February 18th sees perhaps the most momentous occasion in Stilton’s recent history, with the formal opening of Stilton Pavilion. Find your commemorative invitation inside. And read about how popular the Pavilion already is with local organisations.
Index to Advertisers

<table>
<thead>
<tr>
<th>Category</th>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Retail</td>
<td>Watch &amp; Clock</td>
<td>46</td>
</tr>
<tr>
<td></td>
<td>Food &amp; Drink</td>
<td>23</td>
</tr>
<tr>
<td></td>
<td>Charity</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td>Furnishings</td>
<td>45</td>
</tr>
<tr>
<td></td>
<td><strong>Health &amp; Fitness</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Exercise</td>
<td>35,41</td>
</tr>
<tr>
<td></td>
<td>Foot care</td>
<td>50, 51</td>
</tr>
<tr>
<td></td>
<td><strong>Financial</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Accountancy / Payroll</td>
<td>47, 52</td>
</tr>
<tr>
<td></td>
<td>Vet, pet care</td>
<td>42, 51</td>
</tr>
<tr>
<td></td>
<td><strong>Personal</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Hair &amp; Beauty</td>
<td>39, 40, 42</td>
</tr>
<tr>
<td></td>
<td><strong>Trades</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Building services</td>
<td>37, 43, 47, 48, 49, 51</td>
</tr>
<tr>
<td></td>
<td>Conservatories</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>Heating / Plumbing</td>
<td>39, 46, 50, 52</td>
</tr>
<tr>
<td></td>
<td>Electrical / TV</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>Computer services</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Garden services</td>
<td>42, 49</td>
</tr>
<tr>
<td></td>
<td>Recycling</td>
<td>44, 46</td>
</tr>
<tr>
<td></td>
<td>Removals</td>
<td>46</td>
</tr>
<tr>
<td></td>
<td><strong>Travel</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Community bus</td>
<td>47</td>
</tr>
<tr>
<td></td>
<td><strong>Professional</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Architect / Civils</td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>Property Agents</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Funeral services</td>
<td>49</td>
</tr>
<tr>
<td></td>
<td><strong>Childcare</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Pre-school</td>
<td>42, 47</td>
</tr>
<tr>
<td></td>
<td><strong>Leisure</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Music Tuition</td>
<td>33</td>
</tr>
</tbody>
</table>

Grey Bin Days: Mon 13th Feb
Garden Bin Days: STILTON Mon 6th, 20th February
FOLKSWORTH Tues 7th, 21st February
Recycling Bins: STILTON & FOLKSWORTH Mon 6th, 20th February

LOOK OUT FOR NEW COLLECTION SCHEDULE COMING SOON!
www.huntingdonshire.gov.uk/bins
Taste the Rainbow!

The CARESCO Print Shop can now print in colour; perfect to allow us to celebrate in style the formal opening of Stilton Pavilion on February 18th by Shailesh Vara MP. Your colourful invitation to the opening is included in this issue.

As you can read on page 4, groups old and new have already moved into the wonderful new hall. A few teething problems have been dealt with but there is still much to do. You will once again be able to ‘buy a brick for £5’ at the opening, or make a donation, or organize a fund-raising event. Everyone will be welcome to witness the opening at 11am and then to see some of the sports and activities that are on offer.

Bin Collections
ALL CHANGE

The bin collection calendars are being changed at the end of February. The new dates are not available as we go to print, so the February dates opposite are provisional.

Every household should receive a letter from HDC outlining the new collection arrangements. If you don’t get one by 17th February, contact HDC by email at mail@huntingdonshire.gov.uk or phone 01480 388640, giving your full name, address and the types of bin you have.

If in doubt, use the Bins & Waste link on www.huntingdonshire.gov.uk.

Diary of Events

If you have a one-off event fixed in the next few months please contact the editor - 241206 or olivekmain@gmail.com

FEBRUARY

18th Pavilion official opening
20th Unveiling of memorial plaque to B-17 ‘Ten Horsepower’

MARCH

18th Twinning Race Night
25th Prohibition Ball

MAY

1st Cheese-Rolling!

JUNE

23-25th Twinning weekend visit to France

JULY

8-12th Twinning visit from St Christol

MAKE SURE YOU TELL US!

We’ll keep this list up to date with what people tell us about. So if you find your event double-parked with somebody else’s it’ll be because someone didn’t bother to tell SCAN! And remember, telling SCAN also means we can list it on the village website.
On 18th February we reach perhaps Stilton’s biggest milestone in living memory with the official opening of the new Pavilion. See the special commemorative programme in this issue.

Even before its launch, the Pavilion has been fulfilling its promise with a packed programme of bookings. We asked the Interim Amenities Manager, Julian Pagliaro, to give us a progress report. You’ll be impressed!

**PAVILION ACTIVITIES**

Regular bookings are up and running now. It’s fantastic to see how the activities are gaining in numbers due to the interest shown by villagers. The following sessions are running each week:

- **Pilates** – currently three sessions per week on Monday and Friday mornings. These are expanding with two additional sessions (Friday mornings and Thursday evenings) this month.

- **Carpet Bowls** – two sessions per week. Monday afternoons (over-55s) and Thursday evenings, with some proposals to start junior activities.

- **Clubbercise** – this session on Monday evenings now has a waiting list!

- **Ballroom Dancing** – this is an intermediate class, having just started in January. The dancers love the acoustics and, especially, the sprung wooden floor.

A Ballroom Dance is being planned for Saturday March 25th - see ad in this issue.

- Table tennis club on Tuesday evenings seems to be attracting new members every week, many of whom are young people starting the game. A coach is being employed from February to help any players who want to improve. The Club will start an over-55s session on Monday afternoons, alongside Bowls, from Feb 13th.

- The Guides (Tuesdays), Brownies and Rainbows (Wednesdays) have now all made the move up to the Pavilion. They are loving the space and freedom this brings to their sessions.

Contact details and times of running for all these sessions are printed regularly in **SCAN**.

We have also received enquiries about education sessions for computer users and first aid training courses. More details on these will be available shortly.

The only spaces now left for regular bookings on weekday nights are on Friday nights and we are actively looking for things to go on then.

Bookings for parties and functions have picked up dramatically. Weekends in March and April are filling up quickly and enquiries are even being made for events in 2018!
GENERAL UPDATE

There are still plenty of challenges to deal with over the coming weeks. Solar panels will be fitted shortly and problems with some of the flooring are being investigated. Various people / working groups are also looking at finishing the fit-out and landscaping the outdoor areas. Money is still tight and we are finalising the grant conditions so that the final (circa) £20,000 can be drawn down.

PITCH PROGRESS

Progress regarding the field issues was made at a recent meeting between the Parish Council, pitch consultants and Huntingdonshire FA. Remedial work on the pitches will begin this Spring, with a view to the Football Clubs being able to start the 2017/18 season up at the Pavilion. Hunts FA has shown great support for our project and will be helping us with the pitches over the next few years.

Many thanks to the numerous villagers who are supporting activities at the Pavilion.

New!

Stilton Table Tennis Table Club will be starting sessions for adults in The Stilton Pavilion on Monday 13th February at 2pm

If you would like to attend please contact Steve Ambler on 01733 242156

Stilton Pavilion

NOW OPEN FOR BOOKINGS!

Community Room rates from:
- £6 / hour daytime
- £8 / hour evenings

Main Hall rates from:
- £10 / hour daytime
- £16 / hour evenings

Attractive rates for commercial hire and other options

For all enquiries, please contact the Amenities Manager, Julian Pagliaro:
07 771 858 362 | pavilion@stilton.org

If leaving a message, please provide a LANDLINE PHONE NUMBER and you will be contacted promptly. (It’s very expensive having to reply to lots of mobiles!)

