Breaking New Ground

After five years of dedicated planning and fund raising, construction of the new pavilion has begun at last! Power is on, the effluent tank is in place, foundation trenches are being dug and workers’ cabins are in place. This is a fantastic milestone. There’s still a lot to do, but it’s a time to congratulate everyone concerned for their achievement.
Be sure to tell our advertisers you found them in SCAN!

GREY BIN DAYS:
Monday 1st, 15th & 29th Feb; 14th March

GARDEN BIN AND RECYCLING DAYS:
Monday 8th, 22nd Feb; 7th March

For latest information on refuse collections, go to www.huntingdonshire.gov.uk/bins
Poppy Generosity
ANOTHER GREAT YEAR FOR THE POPPY APPEAL

Sorry to be a bit late with the Poppy Appeal report this year, writes Tom Cochrane, but I had to miss the December meeting, so had to wait for this month to get the latest figures. For Stilton, Folksworth and Caldecote the total was £1015.08 - practically the same as last year, even though we have lost one door-to-door collector. So another good show.

Some of you saw me collecting at Dobbies Garden Centre this year, so I thought that you would like to know that I raised a further £1514.51 by this means. The total so far for Yaxley and District is £16,196.47; a little more than last year, with more still to come in - at least another couple of thousand!

On behalf of the Branch let me offer our grateful thanks to all who helped and contributed in any way. Every penny is appreciated and will be put to work. If anyone could spare an hour or so for the Appeal this year, just let me know.

Tom Cochrane, Chairman, Yaxley and District Branch, the Royal British Legion

Speedwatch

On page 5 we repeat December’s article on Speedwatch, hoping that more people will come forward to be trained. At the time of writing only one volunteer has signed up. Stilton Parish Council is aware that this scheme does not offer a robust answer to speeding, but it's all that is currently available. Many residents complain about what they see as excessive speeds and it is those people who should come forward because this is the only way we can gather hard evidence. Please think again and volunteer by contacting Olive Main (241206)

Well Done!

The organisers of North Huntingdonshire Community Car Scheme have thanked SCAN for publicising the need for more drivers. Enough readers in Stilton, Folksworth and Washingley responded so that there is a now a group of drivers able to meet the local demand for transport to hospitals or other medical services.

This is a volunteer service and on everyone's behalf SCAN wants to thank all those who keep it going, particularly those who administer and organise it.
Shop at CARESCO!

7 Greenways, Sawtry  01487 208026  shop@careso.org.uk

Looking for a bargain?

- Lots of high-quality items always in stock
- New items arriving every day
- Score a bargain and support this popular and welcoming community care centre

Having a clear-out?

If you’re thinning out your wardrobe, or those unwanted Christmas presents that deserve a good home, why not donate them to the CARESCO charity shop?

Storage space is limited, so if you’ve got bulky items, or just lots of stuff to donate, call us first to make sure we’ve got room! Seasonal items particularly welcome.

Opening hours

Mon - Fri  9 - 4.30pm
Saturday  9 - 12.30pm
Sunday  Closed
Speedwatch
REPRINTED FROM DECEMBER’S ISSUE

Speedwatch is a community scheme that involves monitoring the speeds of vehicles driving in and through Stilton. It is used as a tool to educate motorists and increase awareness of the dangers of speeding, but is not an enforcement tool, and does not lead to prosecutions. It may identify areas where speeding is an issue and so trigger enforcement by police officers. There are frequent complaints about speeding in the village, particularly in High Street/North Street, Caldecote Road and Norman Drive.

WHAT IS INVOLVED?

At least six unpaid volunteers, who will be fully trained by the Neighbourhood Policing Team, are provided with high visibility jackets and speed indicator devices, and are fully insured. The speed is displayed on a monitor. This information can trigger an advisory letter from the police. Persistent offenders will be visited by the police. If a real problem is identified then the police will take action. One volunteer is also required to act as Coordinator.

If you are concerned about speeding in our village and have a few free hours each month then please volunteer. If there is sufficient interest Stilton Parish Council will take the next steps to encourage this community initiative.

If you are thinking about volunteering please contact Olive Main (241206) olive.main@tiscali.co.uk, 8 Caldecote Road, Stilton. For more information go to www.cambs.police.uk/roadsafety/speedwatch/

Are You Hard Enough?
UP FOR A CHALLENGE ON PRIME-TIME TV?

The Beb have obviously been impressed by the rugged heroics exhibited by some of our regular Cheese-Rollers. They contacted SCAN to appeal for anybody who wants to take part in the second series of Special Forces: Ultimate Hell Week.

They're looking for ‘the toughest people in the country to take on a challenge usually reserved for the world’s most elite soldiers.’

Billed as the ultimate test of endurance, if you think you have what it takes to survive the instruction of the Special Forces, then either email specialforces@bbc.co.uk or go to the website below to apply.

Judging by the last-minute appeal, the Beb must be desperate for candidates so there’s a good chance you’d get in! But hurry; the deadline (mot juste!) is 12th February.

If you do enter, SCAN will print your story!

www.bbc.co.uk/showsandtours/takepart/special_forces16
Huntingdonshire District Council has formally recognised the outstanding service of Peter Mitchell, who served as District Councillor for Stilton and Holme from 2003 until he retired in 2015.

Peter was elected as a Conservative Councillor with a large majority in 2003, 2004, 2007 and 2011. For seven years he was Chairman of the Planning Committee and he served on the Overview and Scrutiny Economic Panel.

His biggest contribution to Stilton was his determined campaign to raise the money to build and maintain the skate park. Tied in with which was the CCTV. Olive Main, Chair of Stilton Parish Council, was invited to the ceremony at Pathfinder House on December 16 2015 when Peter's long service was recognised before the whole of Huntingdonshire District Council.

### Stilton Stumblers

**Winter Itinerary**

<table>
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<tr>
<th>Date</th>
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<th>Date</th>
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<tbody>
<tr>
<td>14 Feb</td>
<td>TBC - late change</td>
<td>28 Feb</td>
<td>Thorpe Hall</td>
</tr>
<tr>
<td>13 Mar</td>
<td>Kimbolton</td>
<td>27 Mar</td>
<td>TBC (Easter Sunday)</td>
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Our regular walks are between 5 - 8 miles and meet at 10:00am at The Pump.

For more information about Stumbling, just Google ‘Stilton Stumblers’ or call Shirley on (01733) 246209 - or just turn up on the day with your boots on!
STILTON PUPILS GET ON THEIR BIKES

This half term has seen another round of successful Bikeability training. Everyone involved showed great improvement and were awarded with certificates of varying levels from their trained instructors. We very much appreciate the community support whilst the children are learning to put their new skills into practise on our local roads. We would like to ask those children to remember and put into practice their safety training when they are out and about on their bikes, we very much appreciate parents’ support with reminders.

BOXING DAY!

