is valuable as it enables a two-way flow of information that might just provide a key piece of information police need to take action. It also helps residents to keep an eye out for themselves and for neighbours who may be especially vulnerable.

Inspector Greenhalgh plans to re-invigorate the NHW scheme across Huntingdonshire and make it productive and useful to all involved. He has committed to providing the following from the Police:
A monthly newsletter specifically for NHW that will cover crime issues and good work across the District. This will also detail any assistance police require from NHW.

In between these, weekly updates will be published via E-cops for incidents and crimes that you should know about or be able to assist with. This will not mean daily contact, merely those incidents that warrant a prompt response.

**WHAT TO DO**

District-wide, many people signed up to NHW, but due to the weak communication from the police the information they hold is more than likely out of date. Some people may have moved, changed their email address or simply no longer wish to participate.

To make sure the police have the correct details of members who still want to do it, Inspector Greenhalgh asks that inform him:

- If you are currently and wish to remain an active member of NHW
- If you are interested in creating a new scheme in your area or street
- If you require any further information about NHW.

Please reply *via email before Monday 18th March* to: Huntscops@cambs.pnn.police.uk FAO Inspector Mark Greenhalgh and Dave Griffin. Please include an address / phone number and an email address.

**WHAT IS NHW?**

Neighbourhood Watch is a partnership where people come together to make their communities safer. It aims to help people protect themselves and their properties, to reduce crime and the fear of crime through improved home security and home safety awareness, greater vigilance, reporting of suspicious incidents and crime to the police, and by fostering a community spirit.

**Neighbourhood Watch exists to:**

- Prevent crime, and the opportunities for crime and anti-social behaviour
- Reassure local residents and reduce the fear of crime and anti-social behaviour
- Encourage good neighbourliness and community cohesion
- Improve the quality of life for local residents.

It does this by:

- Being a community-based organisation, involving residents working together
- Working in local partnership with the police, local authority, fire and rescue service, the voluntary sector and other agencies to prevent crime and disorder, anti-social behaviour, and the risk of fire and environmental damage
- Sharing information with the police and other agencies concerning crime and other incidents.

**IS ANYONE OUT THERE?**

The Parish Council is not aware of any active Neighbourhood Watches in Stilton. If your group is still active, please reply to Inspector Greenhalgh, and also let Olive Main know at olive.main@tiscali.co.uk or 241206.
We are trying to gauge the level of interest for a regular chess club meeting in the library. If this is something you would be interested in, please register your details with a member of library staff.

**Knitting Group**

Our popular knitting group will be meeting in the library on Thursdays 7th and 21st March at 2pm - new members are always welcome.

If you have any wool to spare we would be very grateful to receive it. Any donations of wool will be used by the group to complete charity projects. It does not matter how much or what colour! Please hand it in to Yaxley Library.

**Engage Social Group**

The next Engage social group event will be on Wednesday 20th March at 2pm. This month's talk is "30 years as a GP" by Dr Tom Davis. We are expecting this event to be extremely popular! Free tickets for this event are available in Yaxley Library from 1st March 2013; numbers are strictly limited.

**Creative Writing / Reading Group**

The next meeting of the teen creative writing / reading group will be on Monday 25th March from 5:50-6:50pm.

**Rhymetime & Storytime**

Rhymetime (for children aged 0-18 months) continues every Friday from 10:30-11am. Storytime (for children aged 18 months upwards) will be held on Tuesdays 5th and 19th March from 10:30-11am.

**Mobile Library**

**Wed 27**th March

3:10 - 4:00pm

Outside The Talbot

**Improve Your Piano Skills and Enjoy Your Playing!**

Beginners welcome!

Margaret Parsons  Tel: (01733) 243352  pianable@aol.com
If you love reading but struggle to get to your local library because of health or mobility problems, help is available: you can be matched with a friendly volunteer from Cambridgeshire Libraries Doorstep Service who will visit you once a month with a supply of the kind of books you enjoy.

To find out more about getting this amazing free service or becoming a volunteer for it, contact Anne Evans, the coordinator, by phoning (01480) 375023 or by e-mailing anne.evans@cambridgeshire.gov.uk.

Contacting our Local Police

MAY THE FORCE BE WITH YOU...

