20 Years of Twinning

**FLU SEASON**
HALLS THE CHEMISTS
EXPLAIN THIS YEAR’S VACCINATIONS

**STRONGER**
FOR LONGER
HOW TO KEEP ACTIVE IN OLDER LIFE

**STILTON IN TUNE**
A PACKED CONCERT PROGRAMME RIGHT THROUGH 2019

**QUIZ NIGHTS**
ENTER YOUR TEAM TODAY!

**FULL MEAL JACKET**
IT’S TIME TO ENJOY YUMMY BAKED POTATOES!

This year Stilton and St Christol celebrated 20 years of our twinning relationship. Read Chris Walford’s report on p10.
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</tbody>
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Please put your bins out after 6pm on the day before collection

www.huntingdonshire.gov.uk/bins
Diary of Events

If you have a one-off event fixed in the next few months please contact the editor - 241206 or olivekmain@gmail.com

**OCTOBER**

7th  Harvest Festival Lunch  
20th  Church Quiz Night  
      Talbot Firewalk Night  
21st  Keyboard Concert in Pavilion

**NOVEMBER**

17th  Home Guard Band Concert  
      Twinning Quiz Night  
25th  Keyboard Concert in Pavilion

**DECEMBER**

1st  Christmas Fair Stilton Pavilion  
8-9th  Church Xmas Tree Festival  
16th  Keyboard Concert in Pavilion

**DESPERATELY SEEKING?**

**NO - FOUND!**

Another small success for SCAN and our readers. Last month we published two enquiries from individuals trying to trace ancestors and friends. Hardly had SCAN bounced on our doormats than we received replies from readers able to help. Well done!

Peterborough Treasures

**NOT TO BE MISSED!**

As well as the visit of Tim Peake's space capsule, Peterborough is also hosting another blockbusting exhibition as part of the celebrations of the 900th anniversary of Peterborough Cathedral.

Peterborough Museum and Art Gallery  
Priestgate  
Peterborough PE1 1LF  
August 25th 2018 - January 6th 2019  
Open Tuesday to Sunday 10am - 5pm  
Free Entry

National treasures associated with Peterborough come back to the city's museum from places such as the Victoria and Albert Museum, The Bodleian Library and the British Museum. The 'stars' of the exhibition are the Casket of St. Thomas Becket, made to hold his relics soon after his murder in 1170; the Water Newton Treasure, which is early Christian silver objects and the Peterborough Chronicle, one of the Anglo Saxon Chronicles.

This exhibition is a rare opportunity to see such important treasures together.
GP surgeries and pharmacies are once again encouraging us all to get protected against flu. But this time there are different forms of vaccine being offered, which can be a bit confusing so we asked Shabbir Damani of Halls the Chemist to explain:

**WHAT IS FLU?**

Flu is a highly infectious disease. The symptoms, that come on very quickly, include fever, chills, headaches, aches and pains in the joints and muscles, and extreme tiredness. For most healthy people, a bad bout of flu is worse than a heavy cold but usually requires spending a few days in bed. However, serious infections, especially in those with underlying health conditions, although less common, can lead to hospitalisation.

**TARGETED VACCINES**

For this flu season, three vaccines are being offered to better target patient needs:

1. A **quadrivalent** injected vaccine. This is for adults, aged 18 and over but below 65, who are at increased risk from flu because of a long-term health condition. This is free of charge on the NHS to anyone with a serious long-term health condition, such as asthma, heart disease, kidney disease, diabetes, etc. You can find more information about the qualifying conditions in Halls pharmacy, or ask for more details.

2. An **adjuvanted trivalent** injected vaccine. This is free of charge on the NHS to people aged 65 and over, as it has been shown to be more effective in this age group. You are eligible for this vaccine if you will be aged 65 or over on 31\textsuperscript{st} March 2019 - that is, if you were born on or before 31\textsuperscript{st} March 1954.

3. A **trivalent** injected vaccine. This is for adults aged 18 or over who do not fall into one of the NHS criteria. This is paid for by the patient.

For patients who pay for their flu vaccines, Halls The Chemist offer these from £6.99. Book early for this promotional price!

To book an appointment or to ask for more information, including details about our walk-in service, please contact Halls The Chemist on (01733) 229090.
Advert removed
We all find daily life getting harder as we become elderly, so simple ways to help us keep fit and active for longer are very welcome. Simple strength and balance exercises twice a week are proven to keep you stronger for longer so you can keep independent and enjoying life, whether it's playing with grandchildren, shopping, socialising or gardening. That’s why, working with local NHS health partners, Cambridgeshire County Council have developed the Stronger for Longer campaign.

International Older People's Day on 1st October is the catalyst for promoting this initiative, but it’s already been proving its worth.

After breaking a bone in her back two years ago, 74-year old Brampton resident Margaret found that normal activities were extremely difficult. But thanks to some simple regular strength and balance exercises at Brampton Memorial Hall, she is now on the road to recovery and doing the things she enjoys again.

Margaret explained: ‘When I first broke a bone in my back, even a simple task like ironing was agony. Then I saw an advert in the Brampton Parish Magazine for strength and balance classes and thought I'd give them a go. As a result I am now definitely stronger; even my husband has noticed how my confidence and mobility have much improved. I can do simple tasks again that I once took for granted and also do the things I enjoy like gardening. I would certainly encourage all older people to give the strength and balance exercises a go to make sure they are getting the most out of life and stay stronger for longer.’

To find out more about this programme, its success stories, classes and activities in Huntingdonshire, and other ways to help you keep active, visit: www.cambridgeshire.gov.uk/strongerforlonger

SCAN SAYS:

Whatever your age, you don’t need to be a gym bunny to keep fit. There are many easy and enjoyable ways to do so - and keeping active is inherently enjoyable as it triggers the pleasure centres in the brain.

The chief problem is motivation, but one way around this is to join a club or informal group for activities such as walking, swimming, cycling etc. So much more enjoyable in good company! For those of a certain age, why not check out the Peterborough U3A, which has a variety of fitness groups, such as walking, dancing - and even belly dancing! Just visit their website at: www.peterboroughu3a.org.uk.
Tai Chi, Anyone?
MOVING MEDITATION, FOR BODY, MIND AND SPIRIT

Taoist Tai Chi arts are specifically designed to improve health, through methods including stretching, full-range movement, and continuous turning of the waist and spine. These movements exercise the whole physiology, including tendons, joints, connective tissue and internal organs.

Importantly, Tai Chi is accessible and beneficial to everyone, regardless of their physical condition. To promote this healthful activity, Taoist Tai Chi are running beginners’ courses in the area, so why not give it a try?

The nearest upcoming courses are:

- Yaxley, Tuesday 2nd October
- Huntingdon, Tuesday 2nd and Thursday 4th October
- Stamford, Monday 1st October.

They also run occasional ‘come & try’ sessions.

To find out more, visit www.taoist.org/uk or call 01206 576167.

### Stilton Stumblers
Autumn Itinerary

<table>
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<th>Weekend in Buxton</th>
<th>21 Oct</th>
<th>Helpston</th>
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<td>4 Nov</td>
<td>Kings Cliffe – Blatherwycke</td>
<td>18 Nov</td>
<td>Houghton Mill – St Ives</td>
</tr>
</tbody>
</table>

Our regular walks are between 5 - 8 miles and meet at 10:00am at The Pump

For more information about Stumbling, just Google ‘Stilton Stumblers’ or call Shirley on (01733) 246209 - or just turn up on the day with your boots on!