If using email, please be sure to give us your CORRECT email address and check your spam box if you don’t receive a prompt reply.
The Guiding movement enables girls to develop in all areas, whatever their ability or background. Girls learn about the world together.

**Rainbows**

**FOR GIRLS AGED 5 - 7 YEARS**

Rainbows enjoy age-appropriate activities, trips and adventures - both in their weekly meetings and at special events. They are supported by a group of highly trained, inspirational Leaders to try new things, to challenge themselves and have fun.

The Rainbow programme covers:

**Look** - we encourage girls to look around and learn about their own environment, each other and their community. We also help them understand that they are part of a wider world and learn about other cultures.

**Learn** - Rainbows learn through a range of activities, such as crafts, recipes, games and visiting interesting places. They might get talks by local causes or visits from police officers and other professionals and experts.

**Laugh** - Rainbows have lots of fun, with games, songs, parties, celebrations, making a mess and maybe their very first sleepover!

**Love** - through Rainbows, girls learn about caring and sharing with family and friends, working together, fair play, and being considerate and helpful to others.

---

**The Brownie Adventure**

...teaches girls aged 7 to 10 about themselves, their community and their world. The Brownie programme deserves to be called an Adventure; it reflects the world of new opportunities, challenges and fun that girls become part of when they join.

Girls go to camps, holidays, day trips and sleepovers. They get together with their friends at regular meetings where they learn new hobbies, play music, explore other cultures and have outdoor adventures. As well as following the Brownie Adventure programme, girls choose interest badges for things they want to know more about.

The Brownie Adventure charts girls’ progress during their time in Girlguiding. There are three parts:

**You** - Brownies develop confidence and self-esteem through new experiences. Girls build friendships as they work together in small groups called Sixes. They get a say in what happens at Brownies as they learn decision-making skills and how to express their views.

**Community** - girls are encouraged to become active citizens through activities that help them to understand and participate in their communities. They could raise money for charities or visit local places of interest.
World - girls learn about the wider world. Activities could involve celebrating a festival from a different culture, finding out about endangered species, or learning how they can combat climate change.

There are three stages of the Brownie Adventure:
- **Adventure** (age seven to eight)
- **Adventure On** (age eight to nine)
- **More Adventures** (age nine to ten)

Each stage has a flexible syllabus and girls are awarded a badge on completing it.

The activities in the Adventure Badges empower girls to learn about themselves, try new things and discover the wider world. Girls could lead a science experiment with their unit, celebrate a festival from another culture or spend some time out under the stars spotting constellations.

**Guides**

**INSPIRE AND CHALLENGE GIRLS FROM 10-14**

The Guide programme ranges from taking part in lots of exciting activities at regular meetings, to special events and trips away.

What you do is up to you. You will choose from different badges and awards which will help you learn new skills and try new challenges. You can do some programmes independently, and others in small groups of Guides known as Patrols.

The five areas of the programme cover:

1. **Healthy lifestyles** - develop your mind, body and soul. It's all about keeping healthy and happy.

2. **Celebrating diversity** - Meet new people and get involved in activities in your area.

3. **Global awareness** - Make the world a better place.

4. **Discovery** - Have new experiences and adventures.

5. **Skills and relationships** - Build on your personal and life skills.

**Why Not Volunteer?**

There are many ways you can get involved, that can fit around your skills, commitments and interests. You don't need to have been involved in Guiding before to make a big difference and find a perfect role. Roles include: Unit Leader, Assistant Leader, Unit Helper, or taking on a supporting role.

If you'd like to lead a Guiding group, you'll be supported to complete our Leadership Qualification, with training on everything from programme planning to child safety.

But no commitment is too small - every role is vital to running our charity. Support roles include: Secretary, Treasurer, Photographer. Such roles are perfect if you can only help out occasionally or can share a skill such as photography or administration.

**Find Out More**

If you would like your daughter to join Guiding or you are interested in helping, visit girlguiding.org.uk and click on ‘get involved’. Or phone Carol: 07508 502534.
Phishy Business
WATCH OUT FOR THIS LATEST EMAIL ATTACK

Warnings about online security threats often prove to be myths or hoaxes, but this one came to SCAN direct from one of the most reputable providers of website security tools. It’s serious, particularly if you’re a user of Google’s email service (aka GoogleMail or Gmail) or any other Google service, so sit up and take note!

WHAT YOU NEED TO KNOW

This mode of attack is currently targeting Gmail customers, but may be used in other ways. And even experienced technical users are falling victim.

Typically, an attacker will send an email to your Gmail account. That email may come from someone you know who has had their own account hacked using this technique. It may also include something that looks like an image of an attachment you recognize from the sender.

You click on the image, expecting Gmail to give you a preview of the attachment. Instead, a new tab opens up and you are shown the normal Google log-in page prompting you to sign in again. You glance at the location bar and you see accounts.google.com in there. It looks like the first screenshot on the opposite page.

But if you don’t spot the first bit that said ‘data:text/html’ and blithely sign in, your account will have immediately been compromised.

That’s why this attack is so successful; most people don’t pay much (any?) attention to the gobbledygook in the location bar.

A commenter on Hacker News explained: ‘The attackers log in to your account immediately once they get the credentials, and they use one of your actual attachments, along with one of your actual subject lines, and send it to people in your contact list.’

The attacker signs into your account very quickly, either by automation or by having a team processing accounts as soon as they are compromised. Once they have access to your account, the attacker has full access to all your sent and received emails and may download the whole lot.

Once they control your email address, they could also compromise a wide variety of other services that you use, typically by using the password reset mechanism.

While this specific phishing attack is used to steal usernames and passwords on Gmail, the technique can also be used to steal user credentials from many other services.

HOW IT WORKS

You should ALWAYS check the location bar in your browser to make sure you are on the correct website before signing in or clicking any link. Victims of these attacks, however, did that but only noticed the ‘accounts.google.com’ bit. To protect yourself you need to check exactly what appears in the location bar - see opposite.
This phishing technique actually puts special instructions into the browser location bar, starting with ‘data:text/html.....’. These instructions create a fake - but completely functional - Gmail login page which sends your credentials to the attacker. So if you overlook the ‘data:text/html’ preamble you assume the URL is safe and… gotcha!

**HOW TO PROTECT YOURSELF**

When you sign in to ANY service, ALWAYS check the browser location bar and verify the protocol - that’s the http or https bit - AND the hostname - that’s the ‘accounts.google.com’ bit.

Make sure there is nothing before the hostname ‘accounts.google.com’ other than ‘https://’ and the padlock symbol. In the Chrome browser, the https bit is coloured green to make it more obvious.

This is the best way to keep yourself safe when using the Web, so make it a habit. Some services such as Gmail optionally provide what is called ‘two factor authentication’, which makes it more difficult for an attacker to sign into a service that you use, even if they manage to steal your password. But don’t just rely on that; being suspicious is always your best defence!

**IT’S A DANGEROUS WORLD OUT THERE**

Cybercrime is rapidly getting worse at present, particularly with the growth in state-sponsored hacking. Reliable sources have estimated that 99.99% of internet traffic out of Ukraine is malicious, which perhaps explains why most suspicious emails that SCAN gets are either actually in Russian or come from Ukrainian internet addresses.

As a policy, you should ALWAYS delete immediately any incoming email with a suspicious-looking subject line. (And equally, when sending emails, make the subject line specific and explanatory, not just ‘Hallo’!) And if an email you open is obviously dodgy, delete it immediately and under no circumstances click any link contained in it.