Christmas child boxes were kindly donated by children in the school to 'Operation Christmas Child'. These boxes will make a huge difference to underprivileged children. We would like to thank all of the families who took part.

STILTON PLAYGROUP

Stilton Playgroup would like to wish you all a Happy New Year.

We'd like to take this opportunity to thank local businesses, individuals and SCAN for all their support over the past year and upcoming year:

WE THANK YOU

The Talbot; Darke Engineering; Nisa; Frank Ratcliffe; Kiddicare and Maplins.

MINCE PIES & CAROLS

During our Christmas events we welcomed the Over 60's Club into the school for mince pies and Christmas carols. It was a lovely afternoon! Many thanks to the Over 60's Club for their kind donation to the school.

LIGHTING UP TIME

On the last day of term we welcomed parents and carers into school to join us for our Christingle collective worship. The morning was spent making the Christingles with resources donated by The Childrens Charity. 178 Christingles were then lit during our afternoon service; it was an incredible sight!

Please can we also pass on our thanks to Dobbies Garden Centre for their generous donation of a beautiful Christmas tree for the school to enjoy.

Santa's helpers: Ringway Eurovia; Skelton's; Phil Hart, Ratcliffe's; Crystal Russell & Mary-Jane Kehoe. Thanks also to all those who kindly donated raffle prizes.

We also appreciate the Committee and those parents and children who volunteer much time and energy in fundraising for the Playgroup, as well as the running of it.

To Santa, parents and villagers, thank you for all your generosity during the Christmas period. We raised nearly £1000, which will be put towards new toys, dance class and sing & sign for the children.
Trip Down Memory Lane
RECOGNISE YOURSELF?

Former Stilton resident Stuart Sims was rootling about in his photo collection and found some entertaining (or is that ‘embarrassing’?) material that we’d like to share with you. This bevy of lovelies from 1980 are part of a Stilton drama group who put on a charity pantomime at Sawtry College each year. We know the lady on the left is Stuart’s wife Jackie. Anybody else recognise themselves? Or would like to tell us the back story?
More embarrassing pictures next month!

TALKTALK MAKE IT IMPOSSIBLE TO TALK!

If you are a TalkTalk customer and you lost all broadband services around December 15/16 the Editor would like to hear your experiences. It is certain that a considerable number of people were affected; many spent weary, frustrating hours on the phone.

The problem appears to have been solved by the fitting of a new router, but it took up to three weeks to arrive. At the time of writing (January 21) Olive Main's Tiscali email account is still not working, so please use Olivekmain@gmail.com to let her know if you were affected. Or use the old-fashioned electric telephone (241206.)

SCAN says: Maybe they should call themselves WalkWalk, as that appears to be what 250,000 customers did after their account details were hacked last October. No wonder they’re offering 12 months free broadband to try and lure people back. What ever happened to customer service?
Great News - We are Ready to Start BUT

The Stilton Community Project has now secured the necessary funds to start the project thanks to a recent grant from The Football Foundation.

We are now looking for Bricklayers, Electricians, Mechanical Engineers, Plumbers, Carpenters, Plasterers, Roofers, Cladders and finishing trades. Plus security fencing, toilet units, canteen and an office.

If you can help please contact Mark Angus, details below

Contact Mark Angus
244006 or 07946 133673
1, Willow Close, Stilton
markangus.stilton@gmail.com
Yaxley Food Bank
DONATIONS STILL REQUIRED!

Yaxley Foodbank has asked SCAN to thank the people of Stilton for the very generous response in donating food to our local Foodbank. Since July, Stilton has sent 410kgs. This includes the magnificent collection made at the Harvest Festival and an amazing response to the special Christmas appeal.

But don't stop giving; the winter is the most difficult time of the year and stocks need maintaining. At the moment the pressing need is for tinned vegetables, particularly sweetcorn (but preferably not baked beans or tomatoes).

A number of people have found the Church locked when it has been advertised as open. Below are shown the current correct times. If you have difficulty in donating please ring 241114 to organise collection.

REVISED OPENING TIMES

Donations can be left in Stilton Church porch, open at service times and every:

- **Tuesday** 9:00 - 10:30am; 2:30 - 5:00pm
- **Wednesday** 6:00 - 7:00pm
- **Friday** 9:00 - 10:30am; 2:00 - 4:00pm

FOOD NEEDED

- Cereals
- Porridge
- Jam
- Tinned: meat, tuna, vegetables, soup, fruit, meat pies and puddings
- Sugar
- Rice, pasta, noodles
- powdered potato
- Pasta sauces
- Crackers and biscuits
- Orange juice and squash
- Tea bags
- Instant coffee
- Long-life milk

Stilton Church
Coffee Morning

February 20th 2016
10am - noon

(Third Saturday in every month)

Stilton Over 60's

Stilton Over 60's wish all their friends a Happy New Year.

Stilton Over 60's meet on Fridays at 2pm in Stilton Church Meeting Room. For more details contact Sylvia Ward (242457)

Subs are due in February and this year will be £5. The AGM will take place in March.
Had a recent experience of using health or social care? Tell us what it was like for you.

**LISTEN:**

At Healthwatch, we listen. Tell us what is working well within our local health and care services and what you think needs to be better.

We log what you say and share this anonymously with the people who make decisions about our care. This helps them improve care where it is needed.

**INVOLVE:**

We can make sure you know about local opportunities to have your say on health and care decisions. You can sign up for regular updates, or get in touch whenever you want some information.

We can help you find out what health and care services are available locally, or how to raise a concern. This is a free, independent and confidential service.

**CHALLENGE:**

Healthwatch can challenge health and care decision makers, if care isn't working in the way it should. We can also challenge, if we think a decision has been made where people have not been able to contribute. They have to listen to us, and they have to reply.

**GET IN TOUCH**

Please do tell us how care is working right now for you and the people who are important to you. Your experiences are important to us.

We are happy to talk to local groups and attend events, so please do invite us.

Contact us on 01480 420628 or via www.healthwatchcambridgeshire.co.uk

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**PROGRAMME FOR 2016**

Meetings take place in Oundle at 7:30pm

- **Friday 5 February 2016**
  Talk by Mike Brown
  - Prebendal Manor Gardens

- **Friday 8 April 2016**
  Talk by Andy Chapman
  - In search of Northampton Castle

- **Saturday, 16 April 2016**
  Quiz night
  - Glapthorn Village Hall

- **Friday 6 May 2016**
  Annual General Meeting
  followed by a talk by Bob Hatton
  - Recent archaeological work in the Welland Valley

Contact for further details: Olive Main (01733 241206) Transport available
February Chores
WINTER PREPARATIONS FOR SUMMER

In spite of the odd weather there are still routine jobs to do. If you grow rhubarb, now is the time to cover it with a bucket or similar to encourage long, pale pink stalks. Gooseberries should be pruned to open up the centre of the plant. Apple and pear trees should also be pruned; keep the centre open to allow air to circulate and cut out any branches that cross or rub. Check any ties on trees or shrubs, to make sure they are still secure and that they have not become too tight around the growing trunk. This is also the time to feed with organic fertilizer.