### Stilton Stay & Play

Bring your children - 0-5 yrs - to play and meet new friends

**Wednesdays in Stilton Pavilion** 9:00 - 10:15am

£1 donation per child

www.facebook.com/stiltonstayandplay
Regular readers will recall Paul Springford’s article in the May issue, in which he described the story and achievements of Stilton mapmaker John Bodger. It seemed unjust that his family headstone in St Mary’s churchyard should have been neglected, so Paul launched a project to restore it.

By the time you read this, weather permitting, the lovely headstone should be standing upright. It can be found just a few feet from the south porch of the church.

Thanks are due to Mark Oliver, the mason from Fenland Stoneworks at Yaxley, who carried out the work. We are grateful for support from Stilton Community Association and the Fenland Trust. And thank you also to the SCAN readers who contributed to the cost of the work. It’s not too late if you would like to make a donation, so just contact Paul on 241739.

Britain is wall to wall with fascinating and important cultural history. Even a modest village like Stilton seems to have more than its fair share. John Bodger was born in 1754 to a farming family, but went on to become a celebrated map maker and land agent and created an important, highly detailed, map of the now lost Whittlesea Mere. His house is now home to our village shop. John lived there until he died in 1843, just eight years before the mere was drained and converted to farmland.

In this month’s issue, we print some top tips from Cambs Fire & Rescue about managing domestic solid fuel burners safely. But many fires start in catering premises such as restaurant kitchens and fast-food outlets.

So CFRS are running a programme of FREE business fire safety seminars aimed principally at the catering sector. If you run or work in such premises why not take advantage? You can download useful guidance notes from www.cambsfire.gov.uk, and ask about the seminars by calling (01733) 353206 or by emailing: fireprotectionnorth@cambsfire.gov.uk
Stilton Parish Meeting Room

The Parish Room will be open from 10am to 11am immediately following Parish Council meetings, which are on the **Wednesday following the second Tuesday in the month**. If you want to speak with the Clerk at any other time, please make an appointment. Planning applications can be viewed by appointment; telephone (01733) 229130.

HIRING THE ROOM

The Meeting Room is available for hire between 9am and 10:30pm Monday to Saturday; Sunday hours by arrangement. A booking form and conditions of hire are available from the Clerk to Stilton Parish Council.

The Room seats up to 20 people, ideal for small clubs or committee meetings. It has broadband, a kitchen area and toilet suitable for use by disabled people. Users should note that smoking is not permitted in any part of the building, nor in the surrounding cemetery.

**FEES:**

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<tr>
<td>Half Day (9am - 1pm or 2 - 6pm)</td>
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<tr>
<td>Evening (6:30 - 10:30pm)</td>
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A deposit of £50 is required when booking.
On 25th August 33 people from Stilton visited St Christol les Alès to celebrate 20 years since the Twinning Charters between our two communities were signed. There were 10 young people, the youngest aged 7, in the Stilton group - the next generation.

Visitors were royally hosted by families and there was a wonderful programme of visits, including La Grand Motte for a day on a Mediterranean beach, as well as beach bars and a pétanque competition (the visitors won one game!), a visit to Carrières de Lumières at Les Baux de Provence and a visit to the stunning UNESCO village of Saint-Guilhem-le-Désert.

90 guests celebrated our 20 years of Twinning/Jumelage with fireworks and champagne at a restaurant in the hills above St Christol. This was a fun night and all those were remembered and thanked who helped establish our twinning: Maire John Sirvan, Cllr Gerrard Blacher, Mugette Largier and Mirriam Hourcade (the first President of the St Chrisol Twinning Assn), Chantal and Paul Roberts, Olive Main, Chris and Linda Walford. Most importantly, however, the occasion recognised the importance of all the young people, the ‘Next Twinning Generation’ who have participated in exchange visits, for they are the future. Over 600 people have taken part in exchanges over the past 20 years.

Ellie aged 9 from Stilton writes: ‘It was one of the best experiences of my life, I enjoyed staying with my French family Larry, Naila and their three kids. There are lots of French families that you can stay with. I was nervous at first but when I actually got there I had a whale of a time! Every day there is something to do whether it is trying new things or exploring new places. It is good for all ages and I recommend it to everybody.’

We were presented with a specially engraved and painted oak wine barrel and a crafted replica of the St Christol historic Pyramid. We presented St Christol with a piece of stained glass art work entitled *It is the Channel that joins us* or *La Manche nous rapproche.*

The Stilton Group send heartfelt thanks to all those in St Christol who hosted, to the St Christol Twinning Association who arranged the programme, and the St Christol Mairie for its generous support.

Above all it was five days of fun and pleasure with everyone happy in each other company.
Entries have now closed for submitting pictures for the 2019 Stilton Calendar. And our readers didn’t disappoint! We’re currently sorting through all the pictures to compile a shortlist that presents a broad impression of Stilton - and indeed also of Folksworth, as we had quite a few from our Folksworth readers.

So watch this space! Our plan is to try and have the finished calendars ready in time for readers to send out to friends and relatives for Christmas. Proceeds from sales will go to Stilton Community Association to support community activities.

---

**Shop at CARESCO!**

7 Greenways, Sawtry   01487 208026 shop@caresco.org.uk

**Looking for a bargain?**
- Lots of high-quality items always in stock
- New items arriving every day
- Score a bargain and support this popular and welcoming community care centre

**Opening hours**
- Mon - Fri    9 - 4:30pm
- Saturday    9 - 4pm
- Sunday      Closed

**Having a clear-out?**
If you’re thinning out your wardrobe, or those unwanted Christmas presents that deserve a good home, why not donate them to the CARESCO charity shop?

Storage space is limited, so if you’ve got bulky items, or just lots of stuff to donate, call us first to make sure we’ve got room! Seasonal items particularly welcome.
Harvest Festival
7th October 11:15am

'Giving thanks for our blessings'

This year as well as giving thanks that the harvest has been safely gathered in we are giving thanks for all that God gives us. In addition to your harvest offering of tinned food to be donated to the Foodbank, you are invited to bring flowers to put on the Church window sills as a personal 'thank you'. You are welcome to put a card by the flowers to say what you are thankful for. Please bring your flowers and/or gifts to the Church on Saturday 6th October between 10am to 12 noon.

Everybody is very welcome to bring their gifts and join in our worship at the Harvest Festival at 11.15am on Sunday 7th and the celebration Harvest Shared Lunch after the service. Please sign up on the lunch list in the Church porch and take a ticket for what you will provide.

Stilton Café Church
28th October 11:15am

Worship for all ages

Come and join us in the Church Meeting Room for lively informal worship, refreshing your soul, mind and body.

Service of Light
1st November 7pm

Our Annual Service of Light provides an opportunity for families to remember their loved ones who have died in Stilton and the surrounding villages. Invitations will go out to those whose loved ones had funerals in Stilton and Folksworth in the last three years or have attended previously, but all who feel they would gain comfort are welcome.

Peterborough Winter Night Shelter

Stilton Church will continue to host up to eight guests who are homeless this winter. The shelter will open from Sunday evening/night 16th December until 10th March.