Yaxley Office: 1 Queen Street Yaxley PE7 3JE

Call 101 and ask for the Yaxley office

Stilton and Villages:

PC Paul Sykes: 07889 499 066
PCSO Barry Chamberlain: 07921 094 828
email:- huntscops@cambs.pnn.police.uk

Keep this somewhere handy!
Celebrate March
TRY A TRADITIONAL SIMNEL CAKE

Always a hopeful month with the promise of Spring, March celebrations start with St David's Day in Wales with leeks or daffodils; the Irish mark St Patrick's Day on 17 March. This year Mothering Sunday is March 10 and Easter also starts this month; Palm Sunday on March 25, Good Friday on March 29 and Easter Day on March 31.

MOTHERS’ PRIDE
Mothering Sunday has traditionally been a day when sons and daughters return home to visit their families, though its origin was in returning to the mother church. Today it has become a commercial opportunity, but churches have maintained the tradition of children giving a simple posy of spring flowers to their mothers, as we do in Stilton.

Food features largely in the festival and it was the one day in Lent when Lenten vows could be set aside. Simnel cakes were baked; in parts of Scotland Carlings are still preferred, while in some places special mothering buns, round, iced and covered in ‘hundreds & thousands’ are available.

Incidentally, Carlings are made from dried peas. Yummy. Instead, here is a suggestion for a simple Simnel cake.

SIMNEL CAKE
Make or buy a round, rich fruit cake. Cover with pale almond paste (you can buy that from the supermarket) Make 11 small balls of the paste to represent the apostles (leaving out Judas, boo, hiss.) then tie the ribbon round the side. (Pale yellow or green are appropriate spring-like colours).

To be completely authentic, there should be a layer of marzipan inside the cake. If you’re baking one yourself, place half the cake mixture in the baking tin, and place a thin round of almond paste over the mixture, then spoon the rest of the mixture into the tin.

Don’t Forget!
WE WANT YOUR PICTURES OF STILTON LIFE FOR THE 2014 CALENDAR

Now that Spring is here, we expect lots of great pictures as Mother Nature brings colour and life back to our gardens and fields and we start getting out and about more. We’ve already had some good submissions, but as everybody has a camera and the days are getting longer and (we hope) warmer we look forward to lots more!
STILTON CHEESE ROLLING 2013
Junior Participant Parental Consent Form

To be completed and returned for EVERY participant under the age of 16 years

I hereby give permission for ............................................................................................................

to take part in the Cheese-Rolling Championship on May 6th 2013

Name: .................................................................................................................................

Address: .................................................................................................................................

.................................................................................................................................

Signed: .................................................................................................................................

Date: .................................................................................................................................

This form must be returned with the relevant Team Entry Form to:
Olive Main, 8 Caldecote Rd, Stilton.

Teams will NOT be allowed to compete unless a consent form has been received for EVERY member under the age of 16yrs (Senior OR Junior teams.)

Stilton Gardening Club

All indoor meetings at 7:30pm, 3rd Tuesday of the month
Stilton Church Meeting Room

Tuesday March 19
Speaker: Fred Daynes
‘Ash die-back disease’

CHALARA FRAXINEA is the fungus responsible for ash die-back disease. It has been reported in East Anglia, so we are pleased that Stilton resident Fred Daynes is able to give us an update on this situation.

Tuesday April 16
Pat Maltman will give an illustrated talk on her visit to Australia.

Non-members are welcomed at £2 per meeting
STILTON CHEESE ROLLING 2013
JUNIOR CHAMPIONSHIPS

*Sponsored by Stilton & District Twinning Assn*

RULES:

1. Competitors must be **between 8 and 13 years of age**
2. The age difference between team members must not exceed 3 years
3. Teams will be made up of 4 young people and may be all boys, all girls, or mixed.
4. All competitors MUST cover arms and legs; suitable protective gloves must also be worn.
5. The rules of Cheese Rolling apply
6. The referee's decision is always final
7. The competition will be limited to 8 teams, on a “first come, first served” basis.
8. There will be a prize for the best-dressed team and a prize for the winning team.
9. Parental permission for EACH team member must accompany this entry form. *(Use form overleaf)*

ENTRY FORM

Team Name  ......................................................................................

Team Members:  1 ..........................................................................
                2 ..........................................................................
                3 ..........................................................................
                4 ..........................................................................

Contact Name: .............................................................................
Address: .....................................................................................
Tel No: ........................................................................................