Chit potatoes and place them in a light, cool place with the buds uppermost; an egg box is ideal. By March the sprouts will be 2 cms long and they can be planted out.

And, as we reminded you last month, don't forget the birds, it's still a lean time for them.

Stilton Gardening & Natural History Club
Saturday 20th February
Visit to Peckover House, Wisbech

11am Leave Stilton Church
12pm Peckover House gardens. Three acres of mature gardens with snowdrops and spring bulbs. Glass house with ancient citrus trees. Lunch in the tea rooms.
2pm Private tour of Peckover House to hear about the winter cleaning.
3pm (approx) return to Stilton

Cost about £16 (£10 for members of the National Trust)

To book please contact Olive Main (241206). Places are limited.

St Mary Magdalene, Stilton
For full details of church services, visit www.stiltonchurches.com
or see the Church Link - delivered to your door every month!
Stilton Memorial Hall

Hiring Charges

- Hourly charge  £6.50 / hour (minimum 2 hours)
- Children’s party  £40
- Adult party/event  £65
- Commercial    £15 / hour (minimum 2 hours)

How to Book the Hall

To book the Hall, please contact the Booking Clerk, Sue Smith:
(01733) 240414 | oscarsue@live.co.uk | 07 522 601 459
or use the online booking form on www.stilton.org

If leaving a message, please provide a LANDLINE PHONE NUMBER and you will be contacted promptly. (It’s very expensive having to reply to lots of mobiles!)

If using email, please be sure to give us your CORRECT email address and check your spam box if you don’t receive a prompt reply.

Parish Meeting Room

The Parish Room will be open from 10am to 11am immediately following Parish Council meetings, which are on the Wednesday following the second Tuesday in the month. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130.

HIRING THE ROOM

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building or in the surrounding cemetery.

FEES:

- All Day (9am - 6pm)  £50
- Evening (6:30 - 10:30pm)  £25
- Half Day (9am - 1pm or 2 - 6pm)  £25

A deposit of £50 is required when booking.
Folksworth Village Pub Update

Thank you to those of you who have donated to Folksworth Village Pub Company Limited so far. It is really appreciated.

We are currently raising money to pay for a professional commercial property valuation and survey. This looks likely to cost in the region of £3000. However, it would provide us with incredibly useful information about the true commercial value of the property and is an essential step in saving our pub. Can YOU spare £20 (or any other amount) towards the costs?

You can read more about our campaign on our website folksworthpub.wix.com/fvps

HOW TO DONATE

1. Write a cheque (made payable to Folksworth Village Pub Company Limited) and post it to 1 Morborne Road, Folksworth, Peterborough PE7 3SS.

2. Use your own bank's in-branch, telephone or online banking facility to make a direct transfer. Please email sarahw.folksworth@gmail.com to ask for our bank details.


OTHER HELP REQUIRED

If you can help us in any other way, please contact us. We are particularly looking for people who can help with commercial property valuations and surveys at the moment. In future we are also likely to need lots of other sorts of help too.

Thank you!

Did You Know?

Where the name Castel Way came from?

British History On-Line and manuscripts held at the Norris Museum in St Ives reveal that Robert Castel acquired Folksworth manor in the late 1500s. He died in 1619 and the property was subsequently inherited by John Castel and then Sherard Castel.

Contributors!

We want your material for Folklore!

Email to Sarah Abbott at abbottsarahj@hotmail.co.uk
News From St Helen's

A wonderful December was had at St Helen's church, preparing for and celebrating the birth of Jesus. At our Family Folkus service the children dressed up and we had fun learning about Christian traditions from the home countries of some of our members. The children did a great job decorating the church ready for the Church of England Primary School to join us for the Christingle.

We had the folk band Frumenty provide us with an evening of entertainment, followed by our family carol service; an inspiring morning when we were joined by Folksworth brownies. Lots of people taking part and children symbolically bringing gifts to Jesus.

Last, but not least, it was great to see the church 'packed to the rafters' at our crib service on Christmas Eve. So much going on, and sorry if you missed it - how about making a mental diary note for 2016? As mentioned above, on the 19th December St Helen's hosted 'A sideways look at Christmas' with David Bale and the folk group Frumenty. We were entertained with a mixture of folk song, carols and stories both funny and thought-provoking, and at the end of the evening enjoyed Emma Lincoln's solo in 'Silent Night'. We would like to express our thanks to the artists and all who attended and helped make the evening so enjoyable. Your support was very much appreciated.

St Helen's is pleased to offer an opportunity to take part in 'Lent Reflections'. From 14th February to 25th March we can together discover more about Easter through five bible-based readings: Judas; Kangaroo Court; Courtyard Incident; Jesus as the focus; and the Cross. Facebook and weekly (probably Friday evening) one-hour meetings will be available to enable everyone to take part and share in whatever way is best for them. So why not join in? Please see David Ellis (dellis@hpe.com) or Mike Kirk (mike@promit.fsnet.co.uk) for more details and to register.

FOLKSWORTH PRE-SCHOOL

Pamper Night

The Village Hall

Friday 4th March 7pm

Lots of therapists, beauty treatments, shopping stalls and licensed bar.

Ideal treat for mothers' day!

Church Services

February

All services start at 10am

Sun 7th Family Folkus in the School Hall

Sun 14th Holy Communion

Sun 21st Family Service

Sun 28th Morning Prayer
### Ladies Circle

All ladies wherever they live are welcome to join any of our meetings which take place in Folksworth Village Hall on the 4th Tuesday of the month starting at 7:30pm. Our 25th February meeting starts with a (short) AGM followed by a talk about ‘First Response’ from our speaker Tony Lucas.

### Pub Night

The next pub night will be held in the Village Hall on Saturday 27th February - see main advert.

### Folkworth Pre-school

Folkworth Pre-school is a registered charity and has a variety of fund-raising events lined up for 2016. See our Facebook page for more info and details of local events:

www.facebook.com/FolksworthPreschool/events

Our next two events in the Village Hall are:

- **Children’s Half-Term Valentines Disco** at 2pm on Monday 15th February. Children of all ages welcome but must be accompanied by an adult
- **A Pamper Evening** on Friday 4th March - see advert.