For a number of winters we have provided a warm room, clean bed, hearty dinner and breakfast, as well as a friendly environment to homeless people who have been referred by Peterborough City Council. Our guests all have to show the Rough Sleepers department of the Council that they are making an effort to find employment and housing. Each evening, before they are brought to the shelter, they are interviewed to check they are fit and safe to join the group.
The project has had many successes for individuals in previous years, but the crisis in homelessness continues to be a major issue in our society. More volunteers to welcome and care for our homeless guests in our shelter and in those across the city are always welcome.

If you have not volunteered before and would like to join the team and receive more details, please email: volunteer@lightprojectpeterborough.org.uk The closing date for application will be 31st October 2018.

Yaxley Foodbank

During the last year Stilton donated 1644kg of food - a wonderful effort: THANK YOU.

During the summer, food was provided for children in 14 local families who depend on free meals at school during term-time. In addition, families in crisis continued to be referred to the Foodbank. Many thanks for all who donated food during this time.

All donations of non-perishable staple food will be gratefully received and can be left at the Stilton collection point in the Church Porch. Alternatively, telephone Pearl on 241114.

Stilton Church Coffee Morning

Saturday Oct 20th

10:30am - noon

Everybody is welcome!

October Worship

Wed 3rd 12:30pm Holy Communion followed by Soup Lunch

Sun 7th 11:15am Harvest Festival followed by Shared Lunch

Sun 14th 8:00am Holy Communion [BCP] led by Revd Gordon Limbrick
11:15am Morning Praise and Baptism

Sun 21st 11:15am Holy Communion

Sun 28th 8:00am Holy Communion [BCP] 11:15am 'Stilton Café Church' - all age worship led by Pat and the Café Church team

Stilton Group of Parishes Men’s Breakfast

AT THE BELL INN
8:30am
SATURDAY OCT 13th

Speaker Barry Swingler

£10 per head

For further information, call Nigel Rosbrook (01733) 246396

Yaxley Foodbank

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During the summer, food was provided for children in 14 local families who depend on free meals at school during term-time. In addition, families in crisis continued to be referred to the Foodbank. Many thanks for all who donated food during this time.

All donations of non-perishable staple food will be gratefully received and can be left at the Stilton collection point in the Church Porch. Alternatively, telephone Pearl on 241114.
Stilton Parish Council

All funds raised at our

**Village Christmas Fair**

Saturday 1st December 2018 at Stilton Pavilion

will go towards developing a new children's play area and a green gym at Stilton Pavilion.

**We need your help!**

Please contact us if you would like to:

- book a stall (crafts, produce, games etc)
- help on the day (refreshments, manning the door, selling raffle tickets etc)
- donate a raffle prize
- get involved in any way

*This is an exciting time for all Stilton residents!*

Please contact Dee Darnell
dee.darnell.stiltonpc@gmail.com    Tel: 07806 833555

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**Help the Foodbank**

The Foodbank helps those in need in our local communities. Staple foods are always welcome, especially tinned vegetables, tinned meat and bottles of squash.

Please leave your donation in Stilton Church porch or contact Pearl (241114) if you need any items collected.
# Stilton Parish Councillor Details

<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olive Leonard (Chair)</td>
<td><a href="mailto:olive.leonard@gmail.com">olive.leonard@gmail.com</a></td>
<td>243725, 07817 257281</td>
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<tr>
<td>John Leonard</td>
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<td>Chris Walford</td>
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<td>Mark Angus</td>
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<tr>
<td>Jayne Beale</td>
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<tr>
<td>Philip Shailer</td>
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<td>Simon Steward</td>
<td><a href="mailto:simon@easiprintandcopy.co.uk">simon@easiprintandcopy.co.uk</a></td>
<td>245754</td>
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<td><a href="mailto:dee.darnell.stiltonpc@gmail.com">dee.darnell.stiltonpc@gmail.com</a></td>
<td>245250</td>
</tr>
<tr>
<td>Keith Bull</td>
<td><a href="mailto:keith.bull.stiltonpc@gmail.com">keith.bull.stiltonpc@gmail.com</a></td>
<td>245250</td>
</tr>
<tr>
<td>Don Darke</td>
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<td>243556</td>
</tr>
<tr>
<td>Mary Croll (Clerk)</td>
<td><a href="mailto:stiltonpc@yahoo.co.uk">stiltonpc@yahoo.co.uk</a></td>
<td>241042</td>
</tr>
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**Friends of Norman Cross**

Invite you to the first event in their 2018/19 winter programme

**Peterborough's Blue Plaques**

A talk by Toby Wood

**Friday 5th October 2018 at 7pm**

Norman Cross Gallery, London Road

Toby is Vice-Chairman of Peterborough Civic Society which, between 1985 and 2012, placed 28 commemorative plaques on city buildings which it was felt needed to be commemorated, such as RAF Peterborough Officers' Mess and Baker Perkins Apprentice School. By 2012 several were missing, others dilapidated so the Civic Society have replaced these and the list added to by new blue plaques.
With planning well in hand for next year’s monthly events, writes Tony Oliver, I am now looking at 2020, with so many artistes looking to play for us as our reputation builds. By ‘us’ I mean my team of helpers and our wonderful supporters who show their appreciation for good ‘straight down the middle’ music.

Next year’s dates and artistes appear below. While newcomers to our great music world might not recognise the names I can assure you that they are all top performers in their profession. We hope that more and more of you will give us a go so that we can keep these monthly light music concerts going. As I have said before, we are not a club so there is nothing to join but these events are run by people whose love of fine music – popular, jazz, orchestral, classic – is brought to you in a style you cannot hear on television or radio. The modern electronic instruments are phenomenal with the true sounds they can make!

Despite it being holiday time, our August event saw a welcome increase in audience to enjoy a superb afternoon’s entertainment by Elizabeth Harrison. Our September concert featured another very talented keyboard players, Steve Hubble. Now we look ahead to Sunday 21st October at 2:30 pm, when we feature super player John Cooper who, along with his dad on videos, will provide a great session of music and fun. We look forward to welcoming you.

Due to circumstances beyond my control we have had to alter this November’s concert date, featuring Daniel Watt, from the 18th to the 25th. Please make a note.

So on to 2019, with an unsurpassable programme planned for our pleasure. There will be no concert in January but monthly onwards on the first Sunday of the month:

<table>
<thead>
<tr>
<th>Date</th>
<th>Artist</th>
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<tbody>
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<td>Ian House</td>
</tr>
<tr>
<td>3rd March</td>
<td>Mark Thompson</td>
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<tr>
<td>7th April</td>
<td>Rod Pooley</td>
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<td>5th May</td>
<td>special event starring Claudia Hirschfeld from Germany</td>
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<tr>
<td>2nd June</td>
<td>David Thomas</td>
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<td>7th July</td>
<td>Ian Griffin</td>
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<td>4th August</td>
<td>Kevin Grunill</td>
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<td>1st September</td>
<td>Chris Powell</td>
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<td>6th October</td>
<td>DirkJan Ranzijn from Holland</td>
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<tr>
<td>3rd November</td>
<td>special duet show featuring Andrew Nix and Tony Stace</td>
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<tr>
<td>15th December</td>
<td>Christmas show with David Harrild.</td>
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Concerts start at 2:30pm (doors open 2pm) and, with an interval for free refreshments and raffle, finish around 5pm. Do come and join our music-loving group. Oh, the cost, just £7.50 per person! We look forward to seeing you at The Pavilion.