Parental permission

All participants in Cheese Rolling do so at their own risk and Stilton Community Association accepts no liability for any accidental injury arising
STILTON CHEESE ROLLING 2013
SENIOR CHAMPIONSHIPS

RULES:
1. Teams will consist of 4 members including the captain
2. Teams will be all male or all female
3. No one under the age of 14 yrs may be included in a team; participants under the age of 16 yrs MUST provide a completed Parental Consent form
4. Cheeses must be rolled by hand; no kicking, throwing or picking up of the cheese is allowed and teams MUST keep to their allotted lanes.
5. Each team member MUST roll the cheese at least once during the race.
6. The first cheese to strike the end boards of the course wins.
7. The referee’s decision is always final.
8. Teams must report to the control tent by 11:00am

ENTRY FORM

Team Name: ..............................................................................................
Team Members: 1 ...........................................................................................
2 ...........................................................................................
3 ...........................................................................................
4 ...........................................................................................
Contact Name: .................................................................
Address: ............................................................................................
............................................................................................
Tel No: ..............................................................................................

Under-16 permission? □ □

Entry form and fee of £5 per team (payable to STILTON COMMUNITY ASSOCIATION) to Race Controller: Mrs O Main, 8 Caldecote Rd, Stilton, Peterborough PE7 3RH Fees will be refunded to teams in fancy dress.

All participants in Cheese Rolling do so at their own risk and Stilton Community Association accepts no liability for any accidental injury arising.
St Mary Magdalene, Stilton

Activities For Parents and Children

Drop in and try these:

Tuesday 9am: Children’s Fun Dance
Wednesday 9am: Drop in for a drink and chat
1st Wednesday: Children’s Songs
Friday 9am: Linking Hands
Sunday 11am: 2nd Sunday LinCup Café worship
4th Sunday Family Worship

Growing together in Worship - Reaching out with Christian Love

Parish Meeting Room

The Parish Room will be open from 10am to 11am immediately following Parish Council meetings, which are on the Wednesday following the second Tuesday in the month. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130.

HIRING THE ROOM

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building or in the surrounding cemetery.

FEES:

All Day (9am - 6pm) £50 Evening (6:30 - 10:30pm) £25
Half Day (9am - 1pm or 2 - 6pm) £25 A deposit of £50 is required when booking.
**St Mary Magdalene, Stilton**

**Men’s Prayer Breakfast**

**Sat 9<sup>th</sup> March**

**8am**

Church Meeting Room

New worshippers welcome; please call Peter Newman to let us know that you are coming: 01733 241815

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**St Mary Magdalene, Stilton**

**Wednesday Worship at Lunchtime**

Holy Communion followed by a soup & bread lunch

Every 3rd Wednesday in the month

**20<sup>th</sup> March**

**12:30 - 1:30pm**

Church Meeting Room

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**Stilton Memorial Hall**

Charges from Sept 1st 2010

- Hourly charge £6 / hour (minimum 2 hours)
- Child’s party £35
- Adult party £60
- Commercial £12 / hour

To book the Hall, please contact the Booking Secretary:

Jade Smith  15 Woodward Close  (01733) 243691

If leaving a message, please provide a **LANDLINE PHONE NUMBER** and you will be contacted promptly.

(It’s very expensive having to reply to lots of mobiles!)
Dementia Information Points aim to provide information and practical and emotional support to anyone with concerns about memory. Whether it is for yourself, your friend or family member the Dementia Information Point is your opportunity to meet with a fully trained member of the Alzheimer’s Society to ask questions, and gather information about memory loss, and sources of support and assistance.

We are delighted to announce a new Dementia Information Point in Sawtry. It will be held at the CARESCO Centre on the 2nd Friday of each month 9-11am.

For further information regarding this service please contact the Alzheimer’s Society on (01733) 893853 or at peterborough@alzheimers.org.uk

Other Dementia Information Points are available:

- **St Neots Dementia Information Point**
  St Neots Museum, on the 2nd Thursday of each month, 10:30am-12:30pm

- **Huntingdon Dementia Information Point**
  Huntingdon Library on the last Tuesday of each month, 10:30am-12:30pm

- **Ramsey Information Point**
  The Rainbow Surgery on the 1st Wednesday of each month, 10:30am-12:30pm

- **St Ives Dementia Information Point**
  St Ives Library on the last Monday of the month, 10:30am-12:30pm
Ghostbusters! Who ya gonna call?