Remember, you’re not just protecting yourself, but everybody else in your Inbox, Sent folder or Contacts.

This bit is the give-away. What you don’t see is that the entire string of characters goes on for miles and includes instructions that tell your browser to create a fake, but convincing, Google login page. Note also that the little padlock symbol is missing.

This is what a secure page location looks like. Note the padlock symbol and nothing else in front of ‘https’. In Chrome, the padlock and https are coloured green.
It is with great sadness that I am writing to tell you that Mike passed away last month, having lost his long battle with dementia. He is at last at peace after really tough years struggling with this awful disease.

Mike was the gentlest of people and so non-judgmental. He had this wicked sense of humour which often appeared out of the blue. He was a founder member of our Twinning Association and loved all that we did together: our visits to St Christol, St Christol visits to Stilton, his visits with Daniele to their beloved Pramousquier and our annual Twinning weekends in northern France. He and Daniele found any excuse to cross the Channel! We will miss him but never forget this ‘gentleman’.

If you are interested in any Twinning events or in becoming involved in the Association please contact Chris Walford on 241376.

Funds raised by the Association provide for travel grants for young people on exchange visits to St Christol and activities here when groups visit from St Christol.
Have a Ball!
JOIN THE NEW STILTON BALLROOM GROUP

Stilton Ballroom is a new group started in January that has plans to organise dances at the new Stilton Pavilion, writes Ian Winfrey. The group is made up from enthusiastic local dancers who enjoy a mixture of ballroom, latin, jive and rock’n’roll.

Our aim is to provide enjoyable evenings of good music and great dancing. The group is non-profit making and it is hoped donations can be made to charities. We have a very good Committee to organize the events but new members are always welcome.

So come along for an enjoyable evening of music and dance. You will be made very welcome, whether you are beginners or accomplished dancers. We plan to have a variety of musicians and DJs. Requests for any particular dances are always welcome.

MAKE A DATE!

Our first dance is on Saturday 25th March 7:30-11:00pm. The theme is ‘The Prohibition’ and live music will be provided by the TR20s dance band. Tickets are £10 per person. For further information visit www.stiltonballroom.co.uk, email ian@winfrey.co.uk or phone 01733-380216.

Parish Meeting Room

The Parish Room will be open from 10am to 11am immediately following Parish Council meetings, which are on the Wednesday following the second Tuesday in the month. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130.

HIRING THE ROOM

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building, nor in the surrounding cemetery.

FEES:

All Day (9am - 6pm) £50 Evening (6:30 - 10:30pm) £25
Half Day (9am - 1pm or 2 - 6pm) £25 A deposit of £50 is required when booking.
Rising to our call for people’s memories - happy or otherwise - of Stilton’s Memorial Hall, we were delighted to receive the following childhood reminiscence. Younger readers may see this as a glimpse into a lost world!

My first memory of the Memorial Hall is from April 1946, when I started school, writes Peter Mayes. In those days we started school at the beginning of the term nearest to our fifth birthday.

My overriding memory is of our teacher Miss Hughes, who lived with her sister in the big house at the junction of what is now North Street (in those days Main Street) and Fen Street. The war had only recently ended and there were no trips out to local events or attractions. With Miss Hughes it was reading, writing and sums all day, except occasionally she would read us a story.

I know I benefited greatly from Miss Hughes and I am sure many other pupils would say the same.

The main physical feature of the Hall which I remember is the coal stove situated in the middle. In winter the Hall was very cold and we had to huddle around the stove in our hats and coats in order to keep warm.

The Hall was, of course, much too big for about fifteen pupils and a blackboard but I suppose it was all that was available.

The old school in Church Street comprised only a big room with a curtain across the middle which then formed two classrooms and another room for older pupils, so there was not enough room for the infants.

The other feature which I remember is our playground at the front of the Hall, which was only a few square yards of concrete on which we were expected to play. In fact it was the same as today, except a ramp has been built on one side of the steps.

Of course, there were no school dinners in those days and those of us who lived on the other side of The Great North Road were shown over the road by Miss Hughes at lunch time and at the end of the school day. My mother saw me and my sister across the road in the morning and after lunch. But we had to negotiate crossing Fen Street and Church Street on our own.

How things have changed; today a lot of pupils are brought to school by car.
BRING US YOUR MEMORIES

The closing of Stilton Memorial Hall and the display covering the B-17 bomber crash gives us the opportunity to collect memories before it is too late.

This month we print an account of school life in the 1940’s, when the Memorial Hall was used as classrooms. Perhaps it will remind other people of this era when pupils had to be taught in makeshift buildings, usually with (smelly) outside toilets and inadequate heating.

In Stilton, there was the added hazard of the road, the A1, running within feet of the Hall’s front door.

There are also memories of the giant fleets of bombers going out to bomb Germany, with fewer coming back. The Denton tragedy was only one such event among so many; already a number of people have told their stories from all the surrounding villages.

If you have something to share about times past in Stilton, please contact Olive Main on 241206, olivekmain@gmail.com, or 8 Caldecote Road, Stilton.

Hidden Voices
Cambridgeshire Alliance for Independent Living

Come to a day of exploring how people who don't normally come to events or meetings can also have their say on important issues.

The day will be filled with workshops and talks.

Date: 14 February 2017
Time: 10am - 2:30pm
Place: Netherhall School, Queen Edith's Way, Cambridge, CB1 8NN

They will have BSL interpreters and Speech To Text Reporting at the event.

If you would like to attend, or would like more information, please contact James Saunders by:

Email: james@cambridgeshirealliance.org.uk
Tel: 0300 111 2301

Please inform them of any dietary, travel, accessibility or any other additional needs you may have.
OFF LIKE A ROCKET

What a flying start we have had to the year; the children have thrown themselves into their learning with real passion! We have an exciting new reading scheme - 'Rocket Readers' - which launched at the end of last term. Each class has a reading area to inspire the pupils.

MAKING RESOLUTIONS

The children and staff have made resolutions for the New Year and based around Personal Goals or Targets; Relationships; Health and Fitness, and looking after the environment.

These resolutions have been hung in our Peace Garden for everyone to see.

The working group project for Owl Class have successfully been awarded £1,000 by the Co-Operative Community Projects to use to revamp the outside area for Foundation Stage children.

We are very excited to see the plans come to fruition over the coming terms, pictures to follow……
**FEBRUARY SERVICES**

Everybody is welcome to join us in worship at St Mary Magdalene

Wed 1st 12:30pm: Holy Communion followed by Soup Lunch

Fri 3rd 5:30pm: Messy Church in Stilton Church School

Sun 5th 11:15am: Holy Communion

Sun 12th 8am: Holy Communion [BCP] led by Revd John Harper

11:15am: Morning Praise and Baptism

- come and give praise and thanks as we welcome two new members to the Church.

Sun 19th 11:15am: Holy Communion

Sun 26th 8am: Holy Communion [BCP]

11:15am: LinCup - café-style worship for all the family

**CHANGES TO ST MARY MAGDALENE CHURCH BUILDING**

During this year we aim to make the Church building more comfortable and welcoming, to bring our facilities into the 21st Century. So far we have improved the heating and replaced some of the pews with comfortable padded chairs. The south west corner of the Church will become a family area. It already has new chairs and will soon be carpeted.

Thanks to all who have supported these improvements.

**Help the Foodbank**

Thanks for your continued support. The Foodbank is now low on:

- Sugar
- Fray Bentos meat pies
- Tinned spaghetti
- Bags of rice

Please contact Pearl Reed [241114] if the Church is not open or if you need anything collected.