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**Movers & Shakers**

**FOLKSWORTH PARISH COUNCILLORS**

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mark Randall (Chairman)</td>
<td>4 Castel Way, Folksworth PE7 3TX</td>
<td>01733 248202</td>
</tr>
<tr>
<td>Lisa Blackman (Vice Chairman)</td>
<td>Sheep Lair Farm, Folksworth Road, Norman Cross PE7 3SP</td>
<td>07919 366465</td>
</tr>
<tr>
<td>Alison Brown</td>
<td>37 Manor Road, Folksworth PE7 3SU</td>
<td>01733 240501</td>
</tr>
<tr>
<td>Patrick Clarke</td>
<td>16 Townsend Way, PE7 3TU</td>
<td>01733 241860</td>
</tr>
<tr>
<td>Gordon Fenwick</td>
<td>3 Bullock Road, Washingley PE7 3SH</td>
<td></td>
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<tr>
<td>Judith Ford</td>
<td>10 Chervil Close, Folksworth PE7 3SZ</td>
<td>01733 240440</td>
</tr>
<tr>
<td>Richard Soper</td>
<td>83 Elm Road, Folksworth PE7 3SX</td>
<td>01733 719638</td>
</tr>
<tr>
<td>District Councillor</td>
<td>Rita Matthews, 52 Townsend Way, Folksworth PE7 3TU</td>
<td>01733 244169</td>
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Folksworth & Washingley Parish Council  PO Box 1285  Peterborough PE2 2NN  07724 171158 clerk@folksworthandwashingley-pc.org.uk  www.folksworthandwashingley-pc.org.uk

Be sure to tell our advertisers you found them in SCAN!
Mind the Gate

Cllr Richard Soper and former Parish Council Chairman Colin Borley recently made representation to the County Council Highways panel in support of Council's bid to have width-limiting gates fitted to the entrance and exit to Folksworth. The number of heavy commercial vehicles using this route has increased dramatically over recent years and the installation of gates should help to make this route a less convenient 'cut-through' for those vehicles which should be using the A1/A605. Fingers crossed, our application will be approved.

First Aid

Council has decided to purchase a Defibrillator unit, which will be placed on the outside of the village hall. The unit will be secured in a frost-free box with a coded entry system. A 999 call will provide the access code, allowing those who need to use the unit to do so. The unit itself will provide the tuition in a step-by-step sequence. More details in later issues.

Updates

BUS SERVICE

Following reports that the weekly bus service to Peterborough was not stopping at Folksworth, investigations found that the driver of the bus had assumed there were no passengers wanting to use it and was therefore not stopping! The situation has now been resolved.

The pick up/drop off point is 1 Manor Road. If you are experiencing problems with this service please call the service provider HACT on 01480 411114. The schedules are on the website and noticeboards.

RACE READY

Following the very successful cycle race last June, the parish will be involved in the 2016 event. It would be good to organise other events on Saturday 3rd June when the roads will again be closed. All suggestions welcomed.

WASHINGLEY BLACK SPOT

The Parish Council still needs evidence that the current speed limit of 60mph at Washingley is dangerous. If anyone has any information or has been involved in incidents on this road, particularly at the Bullock Road crossroads, please let me know.

Parish Contact

Please get in touch with me if you require any information at all about the Parish Council. I am happy to help in any way I can. Parish Council meetings are held on the third Tuesday of each month and Agendas and Minutes are placed on the noticeboards and on the website.

Jackie Stanbridge
Clerk to the Council/RFO
We would like to welcome Jo Gilbey as a new permanent member of staff to Yaxley Library. Jo may already be a familiar friendly face to many of you.

We say farewell to Debbie Burgess, who leaves us after more than 13 years at Yaxley Library. On behalf of all the staff and customers we wish Debbie well in the future and thank her for her support over the years. She will be missed!

Rhymetime and Storytime

Our popular Rhymetime event, aimed at babies from 0-18 months, runs every Friday during term time from 10:30am to 11am. Storytime, aimed at children aged 18 months to 5 years, runs on Tuesdays 9th and 23rd February from 10:30am to 11am.

EngAge in the Afternoon

The February EngAge session will be a talk from Cambridgeshire Hearing Help. Frances Dewhurst will talk about the work of this worthwhile charity, which helps people with hearing loss. This event takes place on Wednesday 17th February at 2pm. Please call in to book a free ticket.

Arts Alive Project

The next Arts Alive project will be a series of art workshops for adults with artist David Brown. The first workshop takes place on Monday 1st February from 10am - 2pm, followed by Painting a Landscape with Watercolours on Monday 7th March. The price for each workshop is £5.00, to include light refreshments. Limited availability, so call in to Yaxley Library to book your place today.

Family History Support

Do you need help tracing your ancestors? Our friendly volunteer offers one-to-one support and advice by appointment. Enquire in the library for more information.

Alternatively, would you like to meet with a group of people working on their Family Histories? The group meet every Wednesday morning between 10am and midday in Yaxley Library, accessing library family history subscription websites such as Ancestry and Find My Past.

Contact Yaxley Library for more information.
DRAWING & PAINTING CLASSES

for beginners & improvers

With DAVID BROWN

At Yaxley Library

From 10am to 2pm - breaks, plus tea & biscuits included!
Each session is a separate entity - book just 1 or come to all 5!

Learn techniques designed especially for those with little or no experience.

JUST £5 A SESSION payable in advance. All equipment is provided
and you can take finished work away with you.

Mon 1st February
PAINTING A BOWL
OF FRUIT with
ACRYLIC

Mon 7th March
PAINTING A
LANDSCAPE with
WATERCOLOUR

Mon 4th April
DRAWING A FACE
with COLOURED
PENCILS

Mon 9th May
DRAWING A
BUILDING with
PEN & PENCIL

Mon 6th June
LET’S GO MAD!
ABSTRACT with
ACRYLIC

www.artwithdavidbrown.me.uk/

Places for these workshops are limited.
Please call 0345 045 5225 or speak to library staff to
purchase a ticket. Adult only classes.

David is an
experienced artist
& tutor offering
relaxed, informal
classes, with the
emphasis very
much on
enjoyment!
FoNC exists to promote interest in the world's first ever purpose-built Prisoner of War Camp, which occupied 42 acres of land between the Great North Road and London Road (A15). It housed thousands of prisoners captured mostly in the big sea battles between 1797 and 1814.

FoNC organises a programme of events, talks and visits, and is involved in ongoing research, including a Time Team excavation. There are links with Peterborough Museum, which houses an internationally renowned collection of artefacts and prisoners’ work, the Fenland Trust and the Great Fen Project. Most meetings are at the Norman Cross Gallery.

**PROGRAMME 2016**

**11 February**

at Peterborough Museum 7:30pm

Paul Chamberlain - The Prisoner at Norman Cross; the lost town of Huntingdonshire.

£5 & £4 Booking advised; call 864663

**11 March**

at Norman Cross Gallery 7:30pm

Katja Condy will talk about Heritage open days

**13 - 15 May Yaxley Festival**

**10 June**

at Norman Cross Gallery 7pm

A talk on the Hunts Cyclist Battalions, who served in the British Army throughout both World Wars.

Also to be arranged are talks on Capability Brown, research into local newspapers, and a trip to Chatham and Rochester in November. There will also be a series of events as part of the National Heritage Weekend to be held on September 10/11.