For further details please contact Tony Oliver: 01480 474282 or 07918 602600 email tony.oliver5@btinternet.com.
**Stilton Parish Council**

The Parish Council Office is now open at Stilton Pavilion every Wednesday and Thursday from 9:30am to 12:30 am.

You are welcome to drop in for a chat with either the Clerk or Responsible Financial Officer (RFO) if there is any information you need about our services.

As we also show families round the Pavilion and meet them to discuss bookings, if you have an urgent or important issue you wish to discuss then it is best to make a booking with either:

Mary Croll - Parish Clerk - stiltonpc@yahoo.co.uk (Thursdays)
Kate Waller - RFO - stiltonparishcouncil@gmail.com (Wednesdays)

Residents are invited to attend all Parish Council and Parish Council Committee meetings. Meetings are normally held in the Parish Rooms commencing at 7:30pm on the second Tuesday of each month.

There is a 15 minute Public Forum at the start of each meeting, so feel free to come along and have your say on local issues.

Agendas and minutes for recent meetings together with the Audit Report for 2018/2019 can be downloaded from the website: www.stiltonparishcouncil.org

Details of any change in time/date or venue for meetings are detailed on the agenda.

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**Stilton Pavilion**

For information on the availability for hire, times of regular classes or rates of hire please contact the Clerk or RFO as above, or visit the Stilton village website at www.stilton.org/facilities/stilton-pavilion

**Special rates for Stilton residents!**

Proof of address and identity are required for all bookings and a deposit is held until completion of the booking. For details see www.stilton.org/facilities/stilton-pavilion

No smoking is permitted in any part of the building or within 10 metres of the building.
FOLKSWORTH & WASHINGLEY VILLAGE HALL

Folksworth Pre-school is a well-established organisation that has been running since 1979. It offers a vital service in our village. The pre-school has strong connections with our local primary school. During term time the village hall also hosts a separate mother and toddler group that is very well attended. It has been a pleasure over the past year to see the children enjoying the outside play area and the improved facilities inside the hall. Now we are at the start of the autumn term, as the weather draws in, the all-weather play surface next to the hall will give a big boost for the children, as it ensures that they are able to play outside through the seasons whatever the weather brings.

We were particularly pleased that Folksworth Village Hall was chosen to host an important Early Years training event just before the start of term. We asked Niki Wilson, Folksworth Pre-school Setting Manager, to tell us more.

‘A very successful training day was organised by Paula Wright (Early Years Professional/Teacher Status) bringing together over 80 practitioners from 10 different settings from across Peterborough and Cambridge. The keynote speaker was Dr Kay Mathieson, an independent Early Years consultant who has worked extensively with young children in schools and Early Years settings and has a particular interest in special educational needs and young children’s behaviour.

‘Feedback was very positive toward the facilities that Folksworth Village Hall had to offer: the large kitchen, the number of tables and chairs to accommodate a large group and easy access to major road links. It is hoped that we can host this type of event more frequently. We would like to thank Paula for her work organising such a thought provoking training day and Joy for coordinating with us.’

The Village Hall Committee is determined to improve the hall, with the hope of new toilets for adults and children, and a separate meeting room facility. This will enable more groups and organisations to use the hall for a variety of users of all age groups. Gaining grant funding is difficult and the market, as we are constantly told, is competitive but we are determined to pursue this goal.

You can help us in raising funds by joining our next fund-raising event - Bingo on Saturday 1st December. More details next month.

For Hall information, visit www.facebook.com/FolksworthVillageHall/. For hall bookings please contact Mrs Joy Blythe on (01733) 241938.

A DIARY DATE

On 10th November in the Village Hall there will be a local history exhibition to commemorate 100 years since the end of the First World War. See the advertisement for further details.
FOLKSWORTH SCHOOL

The Confident and The Curious!

Autumn is upon us, and we are well into the new term. The reception children have hosted their first ‘Celebration of Learning’ event. This is a time for the children to share with their parents the learning they have undertaken in school. It was a real privilege to see them all so proud and confident after just a few weeks with us; in fact it was an inspirational afternoon for everyone!

Elsewhere in the school, Oak class were palaeontologists for the day. They went on an exploration of the school grounds, and dug up numerous dinosaur bones and fossils. Who knew there were so many exciting prehistoric finds to be found in Folksworth?

Sadly, we have also said ‘goodbye’ to two long-serving members of staff who will be very much missed by our school community. We sincerely wish Paula (our Cook) and Mike (our Caretaker) the very best in their new roles, and thank them for the contributions they have made to the lives of our children over the years.

FOLKSWORTH LADIES CIRCLE

Ladies Circle has recommenced after the summer break and we enjoyed a talk about the Life of an Auctioneer by Lawrence Seaton from Buttercross Auctioneers in Whittlesey. This month we will discover how to put a ship in a bottle.

We meet on the fourth Tuesday of the month at 7:30pm in the Village Hall. Ladies of all ages are most welcome so do come along - and bring a friend. Cost to non-members is just £1.

PETERBOROUGH OPERA

Peterborough Opera are regular users of the Village Hall and can be heard rehearsing on Friday's from 7:30pm onwards.

See advertisement for their next production: Die Fledermaus which will be performed (in English) at Queen Victoria Hall, Oundle on Thursday 25th - Saturday 27th October at 7.30pm, and the Key Studio, Peterborough on Sunday 28th October at 4pm. Tickets are £15 (adults) and £10 (18 and under) and are available from the Key Theatre Box Office (01733 207239) and Oundle Box Office (01832 274734).

For more information about Peterborough Opera's future events, go to www.peterboroughopera.co.uk or find us on Facebook, Twitter and Instagram.

NEWS FROM ST HELEN'S

St Helen's is planning to hold a village carol service on Sunday 23rd December at 3pm. We want this to be for the whole village and to include the various groups that meet in Folksworth. So if your community group would like to take part in any way, e.g. choosing or presenting a carol, sharing a reading or contributing in your own unique way, please contact Mike Kirk by email to mikekirk0549@gmail.com by the end of October. Do keep the date free and plan to come. Let's fill St. Helen's with residents from Folksworth celebrating and worshipping the Baby Jesus at Christmas.
We had a fantastic day at our annual Family Folkus and St. Helen's Church Family Outing. This year we went to twin lakes at Melton Mowbray. Here is a photo from the day.

**OCTOBER SERVICES**

All start at 9:45am

<table>
<thead>
<tr>
<th>Date</th>
<th>Service</th>
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<tbody>
<tr>
<td>7th</td>
<td>Harvest Holy Communion</td>
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<tr>
<td>14th</td>
<td>Family Focus in the School Hall</td>
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<tr>
<td>21st</td>
<td>Morning Praise</td>
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<tr>
<td>28th</td>
<td>All Age Worship in the School Hall</td>
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**HARVEST SUPPER**

Folksworth St Helen's Harvest Supper and quiz will be held on Saturday 6th October at 6:30pm in the School Hall. Tickets available from Dru on (01733) 242790 or from Hege. £9 per person, £5 per child or £70 for a table of eight paid in advance.