Be sure to tell our advertisers you found them in **SCAN!**
At Last: Wi-Fi!

We are very pleased to announce that users of the village hall will now have the additional amenity of access to Wi-Fi. Installation is currently in progress and it is hoped it will be ready for our users by early to mid-February. Over recent years the committee have had many requests, from young and old alike, to provide a Wi-Fi facility to enhance the users’ experience whilst being in the hall. Easy access to the Internet is a requirement today and the committee felt that the hall was well overdue to provide this facility. We really hope that groups find this a benefit.

PUB NIGHTS

In our last SCAN report we suggested that after the success of the pub nights we might arrange some social nights during 2017. At our next committee meeting (the first this year) we will be arranging dates for these events so we can post up the information for the year ahead. At the moment we have not heard any news of an opening date for The Fox so we are likely to have a pub night fairly soon on the same basis as held last year: beer, wine and light refreshments.

DEFIBRILLATOR

We are currently liaising with the Parish Council regarding the installation of a defibrillator on the Village Hall wall for residents of the village. The Parish Council have led this project and we are happy to provide a suitable area on our wall that the defibrillator can be sited on so people can have immediate and easy access to this life-saving equipment. The Parish Council have informed the village about this new vital provision and we can confirm that installation of the equipment is imminent.

FENCED OFF

The final area of fencing is now being installed between the Village Hall car park entrance and Dovecote Court flats. It has proved very tricky clearing the land of shrub growth and many years of hedging, and the committee would like to give a big thanks to the volunteers and local farming force who helped enormously with this project.

BOOK NOW!

The Village Hall has many regular users: Brownies, Beavers, Art Club, Pre-School, Mums and Toddlers, Bowls, Rainbows, Pilates, Christian Congregation in the UK, Peterborough Opera Group, Ladies Circle (to name a few), as well as private hire users for parties and events. Please visit our Facebook page for more information: www.facebook.com/FolksworthVillageHall/. For hall bookings please contact Mrs Joy Blythe on (01733) 241938.
1st Folksworth Rainbows

September saw two new Rainbows being enrolled and in December we said a sad goodbye to two Rainbows who had been with us for the last two years. So we are now back to square one with just eight girls.

During September we made Potato Men, with broccoli for hair and arms and carrots for eyes, nose and mouth. They lasted for a few days but began to get past their best, so they eventually met their end in the compost heap, hopefully to enrich the soil for the new growing season.

For Firework Night we talked about Guy Fawkes and then made Catherine Wheels - without gunpowder, I hasten to add!

On Saturday 12th November some of us attended an Indoor Campfire Singing Afternoon which was put on by other local guiders. This was a very well organised afternoon and many other local guiding units attended. We learnt lots of new songs, complete with actions, and thoroughly enjoyed the afternoon. A big thank you to the guiders who organised it! At our next meeting we put some of the songs into action, teaching the other Rainbows who were unable to attend on the Saturday. It made for a fun session!

During the Summer Term, the girls had been saving their change in a Smarties tube and, after much discussion, decided to donate the funds to the Peterborough section of Riding for the Disabled. A representative of the group, who is also Grandma to one of the Rainbows, came to a meeting in November and received a cheque from the girls. She talked about the work of the group, brought photos of the horses and ponies and answered questions from the Rainbows, which was very interesting and informative.

At the end of November we had a visit from our own ‘Mad Scientist.’ This time we made balloon cars which we raced at the end. During our last meeting before Christmas, we toasted marshmallows and played games.

But that wasn't quite the end of term for us; oh no it wasn't! On Saturday 10th December, we went to The Key to see Dick Whittington and his Cat! We had a lovely afternoon with lots of laughs along the way and enjoyed an ice-cream during the interval!

We are now looking forward to the Spring Term and what that may bring us!

Folksworth Preschool

Folksworth Preschool are holding a Valentine's Disco in the Village Hall from 2 to 4pm on Thursday 14th February. Cost is £2 for first child; £1 additional children. (See advertisement in this issue.)

Ladies Circle

For our first meeting of the year we had a fish & chip supper, followed by sweets made by one of our members and a fun quiz. Our February meeting on the 28th is our AGM followed by a talk on Connington Castle. 7:30pm in the Village Hall. Please contact Phyllis Hope on 240947 for more information.
**Folksworth Carpet Bowls**

We have started the second half of the league season and hope to improve on the results of the first half. Our new players who joined us at the start of the season are proving a big asset to the team and keeping us on our toes.

Anyone who would like to give Indoor Bowls a go is very welcome. Give Chris a call on 241938 for details of our next club night.

---

**St Helen's**

**SERVICES FOR FEBRUARY**

- **5th Feb**  Family Folkus in the School Hall
- **12th Feb**  All Age Worship
- **19th Feb**  Morning Praise
- **26th Feb**  Holy Communion

---

**Contributors!**

We want your material for Folklore!

Email to Sarah Abbott at abottssarahj@hotmail.co.uk or call her on 247475

---

**Yaxley Library**

**OPENING TIMES**

- **Mon**  3:00 - 7:00
- **Tue**  9:30 - 5:00
- **Wed**  CLOSED
- **Thu**  9:30 - 5:00
- **Fri**  9:30 - 1:30
- **Sat**  9:30 - 1:30

Renewals & enquiries: (0345) 045 5225

www.cambridgeshire.gov.uk/library

---

**Mobile Library**

**Wed 22 Feb**

- **Folksworth**  10:45 - 11am Elm Road
- **Stilton**  3:10 - 4pm Outside The Talbot

Route M24
Charity No: 1013635

Valentine's Disco

Tuesday 14th February
2 - 4 PM
Folksworth Village Hall
£2 Entry ★ £1 Additional children
Sweets ★ Drinks ★ Glow Sticks
Will all be available for purchase
All Children Welcome

No need to book tickets. Entrance fee will be collected at the door.

Be sure to tell our advertisers you found them in SCAN!
FOLKSWORTH AND WASHINGLEY PARISH COUNCIL REPORT

Happy New Year!

COUNCILLOR VACANCIES

We currently have two vacancies. If you feel this is something you might be interested in, please either come along to a meeting or contact me.

BUDGETS AND PRECEPT

Council deliberated hard on the budget and precept for the forthcoming financial year. It is always a fine balance between maintaining the village as it currently is (whilst being asked to take on more and more of the tasks previously undertaken by District and County Councils). However, with prudent planning and the availability of contractors who represent excellent value it has been decided to keep the precept at its current rate and maintain the budget accordingly.

SMALL GRANT APPLICATIONS

Residents may not be aware that Council has a small fund which is set aside for small grants to village groups and organisations. Larger grants are made annually and these have certain conditions attached to them including the necessity for audited accounts to be submitted alongside the application forms. However, the smaller, Section 137, grants can be awarded if in Council's opinion it is in the interests of, and will bring direct benefit to, their area or any part of it, or all or some of its inhabitants. For more information please contact me.

ANNUAL PARISH MEETING

TUESDAY MAY 2ND, 7PM

This year's Annual Parish Meeting will be held on the first Tuesday in May. This is not a Council meeting but one facilitated by the Parish Council for all its residents. It's an opportunity for all groups, organisations and individuals to participate, display or talk about what they do, and raise any issues at all with the Parish, District or County Councillors. It usually lasts an hour or so and refreshments are served afterwards. Please get in touch with me if you wish to be involved or have something you would like to be raised.

GRITTING

You may have read in local media that the County's gritting route was going to be reduced. Thanks to efforts by our County and District Councillors this decision has now been overturned and things will stay as they are for the current winter. Of course, given the current financial situation the County Council may well have a rethink for next year.