To find out more visit the website: www.friendsofnormancross.org.uk or contact the Membership Secretary, Val Hunter (244165.)
A Real Career Ladder!
FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Think the fire service is all about putting out fires and rescuing people from road crashes? Think again.

At Cambridgeshire Fire and Rescue Service, the men and women on our front line deliver important fire safety advice to dozens of different communities. From visiting schools to care homes, mother and toddler groups to community fetes, our firefighters play an integral role in keeping YOUR community safe.

And we’d like you to think about joining us.

The role of a firefighter is varied and exciting but, most importantly, it can make a real different to people’s lives.

The next recruitment process for full-time firefighters opens on February 6. To find out more, log on to www.cambsfire.gov.uk, Call 01480 444500 or email CFRS at firefire@cambsfire.gov.uk

Firemen aren’t all big, burly men! It’s a fulfilling career for women too.
HUNTINGDONSHIRE
ASSOCIATION FOR
COMMUNITY TRANSPORT

The Ring & Ride service for the Huntingdonshire area

Monday – Peterborough
Tuesday – Peterborough
Wednesday – Huntingdon
Thursday – Peterborough
Friday – Stamford
Monthly – Corby, Bar Hill, St Neots, Morrisons at Cambourne

01480 411114 www.hact-cambs.co.uk www.facebook.com/hact.transport

Door-to-door transport. FREE with bus pass!
Unlimited use. Membership only £10 per year.
You can bring shopping trolleys and wheelchairs.
They also offer day trips (coastal and shopping) and pub lunches!

Improve Your Piano Skills and Enjoy Your Playing!
Beginners welcome!
Margaret Parsons Tel: (01733) 243352

Stilton Parish Council

Clerk: Mrs. Mary Croll
10 Caldecote Road, Stilton
Peterborough, PE7 3RH
Tel: 01733 241042
Email: stiltonpc@yahoo.co.uk

PLAYING FIELD CLOSED

Under the Health and Safety act 1974 the playing field will be CLOSED UNTIL FURTHER NOTICE to enable essential maintenance work to be undertaken to improve the playing field surface.

By Order of the Parish Council
Mary Croll, Clerk to Stilton Parish Council

Be sure to tell our advertisers you found them in SCAN!
Want to Discover Tai Chi?

Originally a Chinese form of martial art, Tai Chi has long been a popular and effective exercise regime that promotes health, well-being and longevity, and reduces stress.

As much a philosophy as a form of low-impact exercise, it is accessible to everybody, young or old.

Local Tai Chi Classes

There are classes at a number of local venues; Yaxley is the nearest.
For information visit:
www.taoist.org.uk/locations/peterborough-austin-hall

Or call Alex Weyman on 01480 413353
# The Stilton Diary

## What to do, Where to do it & Who to do it with!

### M T W T F S S

<table>
<thead>
<tr>
<th>TINIES</th>
<th>WHAT</th>
<th>WHEN</th>
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<tbody>
<tr>
<td>0</td>
<td>Toddler's Dance</td>
<td>9am</td>
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<tr>
<td>0 0 0 0 AM</td>
<td>Playgroup</td>
<td>9 - 11:45 &amp; 1 - 3pm</td>
</tr>
<tr>
<td>0</td>
<td>Beavers</td>
<td>6 - 7:15pm</td>
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<tr>
<td>0</td>
<td>1st Stilton Brownies</td>
<td>6:15 - 8pm</td>
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<td>0</td>
<td>Stilton Rainbows</td>
<td>5:15 - 6:15pm</td>
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<tr>
<td>0</td>
<td>Folksworth Brownies</td>
<td>6:30 - 7:45pm</td>
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<td>0</td>
<td>1st Folksworth Rainbows</td>
<td>5:30 - 6:30pm</td>
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<tr>
<td>0</td>
<td>Guides</td>
<td>6 - 7:30pm</td>
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<td>0 0 0 0</td>
<td>Stilton United Colts</td>
<td>KO 10am</td>
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<tr>
<td>O</td>
<td>Parish Council</td>
<td>2nd Tuesday 7:30pm</td>
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<td>O</td>
<td>Sewing Group</td>
<td>2:30 - 5pm</td>
</tr>
<tr>
<td>O 0</td>
<td>Over 60's Club</td>
<td>2:00pm</td>
</tr>
</tbody>
</table>

### YOUNGSTERS

| 0 0 0 0 | Holy Communion | 1st & 3rd Sun 11:00am |
| 0 0 0 0 | Holy Communion | 2nd & 4th Sun 8:00am |
| 0 0 0 0 | LinCup (Café style worship) | 2nd Sun 11am |
| 0 0 0 0 | Elevesnies with God | 4th Sunday 11:00am |
| 0 0 0 0 | Linking Hands (mums) | 9am |
| 0 0 0 0 | Crossover (Y6) | 6 - 7pm in term time |
| 0 0 0 0 | Take a Break (children & carers) | 9am in term time |
| 0 0 0 0 | Men's Prayer Breakfast | 8am 2nd Saturday in month |
| 0 0 0 0 | Holy Communion (soup lunch) | 1st Wednesday 12:30-1:30 |
| 0 0 0 0 | Church Choir | 2nd & 4th Thursday, 7:30pm |
| 0 0 0 0 | Prayer Focus | 8am |

### ADULTS

| 0 0 0 0 | Stilton Gardening Club | 3rd Tues 7:30pm |
| 0 0 0 0 | Pilates | 9:30-10:30; 10:30-11:30am |
| 0 0 0 0 | Stilton Indoor Bowls | 2pm Mon, 7pm Thu, 7:30pm |
| 0 0 0 0 | Band | 8 - 9:35pm |
| 0 0 0 0 | Judo | 6 - 8pm |
| 0 0 0 0 | Yoga | 6 - 7pm |
| 0 0 0 0 | Stilton United FC | 3:00pm kick-off |
| 0 0 0 0 | Taoist Tai Chi | 7:30pm |
| 0 0 0 0 | Folksworth Art Club | 12:30-4:30pm |
| 0 0 0 0 | Folksworth Ladies' Circle | 4th Tuesday, 7:30pm |
| 0 0 0 0 | Yaxley Flower Club | 3rd Thursday, 7:30pm |
| 0 0 0 0 | Stilton Stumblers (walking group) | Alternate Sundays 10:00am |

### CHURCH

| 0 0 0 0 | Mobile Library | 3:10 - 4pm (4th Wed in month) |
| 0 0 0 0 | Age Well Club | 10 - 11:45am |
| 0 0 0 0 | Carers' Group | 1st Weds, 2 - 4 pm |
| 0 0 0 0 | Sawtry Day Centre | 10am - 2:30pm |
| 0 0 0 0 | Sawtry Friendship Club | 10:30am - 1:30pm |