Tell advertisers you found them in SCAN!

MEP  Mr Robert Sturdy MEP  01954  211790
   153 St Neots Road, Hardwick, Cambs CB3 7QJ
MP  Mr Shailesh Vara MP
    House of Commons  London SW1A 0AA

Co. Councillor  Cllr Mac McQuire  01233  717111
   Cllr Nick Guyatt
   Shire Hall Cambridge

Dist. Councillor  Cllr Mr Peter Mitchell  01733  244666
   1 Walnut Way, Stilton, Cambs

Parish Clerk  Mrs Mary Croll  01733  229130
   10 Caldecote Road, Stilton Cambs

Cambs Police  Non-emergency:  0845  456 456 4

Crimestoppers  (Freephone)  0800  555111

Samaritans  08457  909090

Childline  (Freephone)  0800  1111

NSPCC  Helpline  0808  800 5000  (24hrs)
RSPCA  General enquiries  01733  222188
       Cruelty Line  0300  1234 999

Dairy Crest milk delivery  0845  606 3606  8am-6pm

Yaxley Group Practice  01733  240478
   Landsdowne Rd
Wellside Surg’Y Sawtry  01487  830340
Peterborough Hospital  01733  678000
Walk-in Ctr, Thorpe Rd  01733  293800
Walk-in Ctr, Alma Rd  01733  758388
Stamford Hospital  01780  764151
Hinchingbrooke Hospital  01480  416416
   NHS Direct  0845  4647

Benefits Enquiry Line  0800  882 200  General advice only
Street Lighting  0800  253529

UK Power Networks  0845  601 4516  General enquiries
   0800  783 8838  Emergencies/blackouts
Gas  0800  111999
       0845  605 6677  ESCAPES

Anglian Water  0800  771881  Leakline 24hrs
   08457  145145  Emergencies 24hrs

Stagecoach Buses  01733  554575

Train information  0345  484950

Royal Mail  08457  740740  Cust’r Services

Hunts Dist Council  01480  388388  General Enquiries
   01480  388368  Environment/Refuse
   01480  388640  Recycling
   01480  388319  Pest Control

Cambs Police  Emergencies 24hrs

Samaritans  (Freephone)  0800  555111

Crimestoppers  (Freephone)  0800  1111

NSPCC  Helpline  0808  800 5000  (24hrs)
RSPCA  General enquiries  01733  222188
       Cruelty Line  0300  1234 999

Dairy Crest milk delivery  0845  606 3606  8am-6pm

Tell advertisers you found them in SCAN!
No Smoking Day
WEDNESDAY 13th MARCH

You are four times more likely to quit with help from the NHS.

We have a specialist smoking cessation advisor who visits the practice twice a week. He can offer specialised one-to-one face-to-face or telephone support, and can supply nicotine replacement and drug therapy on prescription.

Appointments are available on Thursday afternoons and all day on a Friday.

Please ring reception on (01733) 240478 to arrange an appointment, or for further information please contact Steven Tibbs, Smoking Cessation Advisor, on 07908 408 743.

OTHER RESOURCES
The following website may also help you: http://smokefree.nhs.uk

Help to stop smoking is available from CAMQUIT the Cambridgeshire stop smoking service. For help and advice: Ring 0800 018 4304 or visit www.camquit.nhs.uk

Staff News
We are pleased to welcome Barbara Franco De Olim to our Reception Team. We hope she enjoys working with us all at YGP.

Saturday Mornings
The practice is open on Saturday mornings from 8am to 12:00pm and a doctor is available from 8am to 11am mainly to see emergencies.

However we are able to offer a limited number of pre-bookable appointments during these extended surgery hours on Saturday mornings. Ideally, these slots are for people who find it difficult to attend the Practice during normal working hours due to working away from the area. These appointments can be booked after a discussion with the doctor.

Congratulations
We send our warmest congratulations to Dr. Jaspreet Bhatia and his wife Rupsha on the birth of their daughter Nishta. Nishta arrived on 30th November and weighed 6lb 7oz.

Also to Dr. Nanda Bhat and husband James on the birth of their daughter Uma. Uma was born on Thursday 24th January and weighed 6lb 1oz. Both families are doing well.

Diary Dates
EASTER HOLIDAYS
The surgery will be closed on Good Friday, 29th March and Easter Monday 1st April; open on Saturday morning 30th March.