HEAVY GOODS VEHICLES THROUGH THE VILLAGE

Lorries travelling through the parish at speed continue to be a concern, especially the very long and wide HGVs which must mount the pavements to negotiate the double bend in Manor Road. We were only allowed to put forward one bid via the County Council's Local Highways Initiative and this is for signage at the various entrances designating the village as being unsuitable for HGVs.
It is hoped that these will deter drivers from coming through. If this doesn't work, then a weight/width restriction will be sought.

**ELM ROAD POND AREA**

The area behind the Pond in Elm Road is to be developed as a Pocket Park / Community Orchard. The project is likely to commence in the Spring. If anyone wishes to be involved with the project, please let me know.

**VILLAGE MAINTENANCE**

The County Council has launched a volunteer maintenance scheme to take care of minor maintenance issues in the parish - such as the cleaning of village signs etc. If you are interested in becoming involved in this, please get in touch with me.

**MEETINGS**

The Parish Council meets on the third Tuesday of the month at 7:20 in the Village Hall, Manor Road. Agendas and Minutes can be found on the noticeboards and on Council's website. All meetings are open to the public and there is an opportunity at the start of each meeting for members of the public to speak.

If I can help with anything at all, please contact me.

*Jackie Stanbridge*
*Clerk to the Council/RFO*

---

**Movers & Shakers**

**FOLKSWORTH PARISH COUNCILLORS 2014-18**

<table>
<thead>
<tr>
<th>Member</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mark Randall (Chairman)</td>
<td>4 Castel Way, Folksworth PE7 3TX</td>
<td>01733 248202</td>
</tr>
<tr>
<td>Patrick Clarke</td>
<td>16 Townsend Way, PE7 3TU</td>
<td>01733 241860</td>
</tr>
<tr>
<td>Richard Soper</td>
<td>83 Elm Road, Folksworth PE7 3SX</td>
<td>01733 719638</td>
</tr>
<tr>
<td>Lisa Blackman (Vice Chairman)</td>
<td>Sheep Lair Farm, Norman Cross PE7 3SP</td>
<td>07919 366465</td>
</tr>
<tr>
<td>Gordon Fenwick</td>
<td>3 Bullock Road, Washingley PE7 3SH</td>
<td></td>
</tr>
<tr>
<td>Judith Ford</td>
<td>10 Chervil Close, Folksworth PE7 3SZ</td>
<td>01733 240440</td>
</tr>
<tr>
<td>Alison Brown</td>
<td>37 Manor Road, Folksworth PE7 3SU</td>
<td>01733 240501</td>
</tr>
</tbody>
</table>

Folksworth & Washingley Parish Council  PO Box 1285  Peterborough PE2 2NN  07724 171158  clerk@folksworthandwashingley-pc.org.uk  www.folksworthandwashingley-pc.org.uk

Be sure to tell our advertisers you found them in SCAN!
Stilton and District Twinning Association

A Taste of France
23 - 25 June 2017

We have chosen Lille as the 2017 destination for our weekend coach trip.

There is plenty to see and do in Lille, with markets, shops, museums, historic buildings and cobbled streets, and a wide range of restaurants and bars. We leave around breakfast time, find somewhere interesting to visit on the way, and then have Friday night and all day Saturday to explore the town independently. On our way home on Sunday, we stop for a long gourmet lunch together.

We are currently researching hotels and places to visit, so that we can confirm the itinerary and the cost of the trip in the new year.

Do keep the date in your diary and maybe think about organising a small group with family or friends.

Watch SCAN for more details, or contact us to register interest or ask a question.

Audrey and Paul 241739
paul.springford@gmail.com
Stilton and District Twinning Association

20 Years of Twinning Anniversary Celebrations
8 - 12 July 2017

2017 marks 20 years since we signed the first of two Twinning Charters with St Christol les Alés

A great deal has been achieved:

- Over 600 exchange visits have taken place
- Strong friendships have been formed
- We have learned about our different cultures
- We know more about our respective countries
- We know more about our local regions
- Travel grants have been awarded to young people
- Above all….fun has been had!

A group from St Christol will visit here from 8 to 12 July 2017 to celebrate with us.

A full programme is being organised.

- Do you want to join in?
- Could you host a visitor?
- Can you help?

Contact: Chris at clstilton@btinternet.com
Stilton & District Twinning Association

Race Night

Saturday 18th March 2017
Stilton Pavilion

Doors open 7:00pm / First race 7:30pm
Tickets £7.50
Includes Ploughman's Supper & Homemade Dessert - Bring Your Own Drink

Contact: Ian & Hazel Parmenter 243056
Chris Walford 241376
Paul & Audrey Springford 241739

Stilton Ballroom & Sequence Dancing presents

PROHIBITION BALL

Saturday March 25th 7:30 - 11pm
£10 per person
Stilton Pavilion, High Street, Stilton
Formal or 1920’s dress | BYO bottle