### LEISURE

| 0 0 0 0 | Mobile Library | 3:10 - 4pm (4th Wed in month) |
| 0 0 0 0 | Age Well Club | 10 - 11:45am |
| 0 0 0 0 | Carers' Group | 1st Weds, 2 - 4 pm |
| 0 0 0 0 | Sawtry Day Centre | 10am - 2:30pm |
| 0 0 0 0 | Sawtry Friendship Club | 10:30am - 1:30pm |

### OTHER

**CALL Are we up to date? Tell SCAN about your activities!**
## WHERE

<table>
<thead>
<tr>
<th>Church Meeting Room</th>
<th>Michelle Pratt</th>
<th>07906 114942</th>
</tr>
</thead>
<tbody>
<tr>
<td>Playgroup</td>
<td>Leslie Kirk</td>
<td>247682</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Niki Wilson</td>
<td>07971 558927</td>
</tr>
<tr>
<td>Memorial Hall</td>
<td>Jen Walton</td>
<td>01487 832114</td>
</tr>
<tr>
<td>Memorial Hall</td>
<td>Sandra Waldrin-Walker</td>
<td>661255</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Annette Gedney</td>
<td>244442</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Julie Quy</td>
<td>243026</td>
</tr>
<tr>
<td>Memorial Hall</td>
<td>Carol Warren</td>
<td>(07508) 502534</td>
</tr>
<tr>
<td>Stilton Playing Field</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Parish Room | Mrs Croll | 229130 |
| Church Meeting Room | Pat Maltman | 242229 |
| Church Meeting Room | Sylvia Ward | 242457 |
| St Mary Magdalene | Irene Goldsmith | 244229 |
| St Mary Magdalene | Stuart Reed | 241114 |
| St Mary Magdalene | Irene Goldsmith | 244429 |
| St Mary Magdalene | Stuart Reed | 241114 |
| Church Meeting Room | Irene Goldsmith | 244229 |
| Church Meeting Room | Pat Maltman | 242229 |
| Church Meeting Room | Michelle Pratt | 07906 114942 |
| Church Meeting Room | Derek Foot | 242761 |
| St Mary Magdalene | Doug Maltman | 242229 |
| Church Meeting Room | Pat Maltman | 242229 |
| St Mary Magdalene | Stuart Reed | 241114 |

## WHEN

- Toddler's Dance: 9am, Church Meeting Room, Michelle Pratt, 07906 114942
- Playgroup: 9 - 11:45 & 1 - 3pm, Playgroup, Leslie Kirk, 247682
- Beavers: 6 - 7:15pm, Folksworth Village Hall, Sandra Waldrin-Walker, 661255
- 1st Stilton Brownies: 6:15 - 8pm, Memorial Hall, Carol Warren, (07508) 502534
- Stilton Rainbows: 5:15 - 6:15pm, Memorial Hall, Pat Maltman, 242229
- Folksworth Brownies: 6:30 - 7:45pm, Folksworth Village Hall, Annette Gedney, 244429
- 1st Folksworth Rainbows: 5:30 - 6:30pm, Folksworth Village Hall, Julie Quy, 243026
- Guides: 6 - 7:30pm, Memorial Hall, Irene Goldsmith, 244229
- Stilton United Colts: KO 10am, Stilton Playing Field
- Parish Council: 2nd Tuesday 7:30pm, Parish Room, Mrs Croll, 229130
- Sewing Group: 2:30 - 5pm, Church Meeting Room, Pat Maltman, 242229
- Over 60's Club: 2:00pm, Church Meeting Room, Sylvia Ward, 242457
- Holy Communion: 1st & 3rd Sun 11:00am, St Mary Magdalene, Irene Goldsmith, 244229
- Holy Communion: 2nd & 4th Sun 8:00am, St Mary Magdalene, Stuart Reed, 241114
- LinCup (Café style worship): 2nd Sun 11am, St Mary Magdalene, Irene Goldsmith, 244229
- Elevenses with God: 4th Sunday 11:00am, St Mary Magdalene, Stuart Reed, 241114
- Linking Hands (mums): 9am, Church Meeting Room, Irene Goldsmith, 244229
- Crossover (Y6): 6 - 7pm in term time, Church Meeting Room, Pat Maltman, 242229
- Take a Break (children & carers): 9am in term time, Church Meeting Room, Michelle Pratt, 07906 114942
- Men's Prayer Breakfast: 8am 2nd Saturday in month, Church Meeting Room, Derek Foot, 242761
- Holy Communion (soup lunch): 1st Wednesday 12:30-1:30, St Mary Magdalene, Doug Maltman, 244229
- Church Choir: 2nd & 4th Thursday, 7:30pm, Church Meeting Room, Pat Maltman, 242229
- Prayer Focus: 8am, St Mary Magdalene, Stuart Reed, 241114
- Stilton Gardening Club: 3rd Tues  7:30pm, Church Meeting Room, Olive Main, 241206
- Pilates: 9:30-10:30; 10:30-11:30am, Memorial Hall, Vicky Leschallas, 01487 831644
- Stilton Indoor Bowls: 2pm Mon, 7pm Thu, 7:30pm Fri, Memorial Hall, Peter Leaton, 245851
- Band: 8 - 9:35pm, Memorial Hall, Brian Bowen, 241310
- Judo: 6 - 8pm, Memorial Hall, Simon Trowbridge, 01487 831644
- Yoga: 6 - 7pm, Memorial Hall, Brian Appleyard, 244642
- Stilton United FC: 3:00pm kick-off, Glen Woolner, 01487 831644
- Taoist Tai Chi: 7:30pm, Austin Hall, Main Street, Yaxley, Alex Weyman, 01480 413353
- Folksworth Art Club: 12:30-4:30pm, Folksworth Village Hall, Cherry Hadley, 244258
- Folksworth Ladies' Circle: 4th Tuesday, 7:30pm, Folksworth Village Hall
- Yaxley Flower Club: 3rd Thursday, 7:30pm, Yaxley British Legion, Yvonne Wagstaff, 243370
- Stilton Stumblers (walking group): Alternate Sundays 10:00am, Meet at the Pump, Shirley Gregory, 246209
- Mobile Library: 3:10 - 4pm (4th Wed in month), Outside The Talbot
- Age Well Club: 10 - 11:45am, Yaxley Health Centre, Linda Smith, 240478
- Carers' Group: 1st Weds, 2 - 4 pm, Yaxley Health Centre, Linda Smith, 240478
- Sawtry Day Centre: 10am - 2:30pm, CARESCO, Vicki, 01487 832105
- Sawtry Friendship Club: 10:30am - 1:30pm, CARESCO, Pat, 01487 832105

## Date? Tell SCAN about your activities!

Be sure to tell our advertisers you found them in SCAN!
Children's Half Term Valentines Disco

Monday 15th February at 2pm
Folksworth Village Hall

Children of all ages welcome (must be accompanied by an adult)

Proceeds to Folksworth Preschool, registered charity number 1013835
See our facebook page for more info and more local events:
www.facebook.com/FolksworthPreschool/events

Yaxley Singers

If you enjoy singing - anything from classical to jazz, religious, secular, songs from the shows etc - then come along at 7:30 - 9pm on Wednesdays to Yaxley Methodist Church, Main Street, Yaxley. You don't have to read music.