The menu is being finalised and will include a starter of Harvest Soup followed by lasagne - including veggie option - with garlic bread and salad. Dessert will be a selection of donated puddings. Donate a pudding and get a free drink and some raffle tickets to say thanks! A licensed cash bar selling alcoholic and non-alcoholic drinks will be available. We can cater for other dietary needs/intolerances - just let us know when you book.

**Local History Exhibition**

Commemorating the end of World War One

Information and memorabilia about the experiences of the Parish during the War years

**Saturday 10th November 2018 10:00 till 16:00**

Folksworth Village Hall

Free entry - Refreshments - donation to Village Hall appreciated

If you have any contributions or would like to help contact Alison Brown on (01733) 240501
COUNCILLOR VACANCIES

There are two vacancies on the Parish Council. If you would like to find out more about being a Councillor please get in touch with me.

WEIGHT RESTRICTION

Further to the Traffic Survey carried out a couple of months ago, a bid has now been made to Cambridgeshire County Council Highways for a weight restriction of 7.5 cwt to be set for the parish for all vehicles not accessing addresses in Folksworth or Washingley. I will keep you informed of our progress on this.

POCKET PARK DEVELOPMENT

This project is now well underway and Council needs volunteers to help with the clearing of nettles/brambles etc. and the removal of ivy from some of the remaining trees. If you feel you could spare some time to help with this, please contact either Cllr Alison Brown, Cllr Patrick Clarke or the Clerk. Council is participating in the Orchards East Heritage Lottery Fund project in the development of the community orchard.

MEETINGS

The Parish Council meets on the third Tuesday of the month, except August, at 7:20 in the Village Hall, Manor Road, Folksworth. Planning meetings are scheduled as and when necessary. Agendas and Minutes can be found on the noticeboards and on Council's website.

All meetings are open to the public and there is an opportunity at the start of each meeting for members of the public to speak.

If I can help with anything at all, please contact me.

Jackie Stanbridge
Clerk to the Council/RFO

Contributors!
We want your material!

For SCAN, email Olive Main at olive.main@googlemail.com or call her on 241206
For Folklore, email to Sarah Abbott at abottssarahj@hotmail.co.uk or call her on 247275
# FOLKSWORTH ART CLUB

We meet on Thursdays from 12:30 to 4:30 pm in Folksworth Village Hall to paint/draw in a friendly, informal atmosphere, helping each other when necessary.

NEW MEMBERS AND BEGINNERS ARE VERY WELCOME

Why not join us? Bring your own materials.

£3 per session, including refreshments.

Contact Cherry Hadley Tel: 01733 244258

- or just come along and enjoy yourself!

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## Movers & Shakers

### FOLKSWORTH PARISH COUNCILLORS 2018-22

<table>
<thead>
<tr>
<th>Mark Randall (Chairman)</th>
<th>Patrick Clarke</th>
<th>District Councillor</th>
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</thead>
<tbody>
<tr>
<td>4 Castel Way</td>
<td>16 Townsend Way</td>
<td>Cllr Tim Alban</td>
</tr>
<tr>
<td>Folksworth PE7 3TX</td>
<td>Folksworth PE7 3TU</td>
<td>36 Worthington Close</td>
</tr>
<tr>
<td>01733 248202</td>
<td>01733 241860</td>
<td>Stilton PE7 3XF</td>
</tr>
<tr>
<td>Lisa Blackman (Vice Chairman)</td>
<td>Gordon Fenwick</td>
<td>07913 101145</td>
</tr>
<tr>
<td>Manor Farm</td>
<td>3 Bullock Road</td>
<td><a href="mailto:tim.alban@huntingdonshire.gov.uk">tim.alban@huntingdonshire.gov.uk</a></td>
</tr>
<tr>
<td>Fen Lane</td>
<td>Washingley PE7 3SH</td>
<td></td>
</tr>
<tr>
<td>Stilton PE7 3SA</td>
<td>Judith Ford</td>
<td>County Councillor</td>
</tr>
<tr>
<td>07919 366465</td>
<td>10 Chervil Close</td>
<td>Cllr Simon Bywater</td>
</tr>
<tr>
<td>Alison Brown</td>
<td>Folksworth PE7 3SZ</td>
<td>9 Crabapple Close</td>
</tr>
<tr>
<td>37 Manor Road</td>
<td>01733 240440</td>
<td>Sawtry PE28 5QG</td>
</tr>
<tr>
<td>Folksworth PE7 3SU</td>
<td>Steve Chapman</td>
<td>01487 831079</td>
</tr>
<tr>
<td>01733 240501</td>
<td>5 Chervil Close</td>
<td><a href="mailto:Simon.bywater@cambridgeshire.gov.uk">Simon.bywater@cambridgeshire.gov.uk</a></td>
</tr>
</tbody>
</table>

Folksworth & Washingley Parish Council  PO Box 1285  Peterborough PE2 2NN  07724 171158  clerk@folksworthandwashingley-pc.org.uk  www.folksworthandwashingley-pc.org.uk
Stilton & District Twinning Association

Quiz Night

For teams of 6-8 people

Saturday 17 November 2018
Stilton Pavilion
7:30pm for 7:45 start

Tickets £7.50 per head
Includes Supper and Dessert
(Bring your own drink and glasses)

Book your place with: Chris Walford 241376 or Paul & Audrey 241739

St Mary Magdalene Church, Stilton

QUIZ NIGHT

Saturday, October 20th 7pm for a 7:30pm start
Stilton School Hall
Teams of up to 8 - Tickets £7.50 per person
Includes a ploughman's supper and dessert - bring your own drinks and glasses

To book a team or individuals phone Pat Maltman 242229
or email pat_maltman@hotmail.com
### What to do, Where to do it and Who to do it with!

**MTWT FSS WHAT**

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<tr>
<td>Toddler's Dance</td>
<td>Playgroup (Stilton)</td>
<td>Stay &amp; Play</td>
<td>Mums &amp; Toddlers (Folksworth)</td>
<td>Pre-School (Folksworth)</td>
<td>Stilton United Colts</td>
</tr>
</tbody>
</table>

**WHEN**

- Toddler's Dance: 9:15am
- Playgroup (Stilton): 9 - 11:45 & 1 - 3pm
- Stay & Play: 9 - 10:15am
- Mums & Toddlers (Folksworth): 10:00-11:30 term time
- Pre-School (Folksworth): 9:00am - 3:00pm
- Stilton United Colts: 10am - 3:00pm

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**ADULTS**

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<tbody>
<tr>
<td>Parish Council (Stilton)</td>
<td>Parish Council (Folksworth)</td>
<td>Sewing Group</td>
<td>Over 60's Club</td>
<td>Holy Communion</td>
<td>Holy Communion (BCP)</td>
</tr>
</tbody>
</table>

**WHEN**

- Parish Council (Stilton): 9:30-12:30 weekly
- Parish Council (Folksworth): 7:30 - 9:30pm 3rd Tuesday in month
- Sewing Group: 2:30 - 5pm
- Over 60's Club: 2:00pm
- Holy Communion: 1st & 3rd Sun 11:15am
- Holy Communion (BCP): 2nd & 4th Sun 8:00am
- LinCup (Café style worship): 2nd & 4th Sun 11:15am
- Stilton Group Service: 5th Sunday in month
- Linking Hands (mums): 9am
- Crossover (Y6): 6 - 7pm in term time
- Men's Prayer Breakfast: 8am 2nd Saturday in month
- Holy Communion (soup lunch): 1st Wednesday 12:30-1:30
- Church Choir: 2nd & 4th Thursday, 7:30pm
- Prayer Focus: 8am
- Christian Congregation in UK: 5 - 11pm, 1st & 3rd Sun in month