www.stiltonballroom.co.uk | ian@winfrey.co.uk | 01733 380216
# The SCAN Diary

## What to do,

### WHEN

<table>
<thead>
<tr>
<th>DAY</th>
<th>WHAT</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>S</td>
<td>Toddler's Dance</td>
<td>9:15am</td>
</tr>
<tr>
<td>S</td>
<td>Playgroup (Stilton)</td>
<td>9 - 11:45 &amp; 1 - 3pm</td>
</tr>
<tr>
<td>S</td>
<td>Mums &amp; Toddlers (Folksworth)</td>
<td>10:00-11:30 term time</td>
</tr>
<tr>
<td>S</td>
<td>Pre-School (Folksworth)</td>
<td>9:00am - 3:00pm</td>
</tr>
<tr>
<td>S</td>
<td>Playgroup (Folksworth)</td>
<td>10 - 11:30am</td>
</tr>
<tr>
<td>S</td>
<td>Beavers</td>
<td>6 - 7:15pm</td>
</tr>
<tr>
<td>S</td>
<td>1st Stilton Brownies</td>
<td>6:15 - 8pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton Rainbows</td>
<td>5:15 - 6:15pm</td>
</tr>
<tr>
<td>S</td>
<td>Folksworth Brownies</td>
<td>6:30 - 7:45pm term time</td>
</tr>
<tr>
<td>S</td>
<td>1st Folksworth Rainbows</td>
<td>5:30 - 6:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Guides</td>
<td>6 - 7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton United Colts</td>
<td>KO 10am</td>
</tr>
<tr>
<td>S</td>
<td>Parish Council (Stilton)</td>
<td>2nd Tuesday 7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Parish Council (Folksworth)</td>
<td>7:30 - 9:30pm 3rd Tuesday in month</td>
</tr>
<tr>
<td>S</td>
<td>Sewing Group</td>
<td>7:30 - 9:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Over 60's Club</td>
<td>2:30 - 5pm</td>
</tr>
<tr>
<td>S</td>
<td>Over 60's Club</td>
<td>2:00pm</td>
</tr>
<tr>
<td>S</td>
<td>Holy Communion</td>
<td>1st &amp; 3rd Sun 11:15am</td>
</tr>
<tr>
<td>S</td>
<td>Holy Communion</td>
<td>2nd &amp; 4th Sun 8:00am</td>
</tr>
<tr>
<td>S</td>
<td>LinCup (Café style worship)</td>
<td>2nd Sun 11:15am</td>
</tr>
<tr>
<td>S</td>
<td>Elevesnes with God</td>
<td>4th Sunday 11:15am</td>
</tr>
<tr>
<td>S</td>
<td>Linking Hands (mums)</td>
<td>9am</td>
</tr>
<tr>
<td>S</td>
<td>Crossover (Y6)</td>
<td>6 - 7pm in term time</td>
</tr>
<tr>
<td>S</td>
<td>Men's Prayer Breakfast</td>
<td>8am 2nd Saturday in month</td>
</tr>
<tr>
<td>S</td>
<td>Holy Communion (soup lunch)</td>
<td>1st Wednesday 12:30-1:30</td>
</tr>
<tr>
<td>S</td>
<td>Church Choir</td>
<td>2nd &amp; 4th Thursday, 7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Prayer Focus</td>
<td>8am</td>
</tr>
<tr>
<td>S</td>
<td>Christian Congregation in UK</td>
<td>5 - 11pm, 1st &amp; 3rd Sun in month</td>
</tr>
<tr>
<td>S</td>
<td>Stilton Gardening Club</td>
<td>3rd Sun 7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Pilates (Stilton)</td>
<td>9:30-10:30; 10:30-11:30am</td>
</tr>
<tr>
<td>S</td>
<td>Pilates (Stilton)</td>
<td>10.00 - 11.00am &amp; 10.30 - 11.30am</td>
</tr>
<tr>
<td>S</td>
<td>Pilates (Folksworth)</td>
<td>7:45-8:45pm Wed. 8 - 9pm Thu</td>
</tr>
<tr>
<td>S</td>
<td>Clubercise</td>
<td>7.15 - 8.15pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton Table Tennis Club</td>
<td>7.30 - 9.30pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton Carpet Bowls Club</td>
<td>2pm Mon, 7.30pm Thu</td>
</tr>
<tr>
<td>S</td>
<td>Folksworth Indoor Bowls</td>
<td>7 - 9pm weekly. May-Aug for bowling</td>
</tr>
<tr>
<td>S</td>
<td>Peterborough Opera Group</td>
<td>7:30 - 9:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Band</td>
<td>8 - 9:35pm</td>
</tr>
<tr>
<td>S</td>
<td>Judo</td>
<td>6 - 8pm</td>
</tr>
<tr>
<td>S</td>
<td>Yoga</td>
<td>5.30 - 7pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton United FC</td>
<td>3:00pm kick-off</td>
</tr>
<tr>
<td>S</td>
<td>Taosit Tai Chi</td>
<td>7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Folksworth Art Club</td>
<td>12:30-4:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Folksworth Ladies' Circle</td>
<td>7:30-9:30pm 4th Tuesday in month</td>
</tr>
<tr>
<td>S</td>
<td>Yaxley Flower Club</td>
<td>3rd Thursday, 7:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Stilton Stumblers (walking group)</td>
<td>Alternate Sundays 10:00am</td>
</tr>
<tr>
<td>S</td>
<td>Mobile Library (Stilton)</td>
<td>3:10 - 4pm (4th Wed in month)</td>
</tr>
<tr>
<td>S</td>
<td>Mobile Library (Folksworth)</td>
<td>10:45 - 11am (4th Wed in month)</td>
</tr>
<tr>
<td>S</td>
<td>Mobile Fish Van (Folksworth)</td>
<td>4 - 8pm</td>
</tr>
<tr>
<td>S</td>
<td>Age Well Club</td>
<td>10 - 11:45am</td>
</tr>
<tr>
<td>S</td>
<td>Carers' Group</td>
<td>1st Weds, 2 - 4 pm</td>
</tr>
<tr>
<td>S</td>
<td>Sawtry Day Centre</td>
<td>10am - 2:30pm</td>
</tr>
<tr>
<td>S</td>
<td>Sawtry Friendship Club</td>
<td>10:30am - 1:30pm</td>
</tr>
</tbody>
</table>

**To book:** Stilton Pavilion - 07 771 858 362 | Folksworth Village Hall - (01733) 241938 | Stilton Church Meeting Room - 01733 243553

**Be sure to tell our advertisers you found them in SCAN!**
### WHERE

<table>
<thead>
<tr>
<th>WHERE</th>
<th>WHO</th>
<th>CALL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Church Meeting Room</td>
<td>Michelle Pratt</td>
<td>07906 114942</td>
</tr>
<tr>
<td>Playgroup</td>
<td>Leslie Kirk</td>
<td>247682</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Niki Wilson</td>
<td>07971 558927</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Jen Walton</td>
<td>01487 832114</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Sandra Waldrin-Walker</td>
<td>661255</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Annette Gedney</td>
<td>244442</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Julie Quy</td>
<td>243026</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Carol Warren</td>
<td>(07508) 502534</td>
</tr>
<tr>
<td>Stilton Playing Field</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parish Room</td>
<td>Mrs Croll</td>
<td>229130</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Pat Maltman</td>
<td>242229</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Sylvia Ward</td>
<td>242457</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Irene Goldsmith</td>
<td>244229</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Stuart Reed</td>
<td>241114</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Irene Goldsmith</td>
<td>244229</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Stuart Reed</td>
<td>241114</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Irene Goldsmith</td>
<td>244229</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Pat Maltman</td>
<td>242229</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Nigel Rosbrook</td>
<td>246396</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Doug Maltman</td>
<td>242229</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Pat Maltman</td>
<td>242229</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td>Stuart Reed</td>
<td>241114</td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td></td>
<td></td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Church Meeting Room</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Olive Main</td>
<td>241206</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Vicky Leschallas</td>
<td>07919 053140</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Frances Ellis</td>
<td>07714 773528</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Louise Knox</td>
<td>07957 983950</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Steve Ambler</td>
<td>242156</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Scott Sherrington</td>
<td>242409</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Brian Bowen</td>
<td>241310</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Simon Trowbridge</td>
<td>07894 552198</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Brian Appleyard</td>
<td>244642</td>
</tr>
<tr>
<td>Austin Hall, Main Street, Yaxley</td>
<td>Alex Weyman</td>
<td>07771 784643</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Cherry Hadley</td>
<td>244258</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yaxley British Legion</td>
<td>Yvonne Wagstaff</td>
<td>243370</td>
</tr>
<tr>
<td>Meet at the Pump</td>
<td>Shirley Gregory</td>
<td>246209</td>
</tr>
<tr>
<td>Outside The Talbot</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Elm Road</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Folksworth Village Hall car park</td>
<td>Linda Smith</td>
<td>240478</td>
</tr>
<tr>
<td>Yaxley Health Centre</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CARESCO</td>
<td>Vicki</td>
<td>01487 832105</td>
</tr>
<tr>
<td>CARESCO</td>
<td>Pat</td>
<td>01487 832105</td>
</tr>
</tbody>
</table>

**Note:** Tell SCAN about your activities!
Krazy Katz Funhouse

Every Thursday • 9.30am to 12.00pm
Every Saturday • 8.30am to 11.30am

Sociable indoor soft play session for parents and under 6’s.

There will be a variety of soft play equipment, bouncy castle and a ball pool for children to play in a safe environment.

Tea, coffee and a variety of treats also available.

Green End Road, Sawtry PE28 5UY
Tel: 01480 387800
www.oneleisure.net

£1 per child
The first event of 2017 was a trip to Welney to witness the spectacular floodlit swan feed. This visit took the place of January's meeting; the first indoor meeting will be on Tuesday February 21st (the third Tuesday in the month) - see ad below. Clare Hughes returns to tell us how to grow vegetables in containers, and there will be the opportunity to start some salad plants. Light refreshments will be served.

Subscriptions are now due; £5 individual and £7.50 family. We also give £1 at each meeting £2 non members)

New members are always welcome to join this friendly group. We are not (most of us) very skilled gardeners so you don't need to feel intimidated and our programme is very varied.