We give informal concerts around the area to church groups, ladies groups, charity events and care homes. We are now preparing for our annual Christmas concert in Yaxley Methodist Church, which will include old favourites and new songs, with audience participation!

If you want to know more, ring Mary Croll (241042) or Olive Main (241206). Transport from Stilton is usually available.
Every Thursday 9.30am to 12.00pm
Every Saturday 8.30am to 11.30am

Social indoor soft play session for parents and under 6’s.
There will be a variety of soft play equipment, bouncy castle and a ball pool for children to play in a safe environment.

£1 per child

Krazy Kat Funhouse

Green End Road, Sawtry PE28 5UY
Tel: 01480 387800
www.oneleisure.net
Monday 8 February is Chinese New Year, so a good excuse for a Chinese feast, eh? 2016 is also the Year of the Monkey, but let’s not go there…

**PANCAKE DAY!**

However, Tuesday 9 February is Shrove Tuesday, the day preceding Ash Wednesday which marks the beginning of Lent and the traditional Christian period of fasting. Known elsewhere as Mardi Gras or Carnival Fasnacht this festival is marked by eating up the rich foods that are forbidden in Lent. In many countries this means using up eggs, milk and sugar, so most cultures have some variation on pancakes.

**HAVE A GO!**

It is quite acceptable to buy ready-made pancakes (Tesco’s are recommended), but your own fresh ones will be better. If you’ve never made your own pancakes go onto Google for instructions, then make a tower of pancakes. The secret is a hot and well-greased pan; the first pancake usually comes out a bit leathery and is traditionally fed to the dog! And you don’t actually need to flip the pancake; just turn it over with a spatula if you’re not brave enough.

**THE BEST PANCAKE FILLINGS**

There’s a lot to be said for the traditional lemon juice and sugar, but the basic pancake is so versatile that you can be really adventurous with sweet or savoury fillings. Americans stir blueberries into the batter; the classic crepe suzette covers the humble pancake with caramel, orange juice and Grand Marnier or Cointreau. For a savoury dish, stir ham, spring onions and seasoning into a cheese sauce, spoon over half a pancake, fold it and slide onto a warm plate.

Different again are Scotch pancakes; simple and quick at any time of year. Sieve 100gms plain flour into a bowl, add 50gms of caster sugar. Whisk in one egg. It will look lumpy, but gradually whisk in milk until you have a thick, smooth batter. Heat a thick-bottomed frying pan, grease with a paper towel wet with vegetable oil. Spoon in a small amount of batter. When the surface bubbles it’s time to turn over, probably about two minutes each side. Re-grease as needed. Cool slightly, then spread over butter, jam or golden syrup.

**ST VALENTINE’S DAY**

Sunday 14 February. This is a very ancient festival, probably stemming from the Roman festival of Lupercalia with its fertility rites, said to be the time when birds choose a mate. There are no particular dishes associated with it, but it’s a good time to take your best-beloved out for a treat. Of course, restaurants get booked up early, so don’t delay!
LOVE FOOD FAIR

Cambridge Central Library
on the 20th Feb 2016
At 10.30 - 3pm

Central Library, Cambridge – 3rd floor.
FREE event

A variety of different groups and organisations providing top tips on food / eating healthy / growing your own – a fun and informative fair with tasty samples to whet your appetite.

Why not stay for lunch or a drink at the Library Café.
SystmOnline is the practice system offering online access to appointment booking and cancellation for a range of clinics; online repeat prescription ordering, and access to summary records (recent medication list, allergies and adverse reactions). Using our online services will enable you to make your appointments at a time suitable to you and avoid our busy phone lines, particularly on a Monday morning. This should ensure quicker access to the practice and prevent long waits on the telephone. Many patients are finding the online ordering of repeat prescriptions to be quicker and much easier than manual ordering via the practice.

Registering for the new system is straightforward and you can book appointments and doctor call-backs from almost any computer or smartphone, whether at home or at work.

You can register via our website at www.yaxleygp.nhs.uk and go to Online Services Application Form.

**Doctors' telephone call-backs**

...are now available to book online. These can be booked the NIGHT BEFORE from 6:30pm for the following day, meaning you can book in the evening without a long queue on the telephone each morning. This is in addition to the appointments already available to book online:-

- NHS Health Checks
- Routine Blood Tests
- INRs Appointments
- Smears
- Diabetes Annual Reviews
- Chronic Heart Disease Appointments
- Purple Clinics (For patients who have been informed they are part of this programme with more than one long-term condition e.g. Hypertension, Asthma, CHD, COPD and CKD)
- Smoking Cessation Clinic

**Named GP for Our Patients**

All patients registered at this Practice have a named GP. Initially your registered GP will be your named GP, but you can request for this to be changed if you wish.

All of our patients are still able to consult with any GP of their choice in the usual way. If your usual doctor is not your named GP you can still continue to see them just as you do now.

**Useful Website**

SELF-CARE FORUM

You may find the following website of interest, plus offering some sensible and good advice www.selfcareforum.org/fact-sheets/
Baby Immunisations
ON THURSDAY AFTERNOONS

From the 10th December 2015 there has been a small change to the way that we manage the immunisation clinic. The clinic will be at the same time but we will now offer five-minute appointments starting at 2pm. By doing this, we hope it will help alleviate the congestion in our main Reception area. When you receive your letter from Child Health advising that your child is due for vaccination, the letter will now ask that you **ring the surgery and make an appointment for a specific time.**

Do You Need Help to Stop Smoking?

We have a specialist smoking cessation advisor who visits the practice every Thursday. He can offer specialised one-to-one face-to-face or telephone support, and can supply nicotine replacement and drug therapy on prescription.

You are four times more likely to quit with help from the NHS. If you have already tried to quit but been unsuccessful please try again as help is available.

Appointments are available on Thursdays. Please ring reception on 01733 240478 to arrange an appointment or for further information please contact Steven Tibbs, Smoking Cessation Advisor, on 07908 408 743

You can also now book your appointment online. To register please visit our website at: www.yaxleygp.nhs.net

The following website may also help you: http://smokefree.nhs.uk

Help to stop smoking is available from CAMQUIT the Cambridgeshire stop smoking service. For help and advice: Ring 0800 018 4304 or visit www.camquit.nhs.uk

Friends & Family Test

The NHS Friends & Family Test was introduced by all general practices in 2014. This is a way of gathering your feedback so that we can continually review our service. The test is based on one question: How likely are you to recommend our GP practice to friends and family if they needed similar care or treatment?