Please ensure you have sufficient medication for that period. Orders for necessary repeat prescriptions should be made as early as possible in advance.

Carer Support Group Meeting
The next meeting of the Carer Support Group will be on Wednesday 13th March between 2-4pm in the Health Education Room.

We are always keen to welcome any carer to our small but friendly group. For more information please speak to Linda in the Patients Library.
Dementia Services and Support in Peterborough

ALZHEIMER’S SOCIETY

Unit 8, Flag Business Exchange
Vicarage Farm Road
Fengate
Peterborough
PE1 5TX

Tel: (01733) 893853
Email: peterborough@alzheimers.org.uk

National dementia helpline: 0300 222 1122

Information Provision: Provides the first point of contact by offering a mix of information packs, leaflets and publications followed by an onward referral to a Dementia Support Worker. Home visits and information on services can be provided.

DEMENTIA INFORMATION POINT

This is your opportunity to call in to ask questions, receive information and/or support. For further information about this service please contact Barbara Thompson at the local office.

Westgate Dementia Information Point is held fortnightly on Thursdays from 1:45pm to 3:30pm at Centre 68, behind Westgate Church Hall, Westgate, PE1 1RG.

Roaming Dementia Information Points are held at various locations in and around Peterborough.

CITY PEER SUPPORT GROUP

A fortnightly group run on Thursdays from 1.45pm to 3.30pm at Centre 68, behind Westgate Church Hall, Westgate. Open to people with dementia and their carers, this is a structured group where people living with dementia can participate in a forum setting to develop coping strategies for living well with dementia. For more information or exact dates please contact Maureen Mitchell at the local office.

ORTON WISTOW PEER SUPPORT GROUP

A similar weekly group run on Wednesdays from 10:30am to 12:30pm at Napier Place, Orton Wistow, Peterborough. It is a closed group taking place over eight weekly blocked sessions; there is a nominal charge for attendance. For more information on this service please contact Barbara Thompson at the local office.

Telephone Options at YGP

The Practice operates an automatic answering service and we would like to remind patients of the various options:

1. Medical Emergencies and Health Professionals
2. Telephone consultation (with a Doctor or Nurse Practitioner who will then make a face to face appointment with the patient if required)
3. Book an appointment (with a Nurse or HCA) for blood tests, smears, dressings diabetic and asthma reviews.
4. Prescription queries
5. Secretariat
6. Hold for all other enquiries

The telephones can be very busy at the start of the day especially on a Monday morning; if you can avoid this time please do so.

Don’t miss our Quiz Night!
**Could You Be a Cub Leader?**

**SHARE YOUR KNOWLEDGE AND ENTHUSIASM**

12th Nene Scout Group are looking for more Cub leaders and adult helpers.

So are you up to having some fun with the local young people, sharing your knowledge and enthusiasm for a great time?

Please contact Shaun (245094) for more information.

Full training and support is given - as well as the odd cup of tea!

(Any applicant must agree to an enhanced CRB check.)

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**Food for Thought Quiz**

**William de Yaxley School**

**Saturday 23rd March at 7:30pm**

- Tickets £7.50 each
- Include Fish & Chip Supper
- Raffle

Please bring your own drinks

NO MORE THAN 6 TO A TEAM

Tickets from Linda in the Patients’ Library

Proceeds to the YGP Patients’ Association

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**Jubilee Mugs**

**Stilton Parish Council**

Children resident in Stilton and born since June 2012, or children living in Stilton or attending Stilton School who were under 11 on 1st September 2012 but did not receive a mug can apply for one free of charge.

The mugs are also available to purchase as gifts or souvenirs at the modest price of £7 each.

**Ring Olive Main (241206)**
Lambing Day

In aid of The Royal Agricultural Benevolent Institution, MacMillan Nurses and local charities

Sunday 10 March 2013
11 am until 4 pm
Manor Farm, Morborne

Morborne Church Open : Refreshments available
Adults £2.00 - Children £1.00 - Families £5.00

Take the Folksworth turn from Junction 16 A1M
Follow 'Lambing Day' signs to Morborne
Satnav: PE7 3TG

Lots to do & see!