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**CHURCH**

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<tbody>
<tr>
<td>Stilton Gardening Club</td>
<td>Pilates (Stilton)</td>
<td>Pilates (Stilton)</td>
<td>Pilates (Folksworth)</td>
<td>Clubercise</td>
<td>Stilton Table Tennis Club</td>
</tr>
</tbody>
</table>

**WHEN**

- Stilton Gardening Club: 3rd Tues 7:30pm
- Pilates (Stilton): 9:30-10:30; 10:30-11:30am
- Pilates (Stilton): 10.00 - 11.00am & 10.30 - 11.30am
- Pilates (Folksworth): 7:45-8:45pm Wed. 8 - 9pm Thurs.
- Clubercise: 7.15 - 8.15pm
- Stilton Table Tennis Club: Mon (adults) 2-4pm; Tue 7:00-9:30pm
- Stilton Carpet Bowls Club: 2pm Mon, 7.30pm Thu
- Folksworth Indoor Bowls: 7 - 9pm weekly. May-Aug fortnightly
- Peterborough Opera Group: 7:30 - 9:30pm
- Band: 8 - 9:35pm
- Yoga: 5.30 - 7pm
- Mat Pilates: Mon 8-9pm; Tue 6-7pm; Wed 9-10:30
- Chair Exercise: 11am-12:30pm
- Stilton United FC: 3:00pm kick-off
- Taoist Tai Chi: 7:30pm
- Folksworth Art Club: 12:30-4:30pm
- Folksworth Ladies' Circle: 7:30-9:30pm 4th Tuesday in month
- Yaxley Flower Club: 3rd Thursday, 7:30pm
- Stilton Stumblers (walking group): Alternate Sundays 10:00am
- Papercrafting: 10am-noon, 2nd Monday in month
- Indoor Bootcamp: 5:30 - 6:30pm
- Dance lessons: 3:00 - 6:00pm

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**SPORT & LEISURE**

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<tbody>
<tr>
<td>Mobile Library (Stilton)</td>
<td>Mobile Library (Folksworth)</td>
<td>Age Well Club</td>
<td>Carers' Group</td>
<td>'Chatterbox' Carers' Support Group</td>
<td>Music &amp; Spoken Word Social Group</td>
</tr>
</tbody>
</table>

**WHEN**

- Mobile Library (Stilton): 3:10 - 4pm (4th Wed in month)
- Mobile Library (Folksworth): 10:45 - 11am (4th Wed in month)
- Age Well Club: 10 - 11:45am
- Carers' Group: 1st Weds, 2 - 4 pm
- 'Chatterbox' Carers' Support Group: 2nd & 4th Mondays, 2-4pm
- Music & Spoken Word Social Group: 2nd & 4th Fridays, 1:30-3pm
- Sawtry Vintage Club: 10am - 2:30pm
- Sawtry Friendship Club: 10:30am - 1:30pm

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**OTHER**

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**WHEN**

- To join Stilton or Folksworth Rainbows, Brownies or Guides, please visit: www.girlguiding.org.uk
- Stilton United Colts: KO 10am

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**Are we up to date?**

Be sure to tell our advertisers you found them in SCAN!
<table>
<thead>
<tr>
<th>WHERE</th>
<th>WHO</th>
<th>CALL</th>
</tr>
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<tbody>
<tr>
<td>Stilton Church Meeting Room</td>
<td>Michelle Pratt</td>
<td>07906 114942</td>
</tr>
<tr>
<td>Playgroup</td>
<td>Leslie Kirk</td>
<td>247682</td>
</tr>
<tr>
<td>Stilton Pavilion</td>
<td>Rebecca Mills</td>
<td>07498 528393</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Georgina</td>
<td>07542 172075</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Nikki</td>
<td>07771 784643</td>
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</table>

As per fixtures

<table>
<thead>
<tr>
<th>WHERE</th>
<th>WHO</th>
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<tbody>
<tr>
<td>Stilton Pavilion</td>
<td>Mrs Croll</td>
</tr>
<tr>
<td>Folksworth Village Hall</td>
<td>Jackie Stanbridge</td>
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<tr>
<td>Stilton Church Meeting Room</td>
<td>Pat Maltman</td>
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<tr>
<td>Stilton Church Meeting Room</td>
<td>Sylvia Ward</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Revd Richard Gibbs</td>
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<tr>
<td>St Mary Magdalene</td>
<td>Revd Richard Gibbs</td>
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<td>See notice boards or Stilton Group of Churches' Facebook for details</td>
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<th>WHERE</th>
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<tr>
<td>Stilton Church Meeting Room</td>
<td>Irene Goldsmith</td>
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<tr>
<td>Stilton Church Meeting Room</td>
<td>Pat Maltman</td>
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<tr>
<td>Stilton Church Meeting Room</td>
<td>Nigel Rosbrook</td>
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<tr>
<td>St Mary Magdalene</td>
<td>Revd Richard Gibbs</td>
</tr>
<tr>
<td>Stilton Church Meeting Room</td>
<td>Pat Maltman</td>
</tr>
<tr>
<td>St Mary Magdalene</td>
<td>Stuart Reed</td>
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WHERE

| Stilton Church Meeting Room | Olive Main | 241206 |
| Stilton Pavilion | Vicky Leschallas | 07919 053140 |
| Stilton Pavilion | Frances Ellis | 07714 773528 |
| Folksworth Village Hall | | |
| Stilton Pavilion | Louise Knox | 07957 983950 |
| Stilton Pavilion | Steve Ambler | 242156 |
| Stilton Pavilion | Scott Sherrington | 242409 |
| Folksworth Village Hall | | |
| Stilton Pavilion | Brian Bowen | 241310 |
| Stilton Pavilion | Brian Appleyard | 244642 |
| Stilton Church Meeting Room | Sue Gibbs | 07709 938122 |
| Stilton Church Meeting Room | Sue Gibbs | 07709 938122 |
| As per fixtures | | |
| Austin Hall, Main Street, Yaxley | Alex Weyman | 01480 413353 |
| Folksworth Village Hall | Cherry Hadley | 244258 |
| Folksworth Village Hall | Phyllis Hope | 240947 |
| Yaxley British Legion | Yvonne Wagstaff | 243370 |
| Meet at the Pump | Shirley Gregory | 246209 |
| Stilton Church Meeting Room | Maggie | 07788 919899 |
| Stilton Pavilion | Rachael Joyce | 07789 292441 |
| Stilton Pavilion | DanceXcess | 07768 435362 |

LOCATIONS

Outside The Talbot
Elm Road
Yaxley Health Centre | Linda Smith | 240478 |
Yaxley Health Centre | Linda Smith | 240478 |
CARESCO Centre | Miranda | 07751 798287 |
CARESCO Centre | CARESCO Office | 01487 832105 |
CARESCO Centre | Vicki | 01487 832105 |
CARESCO Centre | Pat | 01487 832105 |

Date? Tell SCAN about your activities!
THE GB HOME GUARD BAND

Returns to Stilton

In concert at

The Stilton Pavilion

High Street, Stilton, PE7 3RA

Saturday, 17th November, 2018 at 3:00 pm

Tickets: £10 - Doors open at 2:30 pm

- Vintage military band music performed by 25 musicians.
- Many of the band's musicians have served in the British Army, RAF and Royal Marines bands.
- The 'Big Band Sound', marches, soloists, sing-a-long.
- In this very special year of remembrance our programme will include a tribute to mark the centenary anniversary of the end of WW1.