You also have the opportunity to tell us the main reason for selecting your answer. All of our patients are welcome to answer this question and you can do so as frequently as you wish. Response cards are available on our Reception desk and there is also the opportunity to do this online via our website at: www.yaxleygp.nhs.uk

We would be very grateful if you could take a moment to complete a response form next time you are in the practice.

Half Day Closing

The Practice will be closed on the following Wednesday afternoons 10th February 2016 and 16th March 2016 from 1pm till 4.30pm

Be sure to tell our advertisers you found them in SCAN!
Carer Support Group Meeting

The next meeting of the Carer Support Group will be on Wednesday 3rd February between 2-4pm in the Health Education Room.

If you care for a family member or friend then you would be welcome to join our small but friendly group for coffee, biscuits and a chat. All carers will be made very welcome.

Yaxley Health Centre Patients’ Association

Race Night

The Royal British Legion
Saturday 20th February
First race at 7:30pm

Come along and enjoy the fun!

We would like to thank the following who have been so generous in sponsoring us: Trevor Stephen, GSD Builders, Sophisti-Cut Hairdresser, The Partners at YGP, Eric Hitchcock Yaxley Convenience Store, and the Yaxley Keep in Touch Club.

All monies raised go to the Yaxley Health Centre Patients’ Association.

Advertisers !

Bigger circulation means more business for you!

Place your orders through the Stilton village website.

Just go to www.stilton.org/village-life/scan/advertising-in-scan/

Lots of useful information to help you present your business effectively!

www.stilton.org

Mobile Library

Wed 24 Feb

Folksworth
10:45 - 11am
Elm Road

Stilton
3:10 - 4pm
Outside The Talbot

Route M24

Be sure to tell our advertisers you found them in SCAN!
Afternoon Closures 2016/17
Each year we have a number of half-day closures which we use to facilitate staff training, engagement in local commissioning events etc. We may either close entirely on these afternoons, or provide only a limited service. In both cases, in the event of an emergency you should call the surgery on 01487 830340 for further instructions.

Dates booked for 2016/17 are as follows:
- Tuesday 23rd February 2016
- Tuesday 26th April 2016
- Tuesday 21st June 2016
- Wednesday 14th September 2016
- Thursday 20th October 2016
- Thursday 26th January 2017
- Wednesday 22nd February 2017

‘Flu Vaccination - FINAL CALL!
May we remind all patients falling within the following at-risk categories that you are entitled and encouraged to have a ‘flu vaccination:
- Aged 65 or above
- Chronic respiratory disease, such as severe asthma, COPD or bronchitis
- Chronic heart disease
- Chronic renal disease at stage 3, 4 or 5
- Chronic liver disease
- Chronic neurological disease
- Diabetes
- Patients who are immunosuppressed
- Patients who have a splenic dysfunction
- Patients who are at any stage of pregnancy
- Patients living in long-stay residential care home
- If you receive a carer’s allowance, or if you are the main carer for an elderly or disabled person whose welfare would be at risk if you were taken ill.

If you have not yet had your vaccination please contact our Reception team on 01487 830340 to make an appointment.

Mrs Claire Wright, Practice Manager

Booking an Appointment
As we try to meet increasing demand for appointments our reception staff may ask you if you are able to provide some information as to the nature of your problem. This is so we can direct you to the best person or resource to meet your need and make best use of the increasingly limited resources we have available.
We have volunteer opportunities in your area.

We want you to be a part of our story in your community.

Front of House/ Information Assistants  
Digital Advisers  
Trustee volunteers including a Treasurer

If you are looking for a new volunteering challenge then we’ll have something to suit you.

citapeterborough.org.uk
Volunteering with Citizens Advice

Are you friendly, approachability and empathic, do you have good communication skills and like talking to people and helping them? Are you looking for a volunteer role that will help you back into work? Then this is the role for you. Citizens Advice Peterborough urgently need Volunteer Front of House Worker/Information Assistants.

PURPOSE OF THE ROLE

- To ensure that CAP is a professional, welcoming and accessible place for clients to visit and that clients requirements are facilitated where reasonable.
- To be the first point of contact in welcoming clients, providing information and ensuring clients are dealt with according to agreed CAP systems and protocols.
- To support the key self-help aspect of the service and provide help to those needing assistance to help themselves.
- To provide administrative support for the service by answering the phone, booking appointments when necessary, and managing the queue.

WHAT YOU WOULD DO

Main duties and responsibilities include:

- Welcome clients
- Explain waiting times and process to clients
- Provide information about CAP and other advice services to clients
- Work collaboratively with other colleagues involved in the advice work process.
- Provide a service that is based on empathy, sensitivity and respect for clients and colleagues
- Acknowledge children and / or any special needs [protected characteristics] and take appropriate action
- Maintain confidentiality about clients’ issues and their contact with the charity
- Consult Senior Advice Workers when necessary and appropriate
- Work within agreed CAP systems, procedures and protocols
- Answer the telephone and refer calls or take messages accurately
- Provide client with information where appropriate, including details of other agencies, and point out leaflets / factsheets from the Citizens Advice public website
- Maintain stocks of stationery, leaflets and posters
- Update public information materials and information
- Use IT for record keeping

We also have various trustee roles including a new Treasurer. All our vacancies can be found on our website: www.citapeterborough.org.uk
Free Shopping Bus

READERS WHO FANCY A CHANGE FROM FOOD SHOPPING AT TESCO OR NISA MAY WELCOME A NEW SHUTTLE BUS SERVICE OPERATED FOR THE CO-OP AT OUNDLE.

DECKER BUS WILL STOP IN STILTON EVERY THURSDAY MORNING AS FOLLOWS:

- 09:45 Church Close bus stop
- 09:47 Colbrook Garage
- 09:50 Opposite Stilton Cheese
- 09:52 Mill Road bus stop

APPLENTLY IT WILL EVEN STOP IF YOU HAIL IT, SO DON’T RUN TO THE BUS STOP!

THE BUS ARRIVES IN OUNDLE FOR 10:45 AND DEPARTS AT 12:15PM. PLENTY OF TIME FOR SOME SHOPPING AT THE CO-OP OR A BROWSE AROUND THE THURSDAY FARMERS’ MARKET!

EVEN BETTER, THE SERVICE IS FREE! IF YOU HAVE ANY QUERIES, CALL (01733) 351694.

Accessing Adult Social Care

Social care is provided to people who have been assessed as having substantial or critical support needs with personal care, getting meals, managing medication and staying safe.

Social care is personal and practical support to help people live their lives by supporting them to maintain their independence and dignity and ensuring they have choice and control over the support they receive. Many people don't think about social care until they or someone they know need support, and then find they are unsure about where to find information or how to access the services they need.

Adult social care customer services are the initial point of contact for all social care enquiries. The trained staff know about the services available and can offer advice on who else may be able to help. Call them on 0345 045 5202. You can also find out more about adult social care in Cambridgeshire on the website below.

If you think you may need help with mental health issues you should contact your GP in the first instance.

www.yourlifeyourchoice.org.uk