Stilton Stumblers
Spring Itinerary

<table>
<thead>
<tr>
<th>3rd Mar</th>
<th>Rockingham Forest</th>
<th>17th March</th>
<th>Polebrook</th>
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<tbody>
<tr>
<td>31st March</td>
<td>Knossington</td>
<td>14th April</td>
<td>Castor</td>
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<tr>
<td>28th April</td>
<td>Barrowden</td>
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Our regular walks are between 5 - 8 miles and meet at 10:00am at The Pump

For more information about Stumbling, visit http://stumblers.stilton.org or call Jan on 07740 167377 (mobile) - or just turn up on the day with your boots on!
STILTON & DISTRICT TWINNING ASSOCIATION

A WEEKEND IN FRANCE

28 - 30 June 2013

Join us in the bustling historic city of Arras

- Executive coach via the Channel Tunnel
- Two nights B&B
- Quality hotel in the city centre
- Sunday lunch at a gourmet restaurant

Pick-up from Stilton or Folksworth at 9:30 am on Friday
Visit Vimy Ridge - Arrive Arras approx 6 p.m
Return Stilton/Folksworth approx 9 pm on Sunday

>> Places still available! <<

Only £185 per person
Contact Audrey and Paul for details:
241739 paul.springford@gmail.com

Twinning Diary Dates

20 March 2013 ‘Time for Me’ evening. Watch for details!
27 April - 1 May Group visit from St Christol. See notice in this issue
6 May 2013 Cheese Rolling - sponsoring the Junior Championships
28-30 June 2013 Weekend visit to Arras - see ad in this issue

If you are interested in any of these events or in becoming involved in the Association please contact Chris Walford on 241376.
Middle Nene Archaeological Group

Visit to London

British Museum
‘Life & Death in Pompeii and Herculaneum’

Museum of London

Sunday May 19th 2013
£40 per person

Itinerary

8am    Depart Oundle long-stay car park
       (If sufficient interest, will depart Stilton 7:45am)

10am appr.   Arrive British Museum

10:20am   Timed entry to the Pompeii & Herculaneum Exhibition

12:30pm   Leave for Museum of London

4pm    Depart Museum of London

6pm appr.   Arrive Oundle

Please reserve ........... places I enclose £ ........ (£40 per person, non-refundable)
Cheques payable to Middle Nene Archaeological Group please.
Name: ........................................ Telephone: ........................................

Address: ..............................................................................................

Return this reservation to Olive Main, 8 Caldecote Road, Stilton
With recent news of well-known high street retailers facing financial difficulty, Trading Standards have put together some advice to help you to protect your money if goods you have paid for are not delivered or they are faulty and the company goes into administration.

**CREDIT CARD PURCHASES**
When buying goods or services with a cash price of more than £100 but less than £30,000, it is advisable to pay for at least part of them with a credit card. That way, if the retailer is unable to deliver the goods or there is a fault with them, the card provider will be liable for the goods too.

**DEBIT CARD PURCHASES**
If you pay by debit card, the provider (bank) or Visa/Mastercard terms may help with any claims you may have. However, unlike a credit card, this differs between providers so you should be clear about what assistance you will get for non-delivery or faulty goods. The card agreement will state any terms you need to meet for claims - such as timescales for reporting a breach of contract by the retailer and any evidence you must provide. If you meet the terms for making a claim but are unhappy with the card provider’s response you should follow their own complaints procedure.

For both credit and debit card purchases, if you remain dissatisfied with the card provider’s response you can raise the matter with the Financial Ombudsman Service (FOS) www.financial-ombudsman.org.uk who will decide if the complaint was valid and award damages if applicable.

**BUYING BY PAYPAL**
The same procedure for claims for debit card payments also applies to PayPal payments as, although PayPal aren’t a bank, they are signed up to the FOS. Other money transfer services have similar terms to PayPal but may not be signed up to the FOS for dispute resolution. You are therefore advised to check their terms.

**CASH OR CHEQUE**
If buying goods by cash or cheque then unfortunately this is a case of ‘buyer beware’.

**GIFT VOUCHERS**
Another common concern for consumers is the validity of gift cards or vouchers for a company that has entered administration. Unfortunately these are accepted only at the discretion of the administrators. There is no express right to use them - even though they are effectively cash.

For any further advice or information about any of the matters in this article please contact Citizens Advice Consumer Service, on 08454 040 506. For business advice and support, contact 0345 0455 206.
The rights and responsibilities of a riparian* owner

* Riparian owners are all landowners whose property is adjoining to a body of water

Ditches and drains, known as ‘Ordinary Water Courses’ or ‘assets’, play a crucial role in managing flood risk to people and property in Cambridgeshire. That is why it is important to ensure that they are well maintained and kept free from debris, obstructions and do not become overgrown.