A donation will be made to the Stilton Pavilion from the proceeds.

Telephone: 01733 242156 or - gbhomeguardband@gmail.com
St Mary Magdalene Church Stilton

It’s back!

The Stilton Christmas Tree Festival

December 8th & 9th

A spectacular display of illuminated trees with Craft and Produce Stalls.

and

Café Royale will be open for light refreshments.

Entertainment throughout the day.

Entry Free

We need your Trees!

As an individual, or an organisation, you can provide a decorated tree and bring it to the Church on the 6th; you’ll get it back on the 14th.

If you do not want to decorate a tree, why not sponsor one?

Please contact Linda on 244666 to register your tree

Proceeds from the event will help to run and maintain your Church
Prince Orlofsky cordially invites you to attend

Johann Strauss’

Die Fledermaus

Thursday 25th - Saturday 27th October 2018 at 7.30pm
Queen Victoria Hall, Oundle

Sunday 28th October 2018 at 4pm
Key Theatre Studio, Peterborough

Tickets are £15 (adults) £10 (under 19s)
Available from:
Oundle Box Office (01832 274734) oudenleboxoffice.com
Key Theatre Box Office (01733 207239) vivacity.org
The Burning Issue

HOW TO KEEP YOUR SOLID FUEL FIRES TROUBLE-FREE

As the winter nights draw in, we begin using our fires, burners and chimneys once again. Cambs Fire & Rescue are called to around 80 chimney fires a year, so their ‘top tips’ are well worth taking seriously:

**CHIMNEYS AND FIRES**

Whatever fire you have, or fuel you burn, to avoid a build-up of ash and soot it is essential to have your chimney swept once a year, or more frequently if you burn wood.

Only burn fuels suitable for your burner. (eg. wood-burners should only use the right quality wood recommended by the supplier.)

Wood should be well-seasoned (kept dry and stored for around two years). Avoid burning resinous, wet or newly felled wood, or plywood/chipboard, as these will deposit tars/creosote in the appliance and chimney.

Do not overload the grate/appliance by banking the fire too high. Let it burn out well before you go to bed.

Check the hearth, floor and furnishings near the fire for hot sparks/embers. Use a fire/spark guard that has the kite mark or conforms to British/European standards.

Do not place objects on or over the mantelpiece which cause you to stand too close to the fire in order to reach them.

Regularly inspect the chimney and flues, particularly in the loft. Check your chimney breast is sound and sparks/fumes cannot escape through cracks or broken bricks.

**WOOD/MULTI-FUEL BURNERS**

A qualified and competent engineer should install all wood/multi-fuel burners and boilers – regular maintenance should be undertaken to prolong the working life of the appliance. Specialist servicing and maintenance will usually be provided by the supplier but www.solidfuel.co.uk is a good source for advice and information.

Ensure correct ventilation is in place when the appliance is in use.

Follow each slow burning period with a quick burn to dry out unwanted tar/creosote deposits and to warm up the chimney again.

At the end of each burning season and at least once during the season the entire system should be cooled and thoroughly cleaned to maintain top performance.

Fit a smoke alarm that carries the kite mark or British Standard Number 5446. Test your alarm weekly by pressing the test button.

Always also install a CO alarm in the room where the burner is installed. Chimney fires continue to be a common occurrence in home fires in the winter months.

For more information log on to www.cambsfire.gov.uk, follow them on social media, or call 01480 444500.
This is the most exciting time of the year for cooks, with so many seasonal ingredients to choose from. You may want to organize a Halloween party - and not just for the children! At the same time, keeping costs down in the run up to Christmas may be in your mind. Here are some unusual fillings to jazz up the old favourite of Jacket Potatoes.

**STEP 1 - THE PERFECT POTATO**

(don't use the microwave or foil!)

The supermarket may make the selection for you, but if you have a choice go for King Edwards, Desiree, Rooster or Maris Piper. All are readily available, and all floury in consistency.

- Heat the oven to 200°C (fan) / Gas 7
- Prick each potato all over with a fork.
- Rub each potato with butter or olive oil and sprinkle with sea salt.
- Bake at the top of the oven for about 1 hour until the skin is crisp and the inside soft.
- Cut a cross in the top, squeeze the sides and add your favoured filling.

**STEP 2 - EXCITING FILLINGS**

You can, of course, serve with grated cheese, baked beans, tuna, prawns, chicken etc. but why not try something a little different?

#1 - Cheese with a difference

Mix 200gms soft cheese, 100gms grated mozzarella, 100gms grated cheddar, 4 sliced spring onions, 3 tablespoons milk, black pepper. Pile into the potatoes.

#2 - Vegetarian

Cook 300gms broccoli or cauliflower cut into small florets and, when tender, mix in one beaten egg, 140gms of grated cheese and a teaspoon of mustard. Pile in the potato, sprinkle with a little grated cheese and bake until the cheese is bubbling on top.

#3 - Shepherd's pie with a difference

Cook beef mince as for a shepherd's pie. Scoop out the potato, but keep the skin whole. Mash the potato with milk and butter. Pile the mince into the skins, top with mash, sprinkle with some grated cheese and bake for about 15 minutes until nicely browned.

#4 - You can use already prepared chilli in the serving with soured cream to pour over and a sweet chilli sauce.
Is your lawn looking very sad, brown and unkempt after the long, hot summer? Well don’t despair - it can be brought back to life in five steps.

**Step 1 SCARIFY & AERATE**

Rake out dead, matted thatch and remove weeds, then aerate all over. Look for areas of bare soil.

**Step 2 RE-SEED**

Do this quickly while the ground is still warm enough, or wait until spring. Water well, sow, and then leave until the shoots appear or you will wash the seed away. Don't walk over the newly growing grass.

**Step 3 MOW**

When the grass is 5cms tall. Make sure the blades are sharp and set them high.

**Step 4 FEED**

Not on the newly sown seed, but once it’s growing use a specialist lawn fertilizer or liquid seaweed all over.

**Step 5 WATER**

Over the summer months - but between early morning and early afternoon so it can dry. Wet grass at night can become diseased.

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**Stilton Gardening & Natural History Club**

**Tuesday Oct 16 at 7:30pm**

Stilton Church Meeting Room

Marion Hodson

*How to make a real pork pie*

New members welcome

Members £1  Visitors £2

Light refreshments

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**Mobile Library**

**Wed 24th Oct**

Folksworth

10:30 - 10:50am Elm Road

Stilton

3:10 - 4pm

Outside The Talbot

Route M24
The nights may be getting longer but there's still plenty going on at your local library. We have some fantastic events from The Library Presents and Arts Alive for you this Autumn.

**Comedy 4 Kids**

**Sunday 14th October**

Join James Campbell with his stand-up show for anyone who likes comedy without the rude words. Making fun of everything from couscous to penguins to Nintendo Wii, James Campbell's unique blend of storytelling and anecdotes will have your whole family in stitches!