If you want to know more, contact Olive Main (241206) or come along on February 21st.

**GARDEN TIPS FOR FEBRUARY**

February can be extremely cold and the ground too frozen or wet for much outdoor work, but it could equally be mild, the ground warming up, giving the opportunity to get ahead with sowing and planting.

So if the weather is kind, plant bare-root fruit trees and bushes. Continue (and complete) winter pruning of apples and pears while they are dormant. Cut out any dead or diseased wood and then prune overcrowded and overlapping branches. Cuts should be clean and made at an angle. If you feel daunted go on the internet; there are many websites that show you how.

Gooseberry and currant bushes should also be pruned before the end of February.

Check stakes and ties, feed and then lay down compost to retain moisture and suppress weeds.

---

**Stilton Gardening and Natural History Group**

*Tues Feb 21st, 7:30pm*  
*Church Meeting Room*  
**Growing vegetables in containers / pots / baskets**  
A talk by Clare Hughes  
All welcome  
£1 members - £2 non-members  
Refreshments served
We had our CQC Inspection on the 22nd November 2016 and have been rated as ‘Good’ across all categories for patient care. The Partners would like to thank all the team members at the practice for their support and hard work during this process. We also appreciate any feedback received from our patients prior to and during the inspection.

The Partners - Yaxley Group Practice

Yaxley Patients’ Association

YPA has been in existence for more than 30 years and has acted as a critical friend to Yaxley Group Practice on behalf of the practice patients. In addition, with the support of patients, YPA has raised considerable amounts of money to purchase extra medical equipment for the benefit of patients using YGP.

The Association has reached a point where, in its current form, it is no longer tenable and cannot provide the financial support to secure the services of our Librarian who is based at the Practice. It is with much regret therefore that the committee of YPA has decided that the Association will go into a holding mode until the finances are exhausted and at that point will be wound up. We would like to express our thanks to all those who have worked hard over the life of YPA to make the Association such a great success. Special thanks must go to Pat Thomas, Liz Whitehouse and Linda Smith who have acted as our Librarians and have worked tirelessly on behalf of patients.

Once the YPA has been wound up, if the practice patients want to keep a voice in YGP then it will be necessary to form a Patient Participation Group (PPG). This is the normal form of 'patient voice' in the primary care part of the NHS and such groups exist in many local GP practices. These groups do not fund-raise but act as an interface between patients and the healthcare professionals to ensure that patient rights are protected.

If patients wish to continue to donate to the practice for the benefit of patients they can continue to do so.

If you are interested in being part of a PPG please contact Linda Smith (to the end of February) or Peter Leaton on 07780 915266.

Peter Leaton - Chairman Yaxley Health Centre Patients Association

Patients' Library

As a result of this closure the Patient Librarian role and service, currently carried out by Linda Smith, will also sadly cease on the same date. From the 1st March 2017, Yaxley Group Practice Staff and Partners will be signposting patients and all users of the Patient Librarian Services to external providers/sources. Yaxley Group Practice
is currently putting together a Fact Sheet about these services and contact details and this will be available to all Patients from 1st March 2017.

Linda has accepted a new role at YGP following this closure but will be moving into a new Administrative role supporting the Finance and Facilities, HR and Business Operations Teams.

**Dr First / Nurse Practitioner**

At YGP our main aim is to ensure that our patients have access to us when they need us. By using the Dr First approach this enables anybody who calls in to speak to a GP that day. We are currently looking at ways to reduce the call-back time and will keep you updated on this. Once the GP has called you back they can decide the best and most effective way to get you treated. On occasions this could be managed over the phone; if you or the GP feel that a face to face consultation is required you will then be booked in with the Practice Nurse, The Nurse Practitioner / Emergency Care Practitioners, or the GP.

Our Practice Nurses are all very experienced and many have embarked on further minor illness training. We also have a couple who specialise in diabetes management. They are also responsible for all vaccinations, baby clinics and chronic dressings.

Then you have our Nurse and Emergency Care Practitioners. They have done a huge amount of extended training, enabling them to treat, diagnose and, where appropriate, prescribe for patients. They all have slightly different specialist interests but are all qualified to see everybody.

With Jo Hercules running spirometry clinics on a Tuesday afternoon, she often sees a lot of the COPD patients. She is also the Infection Control lead for the practice.

Sara Thornton is our asthma nurse and she will often see the children who have been commenced on inhalers. Sara is also qualified to carry out gynaecological examinations. Kerry Gardner joined our Practice back in June after working at the hospital for several years. She has a specialist interest in gastroenterology and oncology.

All practitioners are qualified to see all patients; if at any point they feel that a GP is required, they can call and ask them to attend and see you. At YGP we just want to ensure that you are seen on the day, where possible. We are open on Saturday mornings for a limited number of pre-booked appointments and also for NHS health checks and smears. Please enquire at Reception

We encourage your feedback and hope that we can accommodate and strive to provide a service that we are all proud of.

*Kerry Gardner - Nurse Practitioner*

**Friends & Family Test**

The NHS Friends & Family Test was introduced by all general practices in December 2014. This is a very important way of gathering your feedback so that we
can continually review and improve our service. The test is based on one question:

How likely are you to recommend our GP practice to friends and family if they needed similar care or treatment?

You also have the opportunity to tell us the main reason for selecting your answer, but it is not essential to provide this additional information.

All of our patients are welcome to answer this question and you can do so as frequently as you wish. Response cards are available on our Reception desk and there is also the opportunity to do this online via our website at www.yaxleygp.nhs.uk Feedback data is collected on a monthly basis and compared on a local and national level.

We would be very grateful if you could take a moment to complete a response form next time you are in the practice.

**Diary Dates**

**CARER SUPPORT GROUP MEETING**

The next meeting of the Carer Support Group will be on Wednesday 1st February 2017 between 2-4pm in the Health Education Room. If you care for a family member or friend then you would be welcome to join our small but friendly group for coffee, biscuits and a chat. All Carers will be made very welcome.

**HALF-DAY CLOSING**

The Practice will be closed on Wednesday 15th February from 1pm until 4:00pm. We are available for emergencies during that time. Emergency Telephone 01733 240478.

---

**Do You Need Help To Stop Smoking?**

We have a specialist Smoking Cessation Advisor who visits the practice every Thursday. Specialised one to one, face to face or telephone support can be offered.

You are **four times** more likely to quit with help from the NHS. If you have already tried to quit but been unsuccessful please try again as help is available.

Appointments are available on Thursdays Please ring reception on (01733) 240478 to arrange one. The following website may also help you: http://smokefree.nhs.uk

Help to stop smoking is available from CAMQUIT the Cambridgeshire stop smoking service. For help and advice: Ring 0800 018 4304 or visit www.camquit.nhs.uk
We throw away 7,000,000 tonnes of food each year. And we hear that price inflation will soon be hitting our housekeeping budgets, so two good reasons to make a New Year's resolution to mend our ways. This was brought into sharp focus when I belatedly got to the backs of my fridge and cupboards after Christmas and found a few little treasures that should be used rather than thrown away!

Most urgent were the remnants of two jars of mincemeat, so here’s some great ideas for what to do with left-over mincemeat (and brandy butter.)

**MINCEMEAT & APPLE PIE**

Make your pie as usual, but spread a layer of mincemeat over the bottom of the pie before piling the apples on top. Serve with the brandy butter.

**STUFFED BAKED APPLES**

Using one Bramley apple per person, core each apple, cut an 'equator' right round with a sharp knife, then stuff with mincemeat. Bake for 30-40 minutes at 190°C / Fan 170°C / Gas 5 until the apples are soft.