Cambridgeshire County Council, under the Flood and Water Management Act (2010), has become a ‘Lead Local Flood Authority’, and as such has a duty to ensure that riparian owners understand their role and responsibility for the water courses that they are responsible for maintaining.

Who are ‘Responsible Authorities’?

Some watercourses have been designated as main rivers and others have not. The Environment Agency is the responsible authority for all main rivers. If you are planning to erect or alter a structure in, under, above or near a main river (approx. within 9 metres), you will need to discuss your plans with the Environment Agency and obtain flood defence consent before you start work.

If you are planning to erect or alter a structure in, under, above or near an ordinary watercourse within an Internal Drainage Board area, you will need to discuss your plans with the relevant Internal Drainage Board and obtain flood defence consent before you start work.

If you are planning to erect or alter a structure in, under, above or near an ordinary watercourse outside of an Internal Drainage Board area, you currently need to speak with the Cambridgeshire County Council to discuss your plans and obtain flood defence consent.

The County Council has taken this responsibility since 6th April 2012.

What are the rights of the riparian owner?

If you own land adjoining a watercourse, you are presumed to own the land up to the centre of the watercourse – unless it is known to be owned by someone else. Water should flow onto your land in its natural quantity and quality.

You have the right to protect your property from flooding, and your land from erosion. However, in most cases we must agree your plans before you start work.

You usually have the right to fish in your watercourse but you may need a licence. You will most certainly need an abstraction licence if you want to remove or abstract water from a surface source such as a river, stream or canal; and take more than 20 cubic metres (approximately 4,400 gallons) a day.

Please contact the Environment Agency regarding any rod licence or abstraction enquiries.

PLEASE bear in mind your rights may be affected by your duty to other riverside landowners, to the rest of the community and to the environment.

Chief Executive: Mark Lloyd www.cambridgeshire.gov.uk

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What are the responsibilities of the riparian owner?

You have the responsibility to pass on flow without obstruction, pollution or diversion affecting the rights of others. Others also have the right to receive water in its natural quantity and quality.

You must accept flood flows through your land, even if these are caused by inadequate capacity downstream. There is no duty in common law for a landowner to improve the drainage capacity of a watercourse.

You must maintain the bed and banks of the watercourse, and also the trees and shrubs growing on the banks. You must also clear any debris, even if it did not originate from your land. This debris may be natural or man-made, and includes litter and animal carcasses.

The County Council can advise you on the removal of animal carcasses.

You must not cause any obstructions either temporary or permanent that would prevent the free passage of fish.

You must keep the bed and banks clear of any matter that could cause an obstruction, either on your land or downstream if it is washed away.

Please help us to protect water quality – do not use riverbanks for the disposal of any form of garden or other waste where there is any danger that it will be washed into the river. This includes grass clippings, which are highly polluting.

You must keep any structures that you own clear of debris. These structures include culverts, trash screens, weirs and mill gates. On your property you may have flood defences such as walls and embankments.

These are vital for your protection and that of others. You should discuss their maintenance with us.

You are responsible for protecting your property from water that seeps through natural or man-made banks. Where such seepage threatens the structural integrity of a flood defence, we may wish to see that it is repaired.

What are the liabilities of the riparian owner?

If you do not maintain or repair flood risk assets you own, we can request you to maintain them.

If you fail to maintain or repair assets in poor condition, we may maintain them on your behalf and take legal action to recover the costs from you.

PLEASE remember that if you do not carry out your responsibilities, you could face legal action.

For more information on riparian owner responsibilities in Cambridgeshire please contact the Flood and Water Team at Cambridgeshire County Council.

Email: floodandwater@cambridgeshire.gov.uk

Flood and Water Team
Strategic Planning
Cambridgeshire County Council
Shire Hall, Castle Court
Cambridge, CB3 0AP
Tel: 01223 699976

Produced by Cambridgeshire County Council, 25 May 2012
STILTON & DISTRICT TWINNING ASSOCIATION

Group Visit from St Christol

27 April - 1 May 2013

A group of 30 will be visiting us from St Christol

If you would like to be involved in the programme or to host a visitor, please contact Chris Walford on 241376.

Have some fun and support the *entente cordiale*!