Hold on to your socks and enjoy stand-up comedy for kids!

**Screen Printing Workshop**

**Friday 26th October**

Everyone loves the moment when the screen is lifted revealing the print! Work with local artists Ricki & Cary Outis to create your own image from a book you love and print it on a canvas bag to take away and cherish.

**No Petticoats Here**

**Friday 9th November**

Commemorate 100 years since the end of the First World War while enjoying this beautiful moving show. Critically acclaimed musician and singer, Louise Jordan, weaves a recorded soundscape around live, original songs and the true stories of extraordinary and inspirational women who challenged expectations during the First World War.

If you would like more information or tickets about these and other library events please speak to a member of staff or phone 0345 045 5225. You can also visit The Library Presents webpage at: www.cambridgeshire.gov.uk/arts

**Volunteering at Yaxley Library**

If you would like to volunteer at Yaxley Library in assisting at events to include Engage, Library Presents and children's activities, or would be interested in joining our Friends Group and would like more information, please speak to a member of staff or E-mail: Pam.goodwin@cambridgeshire.gov.uk.

**Regular Events and Activities**

**Lego Club**

Every Saturday 10:00 - 11:30am. 50p per child.
Free Events

The following are all free of charge although donations for refreshments are always welcome.

Rhymetime

Every Friday 10:30 - 11:00 am (aimed at children up to 18 months old)

Storytime

Every other Tuesday 10:30 - 11:00 am on 9th and 30th October (aimed at children 18 months - 4 years old)

After School Fun

Stories, poems and songs! Second Thursday of every month 3:30 - 4:00 pm. 11th October.

Scrabble Club

Mondays from 3pm

Games Club

Every Tuesday from 2pm. Mahjong on 2nd, 16th and 30th October; Rummikub on 9th and 23rd October.

EngAge in the Afternoon

Will be on Wednesday 17th October, 2pm - 3:30pm. Join us for a talk from Cambridgeshire Libraries’ very own Rosie Veitch as she talks us through what your 21st century library can do for you - and vice versa! Please collect a free ticket from the Library.

Knit and Natter

Every Thursday from 2pm

Café Club

Meets at the library every Friday 9:30am - 12 noon for coffee, cake and conversation. Everyone is welcome.

Parish Council drop-in

Sessions are on the first Tuesday of every month, 9:30am -12 noon. Your local parish councillor, June Willis, is available to assist with any parish enquiries or concerns you may have.

Yoga Classes

Run at the Library every Monday evening 7:30pm - 8:30pm. This is a private class with teacher Brian Appleyard.

Contact tel: (01733) 244642, email: bappleyard08@tiscali.co.uk

If you need help with applying for or renewing a bus pass or Blue Badge, we have weekly appointment slots available to assist you with this. Please come in and ask for further details, or call 0345 045 5225.

We always welcome new library members and it's free to join - just bring ID with your name and address. It only takes a few minutes to get your new library card.

Please do come and talk to us if you have any ideas or suggestions for your library.

Yaxley Library

OPENING TIMES

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<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Mon</td>
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<tr>
<td>Tue</td>
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<td>Wed</td>
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<td>Thu</td>
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<td>Fri</td>
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<tr>
<td>Sat</td>
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Renewals & enquiries: (0345) 045 5225

www.cambridgeshire.gov.uk/library
Due to the changes in influenza vaccine guidance and manufacturing issues, our vaccine order this year will be split into several smaller deliveries and delivered over a much longer period of time than in previous years (between the end of September and mid-November).

Please be aware that we will be inviting you to special clinics, as there are now two different vaccines to be used for adults - FLUAD vaccine for patients aged 65 and over and Quadrivalent vaccine for patients aged between 18 and 64. As a result, we had to make some changes to our usual Saturday Flu Clinic setup:-

- **29th September**: 75-year-old patients and over only
- **6th October**: Patients aged 18-64 years in the at-risk groups ONLY (e.g. Diabetes, Heart Disease, Asthma, COPD, pregnancy)
- **27th October**: All patients aged 18 years and over in the at-risk groups ONLY (e.g. Diabetes, Heart Disease, Asthma, COPD, pregnancy)
- **17th November**: 65 years old and over only

Please note the number of vaccines for each clinic will be limited, therefore attendance is strictly by invitation only and on a ‘first come, first served’ basis.

Please bring a printed copy of your invitation letter/email to reduce queuing time.

Wear clothing with loose sleeves.

Please note that patients aged 65 and over will be offered a pulse check.

Children's flu clinic dates are yet to be confirmed.

For more information relating to the flu vaccinations, please visit the NHS website: www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/

**Monthly Closures**

The Practice will be closed on Wednesdays 17th October and 21st November 2018, between 12:30pm and 4pm. Emergency Telephone (01733) 240478.

**Women Against State Pension Inequality**

We are a campaign group that fights the injustice done to women born in the 1950s (on or after 6 April 1951) regarding the changes to their state pension age. We hold our monthly meetings at The Talbot. Our next meeting at 7pm is on Monday 1st October 2018.

Contact: waspicambsnorth@gmail.com
Citizens Advice Peterborough (CAP)
WE'RE HERE TO HELP, WHATEVER THE PROBLEM!

If you need advice with your Benefits, Debts, Loss of Job, have Housing issues or any other problem then Citizens Advice Peterborough can offer free, independent, confidential and impartial advice, available by appointment only.

Appointments are now available at Lakeside Healthcare at Yaxley on Friday afternoons 1:45pm - 4:30pm

Ask at Lakeside Reception for an appointment in the Citizens Advice Clinic.

Your Community Needs You!

If you own a car, enjoy driving and helping people and have a few hours to spare a week then maybe you would consider becoming a volunteer driver for the North Hunts Community Car Scheme?

We would love you to join us, so call Dianne or Jennie on 07795 542084 to find out more.
Flu Clinic 2018

Our annual flu clinic is scheduled to take place on Saturday 13th October, subject to any last-minute alteration to our booked delivery dates. Should it be necessary to alter the date we will publicise this within the surgery and on our website.

Patients falling within the following at risk categories will be entitled to the vaccination and are encouraged to attend:

- Aged 65 or above (including those becoming age 65 by 31/03/19)
- Chronic respiratory disease (such as severe asthma, COPD or bronchitis)
- Chronic heart disease (such as heart failure)
- Chronic renal disease at stage 3, 4 or 5
- Chronic liver disease
- Chronic neurological disease (such as Parkinson's or motor neurone disease, or learning disability)
- Diabetes
- Splenic dysfunction or asplenia
- Weakened immune system due to disease or treatment. Consideration will also be given to the immunisation of household contacts of these patients.
- Morbidly obese (defined as BMI of 40 or above)
- Pregnant women (including those who become pregnant during the flu season)
- People living in long-stay residential care homes or other long-stay care facilities
- Patients who are in receipt of a carer's allowance, or who are the main carer for an older or disabled person whose welfare may be at risk if the carer falls ill.

Flu vaccination appointments with our Practice Nursing Team will be available after the clinic date for patients who are unable to attend that day.

We will also be participating in the national programme to offer the flu vaccination to all children who were aged 2 or 3 on 31st August 2018. We will be writing to invite this group of patients to attend in due course.

Mrs Claire Wright, Practice Manager