**SPONGE PUDDING**

Place two tablespoons of mincemeat into a pudding basin and fill with sponge pudding mixture. Steam for 1 hour (or as recipe suggests) and serve with custard.

Actually, these are all so delicious I may have to go and buy some more mincemeat!
People often ask whether eating late makes a difference to weight loss, writes Sally Pinnegar. Well, it’s overall energy intake and expenditure that’s key, but actually what time you eat in the evening can make a significant difference to your fat-loss progress, for the following reasons:

When you eat late you’re more likely to snack between lunch and dinner. So when it comes to meal time you’ve eaten extra food but may not reduce your meal accordingly. So you take in more energy than you need.

Eating late can often mean that you’re very hungry when it comes to meal time. So much so that you serve yourself too much, go back for seconds, or eat while cooking.

Eating late can be a symptom of a stressful lifestyle - commuting, fitting in exercise, dealing with the children and so on are all stressors. So when you come to eat late - you’re more likely to give in to stress’s crazy influence on appetite, and overeat.

Eating late usually means sitting down straight afterwards and then going to sleep relatively soon after that. Not the best way to aid digestion. Digesting and metabolising your food well is important for good health; being upright and moving around literally helps your food ‘go down’.

Eating late might mean you have a more restless sleep. Waking in the night is a stressor to the body; stress causes the release of certain hormones that influence fat storage, especially abdominal fat.

Eating starchy carbohydrates (pasta, rice, potatoes and so on) late at night then not using them for their purpose - to provide energy - means the main place they head to is into fat storage. When you eat carbs (and there’s nothing wrong with quality carbs per se) you need to be thinking about using them for energy production, rather than sleeping.

Having said all that, if you eat too early, you might then sit and nibble throughout the evening or get the bedtime munchies! Find a time which reduces the chances of eating extra. Maybe 6:30-7pm.

If you really can’t eat earlier in the evening then consider having at least some of your main meals at lunchtime and move the smaller meal to the evening.

The stomach is a slave that must accept everything that is given to it, but which avenges wrongs as slyly as does the slave.

Emile Souvestre
HUNTINGDONSHIRE ASSOCIATION FOR COMMUNITY TRANSPORT
The Ring & Ride service for the Huntingdonshire area

Monday – Peterborough
Tuesday – Peterborough
Wednesday – Huntingdon
Thursday – Peterborough
Friday – Stamford
Monthly – Corby, Bar Hill, St Neots,
Morrison at Cambourne

Door-to-door transport. FREE with bus pass!
Unlimited use. Membership only £10 per year.
You can bring shopping trolleys and wheelchairs.
They also offer day trips (coastal and shopping)
and pub lunches!

01480 411114 www.hact-cambs.co.uk www.facebook.com/hact.transport

Stilton Stumblers
New Year Itinerary

10-11 Feb 10th Anniversary - Lyddington 26 Feb Boxworth to Childerley
12 Mar Norfolk Coastal Walk 26-Mar Holme Fen

Our regular walks are between 5 - 8 miles and meet at 10:00am at The Pump
For more information about Stumbling, just Google ‘Stilton Stumblers’
or call Shirley on (01733) 246209 - or just turn up on the day with your boots on!

Stilton Parish Council

Clerk: Mrs. Mary Croll
10 Caldecote Road, Stilton
Peterborough, PE7 3RH
Tel: 01733 241042
Email: stiltonpc@yahoo.co.uk

PLAYING FIELD CLOSED

Under the Health and Safety act 1974 the playing field will be
CLOSED UNTIL FURTHER NOTICE to enable essential maintenance work
to be undertaken to improve the playing field surface.

By Order of the Parish Council
Mary Croll, Clerk to Stilton Parish Council
Keeping Well
News from the Wellside Clinic
(01487) 830340

GP TEAM
Dr Williams has now retired and we have welcomed Dr Krystyna Jarosz to the practice team. GP availability throughout the week is as follows:

Monday Drs Smith, Uszycka, Morrison and Jarosz
Tuesday Drs Archer, Smith and Richardson
Wednesday Drs Smith, Morrison and Jarosz
Thursday Drs Uszycka, Morrison and Jarosz
Friday Drs Archer, Smith and Richardson

FLU VACCINATIONS
Patients falling within the following at-risk categories are entitled to the vaccination. If you've still not had yours yet please call our Reception Team on 01487 830340 to make an appointment with one of our Practice Nurses:

- Aged 65 or above
- Chronic respiratory disease, such as severe asthma, COPD or bronchitis
- Chronic heart disease
- Chronic renal disease at stage 3, 4 or 5
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Patients who are immunosuppressed
- Patients who have a splenic dysfunction
- Patients who are at any stage of pregnancy
- Patients living in long-stay residential care homes
- If you receive a carer's allowance, or if you are the main carer for an elderly or disabled person whose welfare would be at risk if you were taken ill.

WASTED APPOINTMENTS
We continue to experience a significant number of wasted appointments each month. During December our clinical team saw 3028 patients, but we could have seen even more if people had cancelled appointments which were not attended.

We strive to provide our patients with good access to appointments and services, but wasted clinician time means longer waiting times for other patients. Please do let us know if you have booked an appointment but subsequently find, for whatever reason, that you are unable to attend, as your appointment can then be offered to another patient in need of our care.

ELECTRONIC PRESCRIPTION SERVICE (EPS)
We are now live with the national EPS system. This service gives you the option to 'nominate' the place you choose to get your medication or appliance from so that...
Making Space Carers Support Service

Information Morning

15 February from 10am - 12:30pm
at The Community Room, Tesco, Bar Hill

We are holding an information morning for family and friends of people with mental ill health.

Kim Masson, Service Manager, Adult Locality M.H Team, Cambridgeshire & Peterborough NHS Foundation Trust, will be speaking on the day about the care pathways.

Spaces for the morning are limited, therefore please confirm your place by either:

E Christine.Burton@makingspace.co.uk
T Christine, Gill or Pauline on 01480 211006

they can receive your prescriptions electronically. For more information, please ask a member of the practice team, speak to your local pharmacy, or visit: www.nhs.uk/NHSEngland/AboutNHSservices/pharmacists/Pages/eps.aspx

Best Regards,
Mrs Claire Wright, Practice Manager
Be Somebody Important
BE AN ON-CALL FIREFIGHTER

On-call firefighters are a vital part of today’s fire & rescue service, providing an efficient, effective emergency service to more than 90 per cent of the UK. In Cambridgeshire they make up 56 per cent of the workforce.

An on-call firefighter is not based at a fire station but carries a pager and responds to emergency incidents as and when they happen. They receive an annual wage to reflect the time they commit to being available, plus additional payments for attending incidents and drill nights (one evening a week for two hours).

On-call firefighters are men and women who may have other jobs and are able to provide evening, daytime or weekend cover. When they are on call they may be at home, working for themselves or for a nearby company, or out in their local community (staying within a five-minute travel time of the fire station) and are generally located in rural communities, small towns and villages.

If you would like to become an on-call firefighter, or find out more, then please go to www.cambsfire.gov.uk and search for ‘on-call firefighter’ under the ‘careers’ section.

Linking Hands
Ladies Group

An informal group open to all ladies who would like to explore the Bible and share how it influences our lives today.

Following the 'Lifebuilder' series, we are excited to be starting a new theme in September: 'Women and Identity'.

We meet in Stilton Church Meeting Room from 8:45am and aim to start around 9:00am, finishing around 10:30am.

Ladies welcome (pre-schoolers too) from all the villages and surrounding areas.

Why not come along and join us?